

Personal Rule of Life Statements

Your personal rule of life is a holistic description of the Spirit-empowered rhythms and relationships that create, redeem, sustain and transform the life of God invites you to humbly fulfill for Christ's glory.

In order to begin to frame your rule of life (the focus of the first five chapters), the authors covered five very important issues: roles, gifts, desires, vision and mission. Each of these areas needs to be clarified as best as possible so that the general overview of your life is clearly understood and articulated as you move forward in crafting a personal rule of life. Before moving on part two, summarize your thoughts here. How is the Lord leading you in all five of these overarching areas of your personal life? Record your thoughts below:

My Roles:

"Your personal rule of life is discerned and framed within the context of your primary relationships and your spiritual community, and lived out in service to others" (p.21)

My primary roles are currently that of a daughter, grand-daughter/great-granddaughter, best friend, student, mentee, and teacher. Most of these roles are life-giving roles that are positive. At times, the familial roles can be draining. Sometimes, it feels like family can be a bit demanding in always needing my time. Over all my relationships within each role is pretty healthy. One relationship that I would like to continue improving on is with my mother. I feel like we are slowly drifting apart in the areas of faith and life-style.

My Gifts:

"Your personal rule of life is discerned and framed through the discovery of your spiritual gifts, natural talents and temperament" (p.32)

After taking many spiritual gifts assessments in my lifetime, I always receive the same four gifts of teaching, mercy, shepherding, and administration. Aside from these spiritual gifts, I believe the Lord has given me a gift and ability in the area of music and playing various instruments. I also believe I have the talent of baking and athleticism. My natural temperament of being a choleric (4 temperaments quiz) and a peace maker (Enneagram test) works well with

most of these gifts and talents. Sometimes, when teaching or leading bible study at church, I have to break out of the shyness of the INFJ personality. As I continue to grow in my relationship with God, I continue to seek His face in understanding how all of the gifts, talents, and temperaments come together to do what He has called me to do. One thing, I have found helpful in the process is thinking of each ability or talent as a building block to get me where He needs me to be. Patience is the key in this journey.

My Desires:

“Your personal rule of life is discerned and framed through the longings, yearnings and goals God has placed on your heart and mind that propel you forward with joy” (p.43)

My top three desires or longings of my heart is centered around serving in church, (the body of Christ), mentoring & discipling young people in my youth group, and working with youth outside of the church setting. My main desire at the moment is to work with youth either in the school system or juvenile system. I desire to provide support and counseling for them. Often time, what they are going through is overlooked because of their age. In reality, if ignored, they will become older people with unresolved childhood issues that have grew with them.

My top five core values in relationships are communication, cooperativeness, transparency, dependability, and humility.

My Vision:

“Your personal rule of life is discerned and framed within the holistic, long-term vision and passion God had planted in your heart” (p.54)

I believe that the internal intentional passion that God has planted in me is to be of service to two vulnerable populations. Youth and the elderly. Supporting youth in their endeavors and dreams and visiting elderly and shut-in and assisting them wherever possible. I find great joy that is unexplainable when interacting with these two populations.

My Mission:

“Your personal rule of life is discerned and framed within the specific purpose(s) God invites you to fulfill in this season of life” (p.66)

My mission is to be a bold and unapologetic minister of the gospel who is called to people of all nationalities, ethnicities, and genders. With a special emphasis on youth development and reconciliation in building bridges between the within the church between generations as well as building bridges between the church (the Body of Christ) and the “world’.

