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Professor Mathew

Adult Health Alterations II

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Today's clinical experience was a great one because I was exposed to a patient who had a lot going on and I was able to learn a lot from his case. When I received report from the nurse, I was told that he desaturated very easy, hitting the 80's, which was a little nerve racking. Nerve racking because I did not want my care to cause him to desaturate, but such is the norm in nursing. I will eventually have to deal with patients with similar cases, so it is great to learn from now how to handle it and make my own judgement. I was also able to see a stage 4 ulcer for the first time during my clinical experience. What I love about going to clinical is making connections to with patients. Regardless of if their cognition is impaired, finding the little things that make them smile, whether it is giving them praise or addressing them by their last name is worth it. I was also able to shadow two different nurse and see different style of teaching which was great. Both nurses showed me the steps of medication administration and taught each step of the way which was greatly appreciated.

The challenged I faced of the day was getting over my initial fear of dealing with a patient that desaturated easily. As previously stated, I did not want my care to alter his status in no shape or form, but I was fortunate that the patient did not desaturate at any point.

“Show me the wonders of your great love, you who save by your right hand those who take refuge in you from their foes.” Psalms 17:7

