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Seek the LORD and his strength; seek his presence continually! (1 Chronicles 16:11).

This week I was assigned to a patient who was admitted due to chest pain. I had an interesting case and was able to see the extend of diagnostics done on a patient. I started with getting a report from the nurse in charge and looking into the case file for the patient. One achievement that I had during this week was completing my assessments and helping the RN in charge to hand out medication. I found his case extremely interesting as the origin of the chest pain was unknown. When he was first admitted they found a mass in the lungs after taking an X-ray but was sent home with steroids, and to come back for a CT after 6 weeks. But he was admitted again with chest pain, and in the CT, it showed infiltration of the lungs. They suspected TB, but was ruled out after a negative quantiferon tb gold test. I challenge that I had to face was when I was giving the heparin injection. He was skinny, so when I was trying to pinch, I was not able to. So the professor told me to stretch as he doesn't have a lot of fat. It was a learning experience for me, as I was so used to the pinching method of administering a subcutaneous injection. During my assessment, I noticed a dimpling over his chest, which I thought was abnormal, but my clinical instruction clarified to me that it was because of this skinny body type. I think assessment skill is one thing that I want to keep on improving and perfecting. And through these clinical, I am getting a lot of hands-on experience and I believe it is shaping me to be a good nurse in the future.