

Instructions for Wandering Maps and 9 Lives Papers:

Purpose: For students to synthesize information from chapter readings and the informal assessments completed in class to gain experience bringing together theory and practice.

The introduction (10 points) to the reflective paper will have a brief summation of the student's experience in doing the activities. They should reflect on their thoughts, feelings and overall process of engaging with the activity. This section should wrap up with some insight as to what it feels like to be in the client role (when the activity was done in class) and what they learned that was useful/not useful when they guide a client through this same activity.

The body of the paper (30 points total) will have focus on 3 main elements:

1. **(Processing 10 points)** What themes, common threads, values, etc. came through as you analyze your activity (either Wandering Map or 9 Lives)? Where might these themes come from (family, values, culture, personality, etc.)? What connections did you make that you hadn't noticed before, or what did these activities confirm for you regarding work themes and values? How does this information guide your career planning or decision-making process and how might that translate into helping clients in a similar process?

2. **(Incorporating Theory and Treatment Modalities 10 points)** If you were the therapist working with a client and these informal assessments were theirs, what would be your strategy (grounded in theory/modality of treatment) moving forward? Would you incorporate into your time together to help move your client along? Why? What tenets of that theory would you implement and how? What would be some concrete next steps for your "client" based on any career theory/modality we have touched on thus far in class?

3. **(Treatment Planning 10 points)** What might be some good follow up questions that you have, or follow-up discussions, that are opened up because of the activities, what might you still need to know to better work with the client? How might the information gleaned from these activities guide your subsequent meetings with your client?

Conclusion (10 points): the student brings all of the pieces of this activity together in both theory and practice (what you learned and how you will use it).

Additional Rubric Elements (10 points):

- APA Style, cover page, no abstract, references (minimum of 3 scholarly)
- Minimum of 3 pages (excluding cover page and references)
- Wandering Maps paper is due: November 7th, 2019 in Dropbox by 11:59pm
- 9 Lives paper is due: November 21st, 2019 in Dropbox by 11:59pm