

## Reflection 6

As a child I remember I used to ask a lot of questions. I know a lot of kids do this, but I asked so many that my teachers thought I was annoying. I remember one day in particular I was in Sunday school, and my Sunday school teacher went to speak to my dad after the service. He told my dad that I asked too many questions and it was a distraction to others. I remember it really hurt my feelings and I stopped asking while I was in his class. Chapter six discusses some of the things that I've mentioned. The chapter mentions that humans usually start losing their interest capacity after their early elementary school years. The author brings up the point that this happens because we have reactive reactions to things instead of active. A point that really made me think was when he brought up how automated we are that we don't even notice the basic things around us. He gave the example of foreigners asking directions from a native of that city when they too, have no idea how to get there. This is because we do things automatically without taking the time to take in our surroundings. It reminded me of the time that my phone broke, and I needed to find my way to a new doctor's office. I have become so accustomed to using google maps that I never properly learned how to use street signs. This really made me feel dumb if I'm being completely honest. As a solution to our mindless acts of passive behavior, the author tells us to spend. A little more time each day asking, looking, critically thinking, and observing things, people, tendencies,

etc. This chapter has made me more aware of our almost robotic like behaviors and has provided me with a way to fix them.