

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Melissa Hamrick**

Service plan review meeting date: **November 19, 2025**

Time: **10:00 AM**

Type of service plan review meeting (i.e. annual): **-annual**

Location of meeting: **at ODC**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served:

Melissa has a medication machine, bilateral hearing aids, Dexcom 7 for blood sugar monitoring, and a cell phone she is able to use independently.

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made

Melissa has been setting up her medication caddy with verbal prompts and would like to continue to work on this. Melissa sets up her PM medications with staff observance while staff set up AM medications. Melissa would like to work on doing both AM and PM with staff assistance in going forward.

Changes needed to the Support Plan Addendum, Intensive Self-Management Assessment, or other document in the service plan, include, if any:

Intensive Support Self-management Assessment: updated Melissa no longer uses a Cpap machine, has a super pubic catheter in place of foley catheter and is currently working at Dollar General. and updated team contact information for the ODC, and MCGH; updated the CSSP to reflect no longer using Cpap machine.
All plans updated for current dates and team members

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**?

Services that Melissa has through MCGH work with her to build the skills she needs to continue to live independently. Melissa has stated she would like to work on learning to fill her medication machine. Melissa states she realizes how important these are for her health. Melissa has stated she would like to seek employment and mentioned she would like to work at Dollar General and the ODC is currently working on this with her.

What are the opportunities **for community access, participation, and inclusion** in preferred community activities?

Melissa has support in place, both formal and informal, that assist in participating in activities that she enjoys. Melissa is involved in the community and aware of events coming up she would be interested in participating in. MCGH will assist her in coordinating transportation to the event as needed.

What are the opportunities to **develop and strengthen personal relationships** with other people of the person's choice in the community?

Melissa lives independently in her community with a roommate. Melissa has a strong connection with many members of her family. Melissa is able to spend time with whoever she pleases due to her independence.

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?

Melissa is currently working 1 day a week for 2 hours at Dollar General in Warren with a job coach through the ODC.

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a week.

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting:**

N/A Melissa lives independently with periodic services to help her maintain her independent living.

Provide a **summary of the discussion of options for transitioning from day services to an employment service.** Include a **statement about any decision made regarding transitioning to an employment service:**

In the past, Melissa has tried some of the community jobs being completed by attendees at the ODC. She was not physically able to complete the ones that they continue to do all year round. Melissa enjoyed and did well at the golf course job in previous summers through the ODC. Melissa currently acquired a job at Dollar General in Warren for 1 day a week 2 hours a day. .

Describe any further research or education that must be completed before a decision regarding this transition can be made: ODC will coordinate

Other meeting discussion notes:

Medical: Melissa has been fairly healthy over the past months, she had a ear infection that was treated with ear drops and cleared this up. She visited the ER with cold/flu symptoms all tests for flu and covid came back negative so instructed to rest and drink fluids. Melissa's blood sugars have been in good range; however she has had some low numbers causing insulin reaction so Dr.Holm's office lowered her AM insulin. Melissa was advised to eat more carbohydrates throughout the day with her protein. Melissa's weight is stable with being on the Ozempic as she is not losing rapidly as she was when first put on this medication. Melissa had her annual eye exam in June and received new glasses. Melissa seen Dr. Yuska (podiatry) for calluses under her feet as well as a little toe that was bothering her and sore, Dr. Yuska trimmed down the calluses and trimmed the little toe nail and stated that it is her shoe that is a bit tight and rubbing on her toe so advised to get new shoes either a bigger wider size or a stretchy material shoe ones that could fit her orthotics she has. Melissa did buy new shoes at Purdy's shoe store out of pocket as her waiver/insurance would not cover new ones at this time. She is to follow up with Yuska as needed for her feet. Melissa has a mammogram scheduled in January at NVHC. Melissa sees Keegan Krantz 1x a month at Sandford Behavioral Health.

In Home: Melissa continues to work with HIS to set up her mediations, transportation to and from medical appointments out of town and occasionally cooking a healthy meal with staff and housemate.

Misc: Melissa is concerned about her job as she did have a fall there when the ODC coach was not there at Dollar General. Dollar General is stating they do not want the job coach there while she works, but Melissa feels that she needs this assistance to be successful with her job, the ODC is going to follow up with Dollar General on this for the job coach to be present while she works. ODC is requesting a Dr. Note to assist in accommodations for Melissa to have a job coach for safety while at work due to falling as well as her diabetes.

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ODC: Cerika (ODC supervisor) states Melissa is doing very well at the ODC, Melissa is now working at Dollar General in Warren with a job coach from the ODC. Melissa participated in various activities at the ODC with other peers. Melissa likes to do exercises while at the ODC along with doing a healthy meal cooking goal with other peers. Melissa stated she would like to learn how to not get angry and upset so quick with other peers at the ODC.

Action Items:

- **Dr. Note for accommodation at work for a job coach to be present**

Melissa's Semi-annual meeting scheduled for May 7th, 2026 at 10:00 A.M. at the ODC.