

Mikerline Laurent

Dev 107: critical thinking

Professor Patterson

23 september, 2020

The Art of Thinking

I believe that it is a natural thing for everyone to think. We do it without noticing at times and can even overthink. Certain situations and problems call us to think more critically. So what is critical thinking? The textbook definition is “the analysis and evaluation of an issue in order to form a judgement.” So what does that mean? I believe it is the breaking down of a problem step by step, with a conscious and free mind, and without personal feelings or opinions in order to reach the best possible outcome. Vincent Ruggiero’s “The Art of thinking” goes in depth and even takes the reader through the problem solving process step by step.

In Vincent Ryan Ruggiero’s “The Art of Thinking” we start off with chapter one called “Develop Your Thinking: An Overview. This chapter talks about what thinking is and its importance. So what is thinking according to Ruggiero? It states that whenever our mind is steering we’re thinking. Sometimes it isn’t a conscious thing. “Thinking is any mental activity that helps formulate or solve a problem, makes a decision or fulfills a desire to understand”. It is a search for answers, a reaching for meaning.” Why is thinking important? The most important decisions in your life require you to be honest with yourself and can take time to come to a decision. I believe Ruggiero says it best when he said “you may in fact be the proverbial “walking encyclopedia” and perform quite dismally. To be a successful problem solver, you will need both factual knowledge and proficiency in thinking.” Ruggiero gives us some guidelines for when we are to discuss certain things for wherever we maybe. We are to “prepare in advance, set

reasonable expectations, leave egotism and personal agendas out the door, contribute but don't dominate, avoid distracting speech and mannerisms, listen actively, judge ideas responsibly and to resist the urge to shout and interrupt. I believe that with some of these instructions that he has set we could all become beginners to being the best critical thinkers.