

CHAPTER 5 URINARY ELIMINATION

15. You provide teaching on managing episodes of urinary retention. You use the Teach-Back technique and ask M.B. to teach back the concept he has learned. Which statement by M.B. indicates a need for further teaching?
- D
- a. "A warm shower may help me urinate."
 - b. "I will drink small amounts of water throughout the day."
 - c. "I will limit alcoholic drinks to 1 per day if I have any."
 - d. "I will drink large amounts of water at mealtimes to help me urinate."

CASE STUDY OUTCOME

M.B. is discharged but continues to have difficulty emptying his bladder. He is referred to a urologist who eventually recommends surgery for an enlarged prostate gland.