

Supervision Questions

1. When I say I'm an intern and do consultation, I am concern about how much clients trust in me.
2. As I have a supervisor, I say that I will work hard with the supervisor to help them and improve my empathy by showing the sincerity I can do.
3. Non judgment and genuine heart with power listening.
4. I wish I could solve the problem quickly because I thought the client's problem would be difficult.
5. Those who come to consultation by force from others (parents, siblings) make it difficult for me and they don't know why. Especially when parents send only their children and they say they don't want come, I get angry.
6. The clients will feel safe when I show a sincere understanding and acceptance of them.
7. My planned self-care is to have my own time no matter how busy I am with my studies. For instance, taking a walk early in the morning at least three times a week, reading Bible, and reading books that inspire me besides text books.
8. Content refers to what the therapist and the client actually talk about during their sessions and process refers the therapeutic relationship between the therapist and the client.
9. Assessment – Joining Phase, goal- setting is: purposeful and explicit process and project what client's wants to achieve. Intervention is interrupting between the problem and the clients.
10. Therapist consistently applies the idea of the theory to the therapy method during the conversation with the client and uses it in a systemically manner.
11. I am gravitating to these three Theories. CBT, Narrative and Bowen. Because Bowen theory can identify the client's character by observed at the dynamics of the family. CBT theory can help client develop their cognitive abilities or think positively about their negative thoughts, and Narrative Theory can help client get a new name for their problems by externalizing the problems.
12. If the client is interested in spiritual treatment and want it, I can use the Bible and prayer to empower. If they are not Christian, they will be able to share how their faith affects their life and use their spiritual tools for the therapy. I will declare that I am Christian.
13. When I took the Diversity class last semester, I discovered that even if the ethnicity is different, the view of the moral and ethical problems of people is similar. Therefore, I should abandon my prejudice or stereotype and focus on the client's own problem.
14. I hope I want to develop the skills of setting treatment plans, goal and, applying them in systemically manner while conversation with the client.
15. I want to improve my tracking skills upon during the next semester of my internship.
16. I define "good supervision" is to guide and develop the strengths of an intern
17. I want to learn how to use a theories that I am interested in to grow clinical skills.