

Guyon Response Paper #1

The book written by Jeanne Guyon was very insightful to me while reading. The act of practicing meditation and sitting on the word of God, after reading powerful and moving statements, was very refreshing, in my point of view, and created a sense of peace. The act of mindfully slowing down for a minute, to reflect on the word of God, felt like a great change of pace. It created a stillness to my day that it is usually filled with countless amounts of activities and commitments that I am held to as a student. For the majority of my post-reading reflection time, I had a lot of time of complete stillness where I did not hear from God in any way. But I did have a particularly unique experience that occurred during a meditation time.

As stated earlier, I spent the majority of my meditation time in complete stillness. This feeling, and experience, is not particularly new to me because I have had a very hard time when it comes to hearing from God. Although, there were a few specific times, in my life, where I had images in my head that may have come from God, I was unaware of the source, in the moment. I did not realize that God could have been putting messages into my mind until a couple months ago. For the longest time, I believed that I was lesser of a person in my faith because I never saw or heard from God. In a way, it felt like I was not good enough for God and that I was being abandoned because so many other people were hearing amazing things from Him. These feelings made me distrust God, in a way, and it has severely altered the relationship I have with Him now. I felt like I could not trust God because I never felt like he was there for me when I was at my worst.

While doing my post-reading meditation for chapter six, “The Road to Perfection”, I started to have so many images flood my brain. The images came one right after the other. God brought back all these traumatic memories to my mind and showed Himself physically standing beside me and holding my hand in each situation. He showed me that He has been there for me through the worst of the worst. Not only did God show that He was physically there for me, but He showed me that he comforted me while I was in so much emotional pain. Surprisingly, the images, and overall message, that God showed me made me feel peace and joy. For the first time in a long time, I felt like I had somewhat of a connection and relationship with my heavenly Father. The connection made me hopeful for a more promising future, when it comes to the relationship I have with God. Going along, I feel like the overall, predominant feeling I had about the encounter was peace. I believe that this emotion was what made me believe that the images had come from God, and not anything else, because our God is a God of peace. Ultimately, I could feel that these images were not from my imagination. It is not a feeling that I am able to describe because I felt and saw God through every single situation that popped-up inside my head.

In conclusion, the book written by Jeanne Guyon was very moving in my life. The post-reading meditation was beneficial to me, in the sense that I heard from God for the first time where I was mentally present. The interaction that I had gave me hope to cling on to for a better future, and walk, that I have ahead of me. A lesson that was shown to me, through this encounter, was that God always shows up. It can be very difficult to trust in His timing because we get too impatient in our human desires, but He continues to prove that He does things in His own perfect timing. At the moment God sent me those images, He knew that this information would be beneficial for my walk with Him and for my day-to-day life. God, ultimately, knew that the images he showed me would give me trust in His motives, like I have never had before. Overall,

the Guyon readings have already impacted my life in a positive sense and I am excited to continue these readings.