

Vignette for Genogram Practice

Rudy Jr. (Index Person) is 33 y/o Latinx male married to a 31 y/o European-American woman (Kate). His paternal grandparents are Isaac (deceased) and Martha (80 y/o) and they had two sons (Rudy Sr. and Ruben). Isaac was a heavy drinker and was known to have multiple extramarital relationships causing conflict in the relationships with his two sons (Rudy Sr. and Ruben). Rudy Jr.'s maternal grandparents are Aldo (deceased) and Hilda (80 y/o) and they had two daughters (Susan and Ingrid). Rudy's dad is Rudy Sr. He is 58 y/o and married to Rudy's mom for 35 years, her name is Susan (55y/o). Rudy's parents have many health issues ranging from mild to serious/ chronic. Rudy Sr. is deaf in one ear, he is narcoleptic and suffers from insomnia (takes medication to regulate sleep) and he also battles with depression. Ingrid (Rudy Jr.'s maternal aunt) is married to Francisco and they do not have children, nor do we have information about their health. Susan has been diagnosed and treated for thyroid cancer and her mom (Hilda) . Rudy Sr. has an older brother named Ruben (60 y/o) who is married to Bethany (58 y/o). Bethany has an adult child (30 y/o) from a previous relationship who suffers from bipolar disorder. Rudy Jr. and his brother David have both been diagnosed and treated for thyroid cancer. David is 30 y/o and married to Chelsea (30 y/o) for 4 years and they have a 2 y/o daughter, Ava. Rudy Jr. and Kate have a daughter with severe congenital health issues (trouble seeing, deaf, can't walk, is forever a toddler) who is 5 y/o.

Draw out the genogram and then, let's talk about possible clinical avenues to explore as a result of this genogram.