

Soapier

**Subjective:** Luis has reported that he is upset because the worker was being rude and disrespectful towards him by calling him names. The client has reported that he avoid Luis is states that he is concern about not making an enough money to save for an apartment.

**Objective:** Luis aged 27, makes about \$1600 dollars a month and his budget is over 100 dollars. Luis has avoid eating at the residence because the worked is continues to call him names and harass him. Client reports that he can save money because he has to eat out all the time due to having a problem with a worker in the kitchen. Also he states that he has a lot of bills to pay for and therefore he not able to save for apartment.

**Assessment:** The client does not have sufficient money. He needs to find additional job to help pay for his bills and save money to find an apartment because he is residing in a temporary men residence. The client needs need to learn ways not to avoid address problems so he is able to eat at the residence.

**Action Plan”** The client needs to attend individual therapy help him learn different techniques to walk away from clients or a worker who is harassing him so he does not lose his temper. The client needs to obtain classes on job training and budget to help him improve with budgeting his money and find a better job with more money.

**Intervention:** Active Listening, reflective listening. Refer the client to job training and Independent living skills (to teach budgeting). Refer the client to Individual Psychotherapy to help with angry issues.

**Evaluation:** After the last three sessions, Mr. Luis has less anxiety and has learned how to walk away from someone is being rude or harassing him. Mr. Luis is now having meals at the residence and when he works late he has requested late meals to be left for him. Mr. Luis has attended his Independent classes and have learned to budget and began saving a \$100 dollars a month for permanent housing.

**Revision:** Therapist has schedule four more sessions to continue working with Luis on dealing with anxiety, anger issues and stress. Mr. Luis continues to attend his Independent Living Skills and has found part time job an making additional money.