

Joline Jeantine

Abnormal Psychology

Unit 5 Chapters 10 and 11

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### Chapter 10 #3 Compare and Contrast Heroin and Cocaine

Heroin and cocaine in terms of physiological properties of the drugs, the form in which the drugs are normally taken, and the prevalence of abuse of each is cocaine being from a coca plant that was found in South America. The process of making cocaine is odorless, and white in color as in a fluffy powder. People will sniff cocaine through their nose to take in the drug. It is the same effect of smoking in flames into your lungs and mucous membranes. When taking in cocaine, it brings in a euphoric rush to people seeking an instance feeling of satisfaction. This is the same as an orgasmic feeling from the central nervous system. This can also cause symptoms of poor muscle coordination, bad judgment, anger, and confusion. In heroin, it is also known as a pain reliever, called morphine. This is a synthetic drug can be injected through the skin by a needle into the bloodstream. Heroin is from the poppies of the flower from Afghanistan. Endorphins are neurotransmitters that help relieve pain and reduce emotional tension. This can cause social and occupational dysfunctions. This can develop in high blood pressure and loss of appetite and diarrhea.

### Chapter 10 #11 Concerns in Culture- and Gender Sensitive Substance

The concerns in culture and gender sensitive substance abuse treatment programs are people living in poor area and circumstances with violent settings. Some cases people deal with other of gang related friends and or companies with bad influence in the neighborhood. They

tend to be homeless or in a minority group. The treatments are different when dealing with woman than in men. They each have different reactions to the drugs physically and psychologically. Treatment in women with substance abuse may have an impact of sexual abuse by their partners and sometime don't have control over them. While women have taken in the drugs, they might have been a malnourished child born due to the drug intake at the time. Some of them may be born with mild to severe defects of the brain or other important bodily functions. While raising kids with parents with drug/and or substance abuse, the kids might be at risk for negligence from the home and school assignments as well. The children may grow up to be violent and drop out of school due to bad influence of friends hanging out in the streets after school or even during the school hours. The women are more likely to seek help from personnel's that are professionals quicker than the men.

#### Chapter 10 # 8 Cause of Substance Abuse

The cause of substance abuse in Psychodynamic Views is a dependency that is related in the early years of life. When a parent neglects to pay attention to a child's need, the child tends to seek other places or someone to fulfill their need in a nurturing aspect. They begin to act in activities in which they do not belong. They may pick out wrong friends to hang out with. They can misbehave at school to seek attention from teachers or classmates. When Substance abuse personality is developed, people are prone to drug abuse in the future. The characteristics are depression, novelty-seeking, and being antisocial. In Cognitive Behavioral Views, operant conditioning can cause substance use disorder. They give people a sense of rewarding effect that leads people to go back into the drug again. When people are going through a rough, tense time in life, they favor to have the dependency in the intake of drug use. The behaviors that are

viewed are classical conditioning that can play a role as well. Some objects in the environment have stimuli can produce some of the pleasure brought from the drugs.

#### Chapter 10 # 14 Dangers of Opioid Use

The danger of opioid use is overdose in heroin. This will clog or close the respiratory system in the brain which cause the breathing pattern to alter that may end up in death. This can also be a dangerous thing while sleeping because sometimes some are not aware or alert to actually breathe while they are sleeping. The overuse of the opioid can penetrate symptoms of slow breathing with low blood pressure. This will happen because the body is at a resting state not being able to pump as much pressure of blood to the heart that direct the blood stream to the brain. An example that can be shown in this setting is at the hospital floor in an Intensive care unit. The nurses are able to read the pulse oxygen monitor while the client/ or patient is sleeping. The diastolic pressure can lower as far as 30 beats per minute and slow breathing occurs while sleeping. Sometimes a complete rest from breathing occurs while sleeping without the client knowing. The mixing of different drugs is a risk that people should not take because this can also alter the breathing patterns while awake. The spread of using needles being injected to the body with unsterilized tools can be harmful with the use of spreading infection. There can be a number of people using the same exact needle without it being cleaned properly of use.

