

Video Schizophrenia: This video looked at how people with schizophrenia had been treated in the not so distant past to how one patient was able to work and cope. Amazingly enough still until the last couple of decades the only things patients were being treated with was either electroshock therapy or they would put them in baths where they would have to sew them up in a canvas like fabric that basically tied them into the bathtub. I suppose this was to keep them from getting out, but I really do not understand the point of this. With schizophrenia being such an untapped disease, it is important to look at what is going on. Essentially neurotransmitters are firing constantly. This is causing a rise in dopamine. So, the goal here is to fight the overactive dopamine.

For so long looking back at the history of mental illness the “answers” that medicine and doctors have come up with have been so archaic that psychology has produced more stress and more diseases with its attempts at cures. I think about being tied down in a bath and I am terrified. I am claustrophobic and if I were tied down like that it would be a traumatic event for me.

I do know that electroshock therapy is still used in some cases. I know it has been used as recently as within the last five years. Looking at the patient in the video I could see at first that he was not able to function. His ideas about his life were distorted and he just seemed genuinely confused. After a month of being on medicine he seemed to be in better spirits. He seemed to have more control of himself.