

Marshall County Group Homes, Inc.

SSERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: *Diane Stromgren*

Service plan review meeting date: *7/16/25*

Time: *10:00am*

Type of service plan review meeting (i.e. annual): *Annual*

Location of meeting: *East Grand Forks DAC*

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served: *Diane is to have a chair alarm on her dining room chair and lift chair; she is to have a bed alarm on also; she is to have a gait belt on at all times for ambulating and for assistance when going from a sitting to a standing position or standing to a sitting position. Diane has an electric hospital bed that she purchased. She is to have a pillow between her knees when sitting in her recliner to maintain proper body alignment and a Velcro wedge between her legs at night. Her wheelchair has a cushioned seat with a pommel between her knees to aide in keeping her hips aligned due to hip replacement. Diane is repositioned at 11p and 3a nightly.*

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made: *No changes were made to Diane's MCGH outcomes. She is to have a community outing x1/month in which staff are to schedule a date and time for the outing each month. See attached Programmatic Report*

Changes needed to the Support Plan Addendum, Self-Management Assessment, or other document in the service plan, include, if any: *Support Plan Addendum: List of Service Providers was updated. Diane's diet was updated to puered diet with nectar-thick liquids. Self-Management Assessment: Health & Medical Needs – Choking: Diane is cooperative when reminded to take smaller bites and not put large amounts of food in her mouth at one time. Diane is on a pureed diet with nectar-thick liquids. She may have puffcorn that has been cut in half and given 1 piece at a time, as recommended by Diane Woolsey,SLP. Personal Safety: Mobility - When standing, staff allow Diane a few moments to stand before ambulating due to the plantar fasciitis. IAPP: No updates were made. List of attendees and date of the annual meeting were updated on all plans.*

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences?** *Diane attends the Developmental Achievement Center (DAC) in East Grand Forks, MN. She started attending the DAC on June 17th and attends every M, W, Th. She engages in community outings, planned activities. Diane is encouraged to complete tasks on her own, as able, to maintain her abilities/skills. She is offered various activities such as going to visit Cedar North Residents, going out to eat, going for drives and attending community events.*

What are the opportunities **for community access, participation, and inclusion** in preferred community activities? *Diane participates in Bible Study 2x/month September-May at Our Saviors Lutheran Church and/or at her residential home. She has an outcome to participate in community outings x1/month. Diane participates in planned MCGH, Inc. events such as the Christmas Party and the Annual Picnic. Her home plans outings in the community such as van rides, short shopping trips, etc. She is also involved in community activities through the East Grand Forks DAC.*

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community? *Diane is encouraged to participate in outings that promote socialization such as MCGH planned events, community activities such as the Argyle Meet Your Neighbor Day Parade, attending Bible Study, shopping and*

Marshall County Group Homes, Inc.

planned DAC outings.

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?
Diane has no interest in competitive employment.

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**: *Diane currently resides in the least restrictive environment that is appropriate for her.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:
Describe any further research or education that must be completed before a decision regarding this transition can be made: *Diane attends the day program at the EGF DAC 3 days/week. She would be unable to participate in employment services due to her level of functioning physically and mentally.*

Other meeting discussion notes:

Health: *Henrietta, RN reviewed Diane's Health Summary for the past 6 months (see attached). Diane's walking was discussed. She is to use her walker at all time while at home and at the DAC. Her wheelchair will be kept in the garage at the DAC and in her bedroom at Cedar South. She will use the wheelchair only when she is in the community. Be sure she is sitting in a chair with arms, for safety. Diane has gained 10 lbs in less than a year – this is concerning as it affects her health and ability to ambulate. Staff are reminded to measure the ½ cup serving portion before pureeing her foods.*

Outcomes: *See attached report*

DAC: *Elsbeth McKewin, DSP reported that Diane is doing well at the DAC. She also reported that Diane has participated in multiple community outings including: Mall, airport, EGF library, Unforgettables concert, Turtle River State Park, eating out at various restaurants. Diane's outcomes at the DAC will continue as written.*

Action Items: Dental – ask if Diane is in need of any dental work requiring sedation – Rachel to do
Eye Exam – due in 8/25; ask if Diane would wear prescription eyeglasses – Rachel to do
DAC – send extra pants – Rachel to do
New Diffuser – Katie to order
Provide Henrietta with a copy of Diane's labs from 3/21/25 – Cindy to do
Document how much liquids she is drinking in the communication log – DAC to do

Next Meeting: *Annual Meeting is scheduled for 1/14/26 at 9a at the EGF DAC*