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Subject: Domestic Violence

Social Justice Paper

Abstract

According to Oxford dictionary, Domestic violence is an aggressive behavior within the home, typically involving the violent abuse of a spouse or partner. It might happen between two or more people that are not spouse as well. There are many types of domestic violence, but in my research, I am going to focus on physical, psychological, sexual and finally financial abuse. I will be giving some causes of domestic violence and what to do while going through it and what measures should you do after suffering from domestic violence. Most of all how to completely stop domestic violence around you.

Introduction

Domestic Violence is a big concern in the USA. It is a significant issue related to public safety. This influences individuals at all levels of life, from children to the elderly. Many people escape abuses and for the remainder of their lives experience physical, psychiatric, and even emotional health concerns. (CDC, April 9th, 2020)

Body

In general couples arguing over different things that they don't like and get angry as well which may lead to physical. Some people don't know how to manage their anger. It is the first form of domestic violence. Usually when heard about domestic violence they tend to think about physical abuse. In physical abuse there is what they call assault, meaning that that actually put

hands on someone, or hurt someone physically. Research stated that women is more likely to suffer this particular abuse. For example, some victims get biting, strangling and slapping on their face. Physical abuse projected to condense the victim immobilized or powerless and the one that is on top of that person will gain control over the other person, which will eventually make he or she the weaker person. (Doorways for woman and families,2020)

Another form of domestic violence is sexual abuse. No one will be comfortable or letting someone take advantage of their body, our bodies is ours, we like to have control over it, for example if you don't want to do something with your body you shouldn't get force by someone to make you unfortunately there are some people who suffer in this suffer and are not able to say anything at all. Sexual abuse is a very sensitive subject not everyone is comfortable to talk about it. Mostly women affecting by it. Abuser used the same as physical abuse is used. Meaning that the victim might get kicking, biting and suffocating while being abuse sexually. (Doorways for woman and families,2020)

People you suffer from abuse often feel low and might have low self-esteem which will lead to depression and suicide. That person will need help. Most people who suffered from abuse usually don't like to talk to others about it because they become the property of the person that abused them. (CDC, April 9th, 2020) This is just a way to introduce psychological abuse. The abuser used some types of verbal or emotional things to play with the person mind like ignoring a partner's feelings and continually criticizing, calling names or shouting at partners. All these can play a negative role in the victim mind for a long period of time that will definitely require therapy session from psychiatrist. Any type of abuse is unacceptable, no one supposed to accept any one to treat them bad, but unfortunately it happens in many cases.

Financial abuse is mostly about controlling and maintaining someone else money by force. Financial abuse can be happening in so many ways. Researcher documented that 99% of domestic violence circumstances intricate financial abuse as well. It is mostly happening in the geriatric population; their children tend to take control over their properties whenever they are getting old. (very well mind.org). The consequences of financial abuse are frequently overwhelming. The victim feels that they are not competent enough of doing things for themselves like accomplish any things valuable. For example, they tend to rely on the abuser for everything, and they don't have a sense of independency. (CDC, April 9th, 2020)

While doing my research I found out that One in three women has suffered from violent marriages. Women are more likely than men to fall prey of domestic abuse. Women in their 20's would most definitely be the perpetrators. However, one in four people has become the target of violent marriages. Although men are less likely to be perpetrators of sexual harassment than women, the percentage of men victimized remains appallingly high. Sometimes when it comes to sexual violence people are ignored. Rape, physical assault and verbal violence are widespread among people faced with domestic abuse. (National Coalition Against Domestic Violence. 2018).

The hotlines for domestic abuse collect more than 200,000 calls in the United States per year). Not everybody who is a survivor of domestic violence is courageous enough to come out, however those people have sought out to hotlines or centers for domestic abuse. You might have the first-hand perspective with those dealing with perpetrators with sexual abuse by questioning hotline staff, or by applying on one of those hotlines. (Domesticshelters.org. 2015).

The usage of a knife constitutes almost 20 per cent in sexual abuse. Domestic abuse may not be violent, although it is sometimes so. Using a home battery also renders a domestic abuse

sufferer's life bleak. For example, when a woman who is the target of domestic violence lives in a household with a pistol, her husband is five times more likely to kill her than a woman who lives in a house without a weapon. (Domesticshelters.org. 2015)

Persons who are sexually assaulted are more prone to develop STI's and STD's. Individuals who are sexually exploited are also prone to have physical diseases or disorders, because rapists and committers are not likely to seek security. They have smore than one woman that they are having relationships with which make them catch any disease very quickly and they don't have any pity for others. Their goal is to get what they want and leave you with anything, pain or diseases. (Domesticshelters.org. 2015).

Researchers believed that Children who live in domestic violence households may be more likely to be abandoned or exploited by their guardians. Kids growing up in a family where one parent is being exploited by the other are even more prone to be influenced. Children are far more likely to be ignored if not exploited than infants whose parents are not offenders of domestic violence. (Childhood Domestic Violence Association. 2014).

Children who grow up witnessing domestic abuse are more prone to commit a violent offense as parents are more prone than children who are not growing up seeing conflict in the household. Children growing up in domestic abuse families are more prone to commit violent offences as they are adults. Would this mean that they are also more likely to become abusers in their relationships? Researcher found that there is a lot of fact in that. All they know is abuser they might become abuser as well. (Childhood Domestic Violence Association. 2014).

Domestic violence can be very critical and fragile to human being. It has pros and cons. I was shock to see that there are people who actually not against it. At I thought everyone would

be against domestic violence, unfortunately it is not really the fact. It makes a lot of sense that most abuser would actually not against, there are in denial, they tend to say that they are not abusing anyone in fact they are doing it deeply.

I was a victim of domestic violence three years ago, that is the reason why I chose to write about it. Since I have been abused, I never really take time like this to write about it. It is like a therapy for me and I also wanted to know more about it. Thank be to God I was able to get out safe without getting kill like the abuser had promised to kill me. God is good and he was with me throughout the journey, I was glad he didn't give him a chance to kill me. Like researcher found that most abuser make you afraid of them, they control you in a way you don't even have control of anything. They control everything completely. Now I am no longer afraid and after him no one would get a chance to abuse me anymore. I am free in fee indeed in the name of Jesus.

Conclusion

Domestic violence needs to get eradicate quickly everywhere. No one in the world supposed to get hurt by others in any forms despite of whatever the victim might do to them. They don't deserve to suffer any types of abuse. I agree with Center for Disease Control that says that the best way to stop domestic violence is to prevent it before it begins. When it's already happened the abuser tent to try to handle it no matter how hard it is. I also think another way to stop domestic is to continue to have strict rules and encourage they victims to not be afraid of the abuser because most of them end up dying of domestic violence due to their fear. They think if they talk, they might get hurt more by the abuser. I am completely against domestic violence. It needs to end and end now.

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