

Robert Johnson

Case History Appendix A

Due: 6/30/20

SWK 731

Prof. Yoon

CASE WRITE-UP

CASE HISTORY

Identifying Information: Terry is a 60year old Spanish Puerto Rican male, homeless living on the streets of New York City.

Chief Complaint: Terry enrolled in Kinsboro ACT Detox unit, sought treatment for alcohol and tobacco use.

History of Present Illness: Years of living on the streets, Terry developed dependence and addiction of tobacco and alcohol use. At intake his symptoms included the following:

Emotional symptoms: depression, agitation, loneliness and guilt

Cognitive symptoms: loss of short and long memory, poor motor coordination, and impaired judgment

Behavioral symptoms: disruptive, aggression, defiance and substance use

Physiological symptoms: loss of energy, inability to relax, fatigue, excessive sweating and shaking voice.

Psychiatric History: Terry has several stays within the past ten years, in mental health hospital psychiatric wards. Terry reports not taking any prescribed medication, "don't like the way it makes me feel".

Personal and Social History: Terry reports being heterosexual and have never married. Terry reports not having any offspring that he knows of. Terry reports not being sure if his parents are still alive, the last time he checked they were living in Alabama, that was about 15 years ago. Terry states that he was raised in Spanish Harlem, dropped out of school in the 10th grade, stayed in trouble hanging out in the streets. Terry reports not having any friends or associates, and do not believe in God or the church. Terry reports losing contact with his siblings, reports having two brothers and one sister, all younger siblings.

Medical History : Terry stated that he need help to stop using all drugs and that his doctors has asked him to stop smoking cigarettes, due to his medical condition of asthma and COPD. Terry reports having several medical concerns, such as high blood pressure, asthma, diabetes, neuropathy, and reports suffering from migraine headaches

Mental Status Check: Terry reports diagnosis of mental health issues, such as depression, bipolar, anxiety, and PTSD. Terry reports being a Vietnam vet, and stated that his mental health issues stem from serving in the military. Terry reports several stays in mental health hospitals, the last stay was on Wards Island psych ward for 72 hours. Terry reports not being under doctor's care, also not being prescribed any medications for both mental health and medical concerns. Terry states that the medication that he was prescribed for his mental health issues, make him feel uneasy, dizzy and he just don't like the way the medication make him feel.

DSM Diagnoses: DSM : Axis 1 296.80 Bipolar disorder NOS, 305.01 Nicotine Dependence, 309.81 Posttraumatic Stress disorder Axis 2 , 303.91 Alcohol dependence