#### Chapter 11 # 26 Gender Dysphoria

Gender dysphoria is a disorder that is stressful or impairment of being in a gender role in which one wants to change to another. There is a heightened blood flow in insula low blood flow in the anterior cortex. This plays a role in human sexuality and conscience. A lot of people say they are more with the feeling of knowing their own right gender, but the fact this can deal with

the brain can be a different aspect of it all. The treatment for it varies among men and women. The female to male kind: in the Androphilic type. The men were born male, but have the feeling of becoming a female. Autogynephilic type is when it is the opposite when the female have feelings to become a male. The treatment for this is some with psychotherapy. Transgender clients can intake of hormonal treatments. If a male have body hair that he wants to remove permanently he can by taking this treatment. It is the same for the ladies if she wants to show more of a masculine side of her to prove that she is no longer a female. Surgery can also be involved in the different gender role by removing and replacing g sex organs such as genital.

#### Chapter 11 # 27 Low Sexual Desire

Some Socio-cultural causes of low sexual desire are situational pressure. This can deal with divorce, a sudden loss of a family member, stress in the work place, couples having difficulty having a baby. When someone does not feel appreciated in their relationship, may feel a low self-esteem, and have a loss of affection. She would do most of the house work as far as washing clothes, cleaning dishes in the sink, cooking hot meals over the stove, or even picking up the kids from school every day. She can experience tiredness and exhaustion that has no help from her husband coming home from work and sit in front of the T.V. all day. In a marriage sex is important to keep the healthy lifestyle going. Sometimes they might have the energy or the drive to go forth with the exercise. Personal space in practiced in the home even when they children are then. The mother's focus is on the kids, rather than her husband that was in the picture first before they were born. The man will responds to sexual attractiveness towards the beautiful/pretty woman that looks youthful. In the age range of mid-30s-40s, is an example where men are more willing to have a greater attention space for the one he really wants to be with. The trauma of sexual molestation can create fears with those that were effected when they

were younger or even recently. In other cases, the event of having to go to a therapist might help ease the tension and the pain due to the traumatized event in the past and hopefully recover from low sexual drive.

#### Chapter 11 # 29 Disorders of Desire

The treatment techniques needed to treat disorders of desires are the urges to have sex, or sexual attraction towards others. There are two types of dysfunctions phases for male and female. There is the male hypoactive sexual desire disorder and the female sexual interest/ arousal disorder. Women have a difficulty expressing feelings of arousal due to DSM-5. In the male perspective, they have the idea that they would desire sexual encounters all the time. Their drive is stronger than females in some cases, but 18 percent of the time they are experiencing a decrease in sexual activity. They do go out and seek therapy for this kind of issue. The women lack initiating sexual activity because there is little to no excitement during foreplay or intercourse. Few of their genitals have sensations during this event. The different technique that may help to into the problem is different positions with their partners. The partner would listen to the different g-spot that the other might like or enjoy. Touch and looking at each other in a calm setting will help ease the tension or mood towards one another to gain more of a sensual feeling for excitement. Reading exotic books or magazine may also be helpful for both in activities to help one another. Some films and videos are there to show and demonstrate different acts or positions to gain more intense excitement for both individuals.

#### Chapter 11 # 32 Normal and Abnormal in Sexting

Sexting is when someone is sending sexual explicit material or messages on the phone through pictures, videos, or phone calls. This can be send with pictures of themselves, or other

people from social media in the internet. Some people might believe that this is not an appropriate act to do or follow while the other half disagrees. This can hinder someone when there are children in the house and ends up utilizing the phone while making a simple call or playing various downloaded games on the phone. The child might accidentally click on or browse through the photo gallery, and bump into a few slides of inappropriate pictures from their parents. This can be very unhealthy and embarrassing for a child. Some of these practices can help in the other hand while this is a fetish or a turn on for those who may have difficulty with sexual excitement. In this case, this is normal for both partners who want to get to the point of experiencing a climax to reach what they desire to feel in sexual activity. In exhibitionist disorder, a paraphilic pattern acts on urges to expose the genitals to others. Majority of this happens with strangers out in public places. There is a large spread of ways to continue in finding ways to show how people care about one another. Some are beneficial to other but not be as harmful to others.