

# Marshall County Group Homes, Inc.

## SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Tabitha Garfve**

Service plan review meeting date: **January 13<sup>th</sup>, 2026**

Time: **10:30a**

Type of service plan review meeting (i.e. annual): **semi-annual**

Location of meeting: **Marshall County Social Services**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

### **A Review of Technology needs for the individual served:**

Tabitha has no additional technology needs at this time. Tabitha has a cell phone she uses independently to coordinate her contact times as well as schedule appointments for herself and her children.

### **A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:**

Tabitha's cleaning outcome to continue as a goal as well as she would like to discontinue the goal of having staff assistance in filling her medication pill box 1x a week as she has been doing this on her own; An informal goal of cooking a healthy meal for her family will continue.

### **Changes needed to the *Support Plan Addendum, Intensive Self-Management Assessment*, or other document in the service plan, include, if any: No updates at this time**

### **Discussion regarding person-centered program planning:**

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**?

*Staff work with Tabitha at least bi-weekly to assist her in building homemaking and organizational skills. Tabitha spends the rest of her time independently and is able to facilitate her own interests.*

What are the opportunities **for community access, participation, and inclusion** in preferred community activities?

*Tabitha has her driver's license. She can transport herself for her own needs. She brings herself to work and her children to their medical appointments.*

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community?

*Tabitha lives with her husband and two children. She spends some time with her extended family. Tabitha spends most of her time taking care of her children and doesn't have a lot of time to herself.*

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?

*Tabitha has transitioned to a job cleaning at the local motel. She does not have employment services in place at this*

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time. She secured this job and has managed it independently. She estimates she works about 8-10 hours a week.

**The person currently receives services in** (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**:

*N/A Tabitha lives independently with periodic services to help her maintain her independent living.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:

*Tabitha completes the job she has without the assistance of an employment service.*

Describe any further research or education that must be completed before a decision regarding this transition can be made:

*NA*

## **Other meeting discussion notes:**

**Home:** Tabitha has been generally meeting with staff bi-weekly, however the last couple months were not able to connect due to her schedule, staffs schedule the holidays and Tabitha's step-dad passed away which was very hard on her as they were quite close. Tabitha does send pictures to staff if and when she completes cleaning tasks to show that she is doing cleaning to which staff praise her for doing so. Staff mentioned to Tabitha that there is a new in-home support staff that has started working with MCGH and if she would be ok with this staff coming in and training with her to which Tabitha replied that over time she probably would be ok with her coming in and meeting her and seeing how she connects with the new staff, and then go from there as to if she is comfortable working with her.

**Health:** Tabitha continues to see Abby Steer with Alluma for her mental health to which she states this has helped her in dealing with her stepdads death. Tabitha continues to see Dr. Leblanc at NVHC as her primary care provider. He sees her prescribing her medication for mood stabilization. Tabitha is due for a physical on or before January 2026 to which Tabitha states she still needs to schedule this. Tabitha states she will investigate either Fergus Falls dental or Bagley for dental work and case worker stated he would help her in setting up appointments to which Tabitha stated she would like as she has a hard time when it comes to making appointments.

**Family/kids:** Tabitha's children are currently in school during the day to which helps her get in sometime to do things she needs to be doing or have done. Tabitha states the kids are doing well, however her daughter is small of her size/age to which Tabitha states she needs more protein in her diet to see if she can get her to gain some weight, she is also on a ADHD medication that can cause issues with weight and eating.

**Employment:** Tabitha is currently employed doing janitorial work at the Elm Crest Motel in Warren to which she said she enjoys her job and that there are now new owners of the place but so far they have been treating her well.

**Tabitha's annual meeting scheduled for August 3<sup>rd</sup>, 2020 @10:30**