

Ann Cummings

Partner Assessment Write-Up

GCN 602.OA Measurement and Assessment

Summer 2020

Testing: Karen, a 49-year-old married woman with 3 children, completed the Beck Depression Inventory – Second Edition (BDI-II). The BDI-II is a 21 item self-report measure of depression. On this measure, Karen totaled a score of 15 which indicates depression on the low end of the mild range. She did not select a maximal score on any item. For changes in sleeping pattern, Karen expressed that she is sleeping less than usual, and for changes in appetite, Karen indicated that she has less than usual appetite. She scored highest (scores of 2) on categories of self-criticalness and agitation.

Testing: Karen, a 49-year-old married woman with 3 children, completed the Beck Anxiety Inventory (BAI). The BAI is a 21 item self-report measure of anxiety. On this measure, Karen totaled a score of 23 placing her anxiety within the moderate range. Karen indicated, through choice of a maximal score for these items, that fear of losing control, inability to relax, and nervousness bothered her severely within the last week.