



ASD Behavior Challenges

Course Syllabus

Course Description:

Welcome – This is one of our most popular classes. If you have a child with ASD, you are no stranger to negative behaviors. The great news is, that you are not alone. This course is designed with you in mind. This course specifically is for adult learners to be informative, practical and easy to navigate.

Upon completion of this course, you will be able to:

- Understand Why Children with ASD Often Have Behavioral Problems.
- Realize Why Parent Training is Vital for Reducing Behavioral Problems in Children with ASD.
- Identify Most Common Negative Behaviors Associated with ASD.
- Recognize Most Common Triggers for Children With ASD.
- Be Equipped to Implement Supportive Behavior Strategies
- Identify How Autism May Affect A Marriage and Siblings

Required Texts & Materials:

All material is included within the online course(s).

Support:

Available through email: Support@NationalASDCenter.org

Course Navigation:

My Course – This is the course home page. This section includes a welcome message, the course syllabus and a short introduction video.

Lessons – This section is where you will find the course content. Start with the welcome lesson, then continue to lesson one, two and so on.

Discussion – This section allows you and your classmates to post and respond to post as it relates to the subject matter. You are encouraged (not required) to engage with other students. You will find many useful questions, comments and support in the course discussion post.

Wiki – This section list various resources and definitions.

Tests – Occasionally we will offer you the option to test what you have learned. As this course is not graded, you are not required to take the exams.

Resources – This section is designed for you to have access to valuable assessments, external links, support programs, financial aid and much, much more.

Lesson Outline

Topics	Activities
Welcome	<ul style="list-style-type: none"> • Read course syllabus
Why Parent Training Effective for Reducing Behavior Problems in Autism Spectrum Disorder.	<ul style="list-style-type: none"> • Watch Video: ‘Parent Training Effective for Reducing Behavior Problems in Autism Spectrum Disorder’ • Watch Video: ‘Young Kids with Autism Behave Better if Parents are Trained’
Why Do Children with ASD Often Have Behavioral Problems?	<ul style="list-style-type: none"> • Read and Watch: ‘Know Where They Are Coming From (Repetitive Behavior)’ • Read and Watch Video: ‘Anxiety and ASD (Part I)’ • Read and Watch Video: ‘Anxiety and ASD (Part II)’
Routines, Rituals and Obsessions in Kids on the Autism Spectrum	<ul style="list-style-type: none"> • Read: Examples of obsessive, ritualistic behaviors • Read: How parents can deal with rituals and obsessions in their HFA or AS child
Raising Autistic Children: Navigating Challenging Behavior.	<ul style="list-style-type: none"> • Watch Video: ‘Raising Autistic Children: A Parents Perspective’ • Watch Video: ‘What are Challenging Behaviors Commonly Displayed by Individuals with Autism’ • Read: ‘Common ASD Triggers’

<p>Is It Autism or ADHD, Bipolar Disorder, OCD, Schizophrenia?</p>	<ul style="list-style-type: none"> • Read and Watch Video: ‘Autism vs ASD’ • Read and Watch Video: Obsessive Compulsive Disorder (OCD) vs ASD • Read: Autism and Bipolar disorder: Is there a connection? • Read and Watch Video: Schizophrenia vs ASD
<p>Correcting Bad Behavior</p>	<ul style="list-style-type: none"> • Read: Self-harm and Autism - a Guide for Parents and Caregivers • Read and Watch Video: ‘Correcting Behaviors and Autism’ • Watch Video: ‘How to Stop a Child with Autism from Hitting Autism ABA Strategies’ • Read: ‘7 Steps of Correcting Bad Behaviors’ • Watch Video: ‘Handling Aggressive Behavior in Children with Autism’
<p>Let’s Get Specific</p>	<ul style="list-style-type: none"> • Read: Transitions • Read: Sensory Overload • Read: Auditory Strategies • Read: Visual Strategies • Read: Taste Strategies • Read: Smell Strategies • Read: Tactile Strategies • Read: Dealing with Aggression
<p>Autism: How it Affects Parent Relationships</p>	<ul style="list-style-type: none"> • Read: Why Your Child's Autism Puts a Strain on Your Marriage. • Watch Video: ‘Autism, How it Affects Parent Relationships’
<p>Raising Autistic Children: How it Affects Siblings</p>	<ul style="list-style-type: none"> • Read and Watch Video: ‘Raising Autistic Children: How it Affects Siblings’ • Read and Watch Video: ‘Siblings of Autistic Children: Stories’
<p>Next Steps</p>	<ul style="list-style-type: none"> • Review