

PMN101: Intro to Spiritual Formation
Mask Project: When I Started Wearing the Mask
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I started wearing this mask around the age of ten, around the time I started to become self-conscious. The more names I attached to myself, the more I tried to cover it up with my outside appearance and behavior. I tried to come off confident, secure, beautiful, happy, with morals and values. As good as I convinced others and even myself, I finally realized what was inside. The biggest thing I was dealing with was insecurities. I was able to dig deeper and found that I had major daddy issues that have never been dealt with. I always felt like I needed to control the way people see me, because if they really knew me, they wouldn't love me. They would leave.

All those things, all those names and issues I attached to myself were never from God. He knew me from the beginning and thought I was worth dying for. He said it was finished. I am not my daddy issues. I am not what I've been through. I do not look like my sin. To God, I look I look like Jesus. When I look into the mirror, I should see the same. The more I trust God and believe what HE says over my own feelings of myself, my circumstances, and what other people have said to and about me, the more the inside of me looks like the outside, the me God created me to be.





