

Instructions

In this journal entry, you will practice the skill of a "Creator Mindset" by completing the 3 sentence stems below. For example, the first sentence stem is: If I take responsibility for my education...

Some may complete it with this journal entry: "If I take personal responsibility for my education, I will focus on really learning and not just getting good grades."

The stems are below:

1. If I take personal responsibility for my education,.....
2. If I take personal responsibility for my relationships,....
3. If I take personal responsibility for my health,....

1. If I take personal responsibility for my education, I will try my best to understand what I have learned, instead of just accumulating knowledge.

2. If I take personal responsibility for my relationships, I will do my best and be there for them when they need me.

3. If I take personal responsibility for my health, I will keep good living habits and diet and make my life full of happiness!