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Human Behavior

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Human Behavior II Reflection 1

1-Describe the basic ideas of the Ecological Systems Perspective in Social Work.

- ❖ Based on my understanding, the Ecological Systems Perspective in social work focuses on the ability to understand the relationship between an individual and their situation and the environment in which they live and being able to distinguish the two. This perspective is important in the social work profession because it gives a social worker the ability to work and understand people not only from a micro-level but throughout all levels which will ultimately helps the social worker to understand how the individual and his/ her environment influence each other and how these influences affect the person/ their development.

2-Explain the four levels of systems that conceptualize the social environment that were developed by Brim and Bronfrenbrenner

- ❖ The four levels of systems that conceptualize the social

environment that were developed by Brim and Bronfenbrenner are: microsystems, mesosystems, exosystems and macrosystems. in which they all explain how our environments have an influence on our development. The first level (microsystem) can be identified as direct interaction with the client, depending on the situation working with this level can include working with an individual or a family. Mesosystems are based on our social lives this includes interaction among different microsystems such as family, community, friends, school, etc. The next level that follows is the Exosystem. Based on my understanding the exosystem is having the ability to understand that the client does not need to be directly involved in something to be affected but looking at their social environment from a different perspective and understanding that the things around them influences them and affects them. Lastly is Macrosystems. Macrosystems have the most influence on social activities as it focuses on voicing your beliefs and ideas.

3-Describe the characteristics of a crisis.

- ❖ Based on my understanding of a crisis it can be seen as a point in time where an individual may experience a hardship that does not have a solution. During a crisis an individual has the potential to experience mental as well as physical danger which can include suicide, depression

and thinking negatively.

4-Explain the role of turning points in crisis theory.

- ❖ The role of turning points in crisis theory serves as a process of making a decision for better or worse. An example would be A:having the option of going to two great HBCUs which can be Clarke Atlanta and Howard . Con: Clark Atlanta is over 12 hours and it is a party school. B: Pro It is a good school for education overall. B: Howard: Has a great social work program.// it is closer D: Con: It is overly packed. In a situation like this, this shows the role of turning points in crisis theory because it shows the process of an individual making an indecisive decision because they do not know which school to go to and based on their decision it can be either a good decision or bad decision which can affect the individual in a negative way.