

Consent for Participation in Role Play Intake and Session

Megan Petersen

I understand that _____
is taking a class titled **GCN 601 OA: Principles and Methods of Counseling Online** and is under the instruction of **Professor Denise Varela, LMHC, LPC, NCC**. As a part of class instruction, it is required to conduct a role-played intake session and a role-played counseling session that may include some of your personal information. ***The final session will be recorded.*** For instructional purposes, **some portions of these sessions will be shared during the class discussion between the professor and GCN 601 OA students.** I understand that the students have been trained in ethical conduct and that this session will be kept **strictly confidential**. This means that information is not released to outside persons or agencies regarding the content of this discussion or the fact that you participated in this exercise without your written consent.

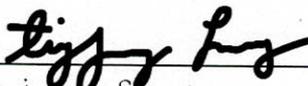
The purpose of these exercises is to provide "real-life" practice for the counseling skills they are learning. ***In order for you to participate, you must agree to the following:***

1. You agree that **you do not have a mental-health-related diagnosis or are under the treatment of a mental health professional at this time.**
2. You may choose to make up facts about yourself, you may opt to use real aspects of your life, or you can choose to do both. You may also opt to use a fictitious name; however, the consent must be completed with your full legal (real) name.
3. You agree to include some or all of the following aspects in your role-play (be they real or fictitious):
 - a. **Your age and any generational influences**
 - b. **Any developmental disabilities**
 - c. **Any disabilities acquired later in life**
 - d. **Your religion and/or spiritual orientation (if any)**
 - e. **Your ethnic and racial identity**
 - f. **Your socioeconomic status**
 - g. **Your sexual orientation**
 - h. **Any indigenous heritage**
 - i. **Your national origin**
 - j. **Your gender / gender expression / gender identification**
4. You understand that ***you can choose to stop participation at any time.***
5. You understand that the student is **NOT** providing **REAL** counseling or any other therapeutic intervention, and ***if you require or feel that you may be in need of mental health services, you should NOT participate and should seek referrals from your primary care physician.***

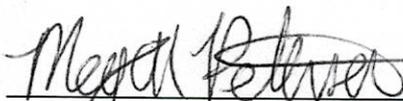
6. The student will ask you to complete a form after the session to give honest feedback about the session, which will be forwarded to the professor as part of their assignment.
7. You agree to hold blameless and/or indemnify the student / professor / school of any harm in relation to your participation in this activity and agree that your participation is completely voluntary and free from coercion.

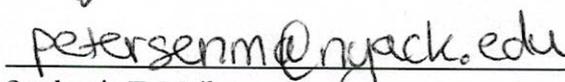
If you have any questions, you may contact Professor Varela at Denise.Varela@nyack.edu.

I have read the above statement, I understand my rights regarding confidentiality and the participation in this activity, and I agree to participate and abide by the terms and conditions as stated in this 2-page consent form, and I have been provided with a copy of the 2-page consent form by the student.

	9/20/2020
Interviewee's Signature	Date

tiffany330@gmail.com	(760)810-3588
Interviewee's E-Mail	Interviewee's Phone Number

	9/20/2020
Student's Signature	Date

	(402)490-6100
Student's E-Mail	Student's Phone Number

After Role-Play Session Survey

1. Name of Participant: Tiffany Hong
2. Name of Student: Megan Petersen
3. The student-counselor was listening to me and understood me. YES / NO
4. The student-counselor's body language was welcoming and appropriate. YES / NO
5. The student-counselor encouraged me and helped me to talk about my issue. YES / NO
6. The student-counselor understood / helped me understand the core of my issue. YES / NO
7. The student-counselor confronted me on some of the issues I raised. YES / NO
8. The student-counselor helped me set goals consistent with my issues. YES / NO
9. The student-counselor provided me with a comfortable environment (or, if the interview was conducted online, the student-counselor's background was professional-looking and free from distractions) YES / NO
10. The student-counselor was respectful, professional, and treated me with dignity and appreciation. YES / NO

Comments:

Student-counselor really helped me to understand the root of my lack of
motivation and helped me realize my actual desires and goals in life.
