

FIELD INSTRUCTION JOURNAL OF COMPETENCY DEVELOPMENT

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1. Review of Competencies Practiced

Review cases, clients, projects, and tasks from this past week. Describe a specific activity from the Field Learning Agreement that was completed and indicate what competency and practice behavior it represents. It would be useful to discuss an activity you were challenged by or have questions about.

This week was actually my first week at my internship, so I learned a lot about my location. Being on site for the first time, my supervisor spent a lot of time introducing me to everyone and getting me started. She also stressed the importance of confidentiality. In my position, I am responsible for reaching out to people and confirming their income, expenses and verifying other information. I believe that this was helpful because it not only helped me familiarize myself with the organization, but it also allowed me to work on competency 1: Demonstrate Ethical and professional behavior and competency 4: engaging in practice-informed research and research-informed practice.

2. Reflect on Performance of Competencies

Strengths - What went well in your demonstration of this particular practice behavior?

A strength that I believe I showed this week at my internship was my ability to do piece together information. Like mentioned previously it is my job to piece together and verify our client's income, expenses and other information which required me to do my researcher on the client's history in order to verify the information they provided.

Limitations - In what ways do you need to grow related to this particular practice behavior?

One area in which I need to grow in, is my interaction with my clients over the phone. Because it was my first day and first time interacting with my clients, I was a little self-conscious about what to say and how I should say it. I felt like I needed to stick to a script instead of genuinely interacting a building a relationship with the clients. However, I know that these phone conversations will become more fluid as time progresses in my internship.

Describe your personal feelings related to the activity:

When it comes to my personal feelings about this activity, I genuinely enjoyed the investigative side of my work. Being able to look at all of our clients paperwork and pulling out/pointing out discrepancies was actually a lot of fun.

3. Connecting Competencies to Knowledge, Values, and Skills

What Social Work knowledge, skills, and/or values relate to your development of this competency?

I believe that the skill that helped me develop this competency is my ability to build a relationship with my supervisor helped out a lot. My supervisor was very nice and was constantly encouraging me to reach out to her with any questions I had. By building this relationship with her, I became more comfortable with talking through my research findings with her and delegating tasks to other coworkers.

4. Plan for Progress

What have you learned about yourself from this experience/interaction? What steps or actions are needed to foster personal growth and continued development of this practice behavior?

Like mentioned previously, I had a hard time building a relationship with my client over the phone. In my internship contacting clients is a task that I will need to do on a regular basis. It is my hope that as time progresses in my internship that speaking on the phone will become a lot easier and more fluid.