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GNC 615: Social and Cultural Foundations

Processing Journal Entry #2 – week 3

Professor Locke

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Being very transparent, I felt most uncomfortable before class began. What triggered me was the result of the verdict on the Breonna Taylor case. The verdict announcement was a few hours before our class met, and the topic of the discussion happened to be on racism and white privilege. I was uncomfortable because my internal emotions were bubbling to the surface. I was already in a solemn mood and not comfortable about the way I was feeling. I felt as if my feelings would not allow me to embrace the perspective of others and receive insight and knowledge on a topic that is taboo. Discussing racism and white privilege requires openness to the thought and feelings of a multicultural audience. Another trigger is the lack of empathy and concern regarding discrimination by this country's leadership. This country is in chaos and unrest, with history repeating itself regarding racism, injustice, and inequality. Those in positions of authority and power are not addressing these issues, turning a blind eye. This behavior is disheartening, and I want to know when hate and racism are going to end. I felt at ease when others expressed their reactions and thoughts on this matter. I became more comfortable discussing the history of racism and white privileged by discussions and the assigned reading. It was comforting to converse with my cohorts and realize that everyone has a perspective on racism or white privilege either by firsthand experience or by association. The result will impact their world view.

The emotional and mental information that I experienced and felt during this week's topic will transform my thinking. I am responsible for my thoughts, feelings, and actions; however, it is crucial to be educated and informed about topics, issues, and problems that impact the lives of others even if I have not experienced what others may have experienced. I believe it is wise to consider the worldview of an individual in the context of their reality. As I continue to learn and grow, I want to be receptive to the opinions of others, control my emotions so that it does not cloud my judgment, decision making, and interactions.