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SWK 357 Field Experience

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Advanced Tools for Staying Engaged and Moving Forward.

Journal 8

How has reading this chapter made a difference in the way I think about communities?

I learned that when I wait for others to act differently, I am taking a disengaged approach. The Power of Will found on pg 253. I know that “taking the bull by the horns” is what I do but, to be “disengaged” is not what I want to acknowledge because I thought it is better to leave people alone to come to that conclusion

themselves. When it involves clients, this approach would not be beneficial for everyone. Saying yes or no has to be carefully weighed. I learned about matches and mismatches and how one can become tolerant about situations that would challenge one’s belief system.

How is that useful for my internship work?

It is helpful to look inward and not judge the client because of my own experience but to be nonjudgemental to be effective.

To my future career?

To be openminded to the individual and consider my style of dealing with conflict versus someone else’s style of conflict that might be unfamiliar or uncomfortable for me. The other matter I would keep in mind is to expand my thinking. Who are the players involved in this issue? How does each of them frame the problem and what are the

major systems involved in the situation? The eight steps to create change is vital.