

Danielle Mitchell

Prof. Lebo

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My Greatest Challenge during clinicals this week was when I had a patient who suffered from bilateral edema and it was very hard to get a pulse, specifically the dorsalis pedis pulse. She was admitted for Cellulitis and had a hard time moving around. Cellulitis is a bacterial skin infection, usually the skin is warm to touch and swollen. She was at risk for infection as evidenced by inflammation, and more importantly the doctors drew a line where it ended to make sure that it wasn't spreading over time. The patient was seated upright in her bed, relaxed and calm. To help her breathing, she was on 3L of Oxygen. Her diet was low cholesterol, and a 2 Gram sodium diet. Although she had trouble breathing, the lung sounds were clear. Upon assessment the contour of her stomach was round and she had bowel sounds in all four quadrants. The medications that assisted with her breathing were Pulmicort and Albuterol. Pulmicort is a steroid, and albuterol is a bronchodilator. Pulmicort is used to prevent asthmatic episodes. It seems as if she had some cardiac issues because she had a stent placed, and it was supposed to help her with the narrowed coronary arteries. I am growing from this experience because my best friend's mother used to smoke in the house when she was a baby, causing pulmonary complications for her which resulted in asthma in her early childhood and got worse as an adult. She must now use an inhaler when she isn't able to breathe, and nasal spray when her nose is clogged. It is important to remember that things that you do now, or things that you've done in your past, definitely affect your present.