

Grace Wells

Abnormal Psychology

Professor Maret

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APA paper topic

I would like to write my paper on the levels of mental illnesses in teens in the world today. I would like to focus more on anxiety and depression. I want to learn why the levels of mental illness are so high in teenagers and why so many are affected. So many teens are struggling and I want to know what factors contributed to that and how they are continuing to deal with the struggles placed on them. I also want to know what we as a society can do to help this issue in the world. The main idea of my paper will mainly be “why so many teens are affected by mental illness?”