Church-
-faith
-volunteering
-recreation
-friendships

Work-
-pay
-friendships
-colleagues
-skills

Pets-
-birds
-Mango
-Elisha

Soreth

Elisha   Anna   Nathan

School-
-Tuition
-Classes
-Online

Panama-
-Family
-vacations

Key:
_____ positive
-------------- stressful

Line thickness= intensity