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Human Behavior in the Social Environment II

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Discussion: Chapter 9

1. Is there such thing as mid-life crisis? Clearly there are many grounds for being unsatisfied with life during the middle years, but does that make the midlife crisis real or just a phantom. One thing for sure, it's hard enough deciding when the mid-life crisis should occur. Concepts of middle age elastic and change as we get older. Haslam, Nick (2019) reports one study found younger adults believe middle stretches from the 30's to 50, where as adults over 60 saw it as extending from the late 30s, to the mid 50's. One thing for sure there are clear symptoms. For Men/ 1. Feeling a need for adventure and change 2. Depression 3. Questioning held beliefs 4. Anger blame 5. Unable to make decisions about the future. For women 1. Gaining or losing weight 2. Apathetic 3. Jealous of other people 4 experiencing unusual physical pain 5 asking yourself deep probing questions. 6. Making rash decisions 7. Feel like you're losing your mind.
2. Discuss several problems related to deinstitutionalization of the mentally ill. Although it has been successful for many individuals in the benefits of moving mentally ill patients from traditional institutions of

care for more humane and community- based settings. However, there have been some negative outcomes from deinstitutionalization successful for many individuals it has been a failure for others.

Evidence of system failure is apparent in increase in homelessness, suicide, and acts of violence among those with severe mental illness.

Those for whom deinstitutionalization has failed are increasingly re-admitted to hospital. It is common to find persons who have been hospitalized 20 times over a 10 year persons with mental illness in jails and prisons than there are in state hospital. Some other issue was,1.

Lack of adequate housing. 2. Lack of housing option 3. Lack of services disable, 4 Lack of protected settings 5. Medical problems are

exacerbated. Long term services un-available due to the federal Medicaid exclusion of Institutions of mental disease. (IMD exclusion) is a major barrier to the development of long term care facilities with adequate structure and support services for individuals suffering from severe mental illness,

3. Identify several strengths and landmarks of development that is present in middle adulthood. Although midlife can be a challenging's period strengths are to adapt the intense reflection about one's accomplishments, and the search for new meaning can lead to psychological strengths. 1. Developing optimize and happiness is available strategy to cope with demands of life changes. 2. Being happier about our past (resolving the false belief) 3. Being happier

about our present (strength to virtues) 4. Being happier about our future (optimistic hopeful) 5. Landmark/ Social Work began its emphasis on the strength model “(Positive Psychology