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General Psychology
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Test #2 - Chapters 4,5, & 6

1. D - Sleep Debt
2. B - Circadian
3. A - Light, Dark & Exposure
4. A - Growth Hormone
5. C - Stage 3 and 4
6. A - Insomnia
7. C - Tolerance
8. A - Psychological Dependence
9. B - Meditation
10. A - Hypnosis
11. It is problematic for healthcare professionals to often work rotating shifts because it can lead to signs of Anxiety and Depression.
12. It would be dangerous for a truck driver to have Narcolepsy because narcolepsy is an uncontrollable experience in which at any point a person can fall asleep. A truck driver having so can lead to causes of accidents for themselves and others.
13. A - Absolute Threshold
14. C - Sensory Adaptation
15. B - Inattentional Blindness
16. B - Perception
17. B - Binocular
18. D - Both A & B
19. D - Binaural
20. D - Vestibular System
21. C - Proximity
22. A - Closure
23. I think other species have greater sensitivity to both visual and auditory stimuli than humans do because they adapt differently in their environments.
24. Sleep Apnea is an episode in which a person's breathing repeatedly stops and starts during sleep. It is dangerous because it can lead to serious heart problems and high blood pressure. It can increase a risk of a stroke, heart attack and abnormal heartbeats such as atrial fibrillation.
25. C - Infant sucking on a nipple
26. B - Occurs as a result of experience

27. A - Classical Conditioning & Operant Conditioning
28. D - Classical Conditioning
29. B - Neutral Stimulus
30. D - Stimulus Generalization
31. A - The conditioned stimulus is presented repeatedly without being paired with an unconditioned stimulus.
32. B - Conditioned responses
33. D - Negative punishment
34. B - Money
35. A - Shaping
36. B - Variable ratio
37. B - Model
38. A - Attention, Retention, Reproduction, Motivation
39. C - Mental image of the layout of a space
40. The difference between a reflex and learned behavior are reflexes are involuntary, and learned behavior is a change in behavior or knowledge that is the result of experience.
41. Operant conditioning is similar to behavior modification that is used to correct behavior by looking at the reasoning for the action and consequences.

EXTRA CREDIT:

- A Neutral stimulus can become a conditioned stimulus by going through a process of acquisition in classical conditioning. The neutral stimulus does not elicit an automatic response, but during the acquisition phase it does.
- Shaping is an operant condition. If you want to teach the dog to roll over you will reward him with a treat when asked on the action of doing what is being said.