

**COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH**

**ADMINISTRATIVE OPERATIONS  
WORKFORCE DEVELOPMENT DIVISION**

**CERTIFICATE OF COMPLETION**

This is to certify that

**Desiree Hernandez**

has completed 6.5 contact hours

**Introduction to the DMH Infancy, Childhood & Relationship Enrichment Initial  
Assessment (ICARE)**

On **June 11, 2019**

License Number(s): LCSW 74698

- This provider is approved by the California State Board of Registered Nursing as a continuing education provider, BRN Provider 05990. **This certificate must be retained by the licensee for a period of four years after the conclusion of the course.**
- This course meets the criteria for the California Consortium of Addiction Programs and Professionals – Educational Institute (CCAPP-EI) for continuing education: Certified Alcohol and Drug Counselors. (#2N-91-267-0817)
- The County of Los Angeles – Department of Mental Health is approved by the American Psychological Association to sponsor continuing education. Los Angeles County – Department of Mental Health maintains responsibility for this program and its content.

Gregory C. Polk

Office of Chief Deputy Director, Administrative Operations

Training Coordinator: Stacey Fawcett

**695 SOUTH VERMONT AVE., 15<sup>th</sup> FLOOR, LOS ANGELES, CALIFORNIA 90005**

Cultural Competency

**INTRODUCTION TO THE DMH INFANCY, CHILDHOOD & RELATIONSHIP ENRICHMENT  
INITIAL ASSESSMENT (ICARE)**

**DATE & TIME:** June 11, 2019

**9:00AM - 4:30PM**

*Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period.  
Late arrivals will not be admitted.*

**PLACE:** East San Gabriel Valley Mental Health Center  
1359 N Grand Avenue  
Covina, CA 91724

**PARKING:** Free Parking on site

This training focuses on developing the participant's skills in the observation of dyads and assessment techniques to address the needs of the birth to five population. An in-depth overview of the Los Angeles County Department of Mental Health's Infancy, Childhood, and Relationship Enrichment Initial (ICARE) Assessment will be provided. Also, reflective practice interventions are incorporated to enhance understanding, engagement, and service to consumers from diverse cultural backgrounds. The participants will apply knowledge learned about the Birth to Five population; including developmental milestones, socio-emotional milestones, feeding, sleeping and other behavioral challenges. Participants will learn how to make clinical observations of young children and dyads, document observations in a clinically meaningful way, and elaborate on these observations to identify criterion for meeting Medi-Cal criteria.

**TARGET AUDIENCE:** DMH and Contract Providers clinical staff that complete birth to five assessments.

**OBJECTIVES:** As a result of attending this training, participants should be able to:

- 1) Utilize the socioemotional development framework to assess for medical necessity in infants and toddlers.
- 2) Practice assessing for medical necessity in birth to five populations.
- 3) Demonstrate strategies to engage parents and caregivers in the assessment process.
- 4) Identify collaborative partners (DCFS CSWs, Informal Supports, Teachers, and Medical Doctors) essential to the multi-disciplinary treatment team's ICARE assessment.
- 5) Identify the impact of trauma on regulation.
- 6) Identify states of alertness and sleeping patterns.
- 7) Identify the complexities of family, social and cultural factors that influence a child's mental health.

**CONDUCTED BY:** Stacey Fonseca, Psy.D.

**COORDINATED BY:** Stacey Fonseca, E-mail: [stfonseca@dmh.lacounty.gov](mailto:stfonseca@dmh.lacounty.gov)

**DEADLINE:** May 30, 2019

**CONTINUING  
EDUCATION:** 6.5 hours for BBS, BRN, CCAPP-EI  
CE's for Psychologist

**COST** NONE

DMH Employees and Contract Providers: complete the attached training application