

Alison Rozzi

Dyad Care Plan

Newborn:

Born on 03/02/20, Apgar 8/9, Birth weight 2.82kg, birth height 32cm,

Vitals: HR-122bpm, RR-33 Temp-98.2 F

Medications: See Newborn Assessment

Mother: 12, 11/0/1/11

Vitals: HR-78bpm, RR-17 Temp-98.5 F, BP 116/72

Medications: See Assessment

Nursing Dx: Risk for ineffective individual coping

R/t: hormonal changes and stressor of newborn

S/S:

Expected Outcome: Client will display understanding of postpartum affective disorders and will verbalize feelings with support system and health care professionals before discharge from unit

Interventions

1. Encourage verbalization of feelings including fear, anxiety, and depression
2. Listen and emphasize with new mother and identify the client's perceptions of motherhood
3. Provide education and teaching on newborn care to ease the client's anxiety
4. Prepare the client for postpartum blues and educate client on the symptoms of postpartum depression and when to contact their health care provider

Evaluation: Patient demonstrated an understanding of postpartum affective disorders and maintained an open line of communication with support system and health care professionals

Nursing Dx: Breast feeding, effective

R/t: Success with breast feeding process

S/S:

Expected Outcome: Mother will feel confident in ability to breastfeed and infant will exhibit adequate latch, suck, and swallow before discharge from unit

1. Assess the mother's ability to breastfeed and current knowledge on breastfeeding
5. Educate mother on feeding every 2-3 hours and whenever infant shows signs of hunger
6. Educate mother on proper positioning, latch, and removal
7. Provide mother with written and verbal resources on breastfeeding and refer to lactation consultant if any problems persist

Evaluation: Mother showed confidence while breast feeding and baby exhibited proper latch, suck, and swallow as well as normal elimination patterns

Nursing Dx: Risk for impaired parent/infant attachment

R/t: Anxiety related to having twelfth child

S/S:

Expected Outcome: Mother will exhibit bonding and nurturing relationship with newborn

Interventions

1. Assess interaction between mother and baby
8. Facilitate bonding between mother and baby by encouraging breastfeeding, keeping baby in mothers room as appropriate, and encouraging face to face contact
9. Encourage skin to skin contact between mother and baby
10. Assist in identifying and prioritizing the needs of the mother and the newborn and ensure that the mother has the resources to meet those needs

Evaluation: Mother exhibited nurturing behavior by responding to baby's cues, frequently holding and talking to baby, and frequently holding baby in enface position