

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: *Ernest (Ernie) Jorgenson*

Service plan review meeting date: *07/23/25*

Time: *10:00a*

Type of service plan review meeting (i.e. annual): *Quarterly Meeting*

Location of meeting: *Ernie's residence.*

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served: *Ernie has a walker and a cane but chooses not to use them. He wears a custom fit brace on his left foot. Ernie wears 2.0 liters oxygen at night. He owns and rides an electric bike. Ernie wears a GPS life alert watch when he is in the community.*

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made: *Ernie's outcomes were not reviewed.*

Changes needed to the Support Plan Addendum, Self-Management Assessment, or other document in the service plan, include, if any:

No changes were made to Ernie's plans during this quarterly meeting.

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**? *Ernie is friends with a male peer in the Argyle community that he enjoys visiting with and going out to eat with. This person and Ernie have cooked supper meals for each other in their homes. Ernie and this same individual have also met at the Argyle American Legion to have a pop and share a pizza for supper. Staff encourage healthy hygiene habits to allow for him to maintain and build peer relationships.*

What are the opportunities for **community access, participation, and inclusion** in preferred community activities? *MCGH will assist Ernie in accessing the community for his needs regarding shopping and medical appointments and outings that Ernie would like to participate in. Theresa Nelson, Chore Services also takes Ernie shopping one time/month in either Grand Forks or Thief River Falls.*

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community? *Ernie will be encouraged to participate in In-Home outings such as special events; especially those outings that he has expressed an interest in. He has become fairly active in attending community events such as Lions Club Fish Fry, Meet Your Neighbor Day activities, St. Rose Church Fall Bazaar.*

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community? *Ernie is 60 years old and states he has no desire to work as he was in an accident in 1990 and suffered a brain injury.*

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a summary of the discussion of options for transitioning the person out of a community setting controlled

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by a provider and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting:** *N/A – Ernie lives independently with periodic services to help him maintain his independent living.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service.**

Include a **statement about any decision made regarding transitioning to an employment service:** *N/A*

Describe any further research or education that must be completed before a decision regarding this transition can be made: *N/A*

Health: *See attached list of medical appts and list of medications Ernie is prescribed. Ernie has established care with Jill Smith, NP at NVHC. Currently, he is smoking 4 cigarettes/day (This was at 5 cigarettes/day but his chore services provider has talked him into having 4 now). He is also using nicorette lozenges and sometimes wearing a nicotine patch. Theresa Nelson will continue to give Ernie a bottle of 24 nicorette lozenges every 6 days and a pack of cigarettes every 5 days. Ernie was agreeable to this plan. Ernie continues to be noncompliant in using his inhalers or his flutter daily, as prescribed. Theresa agreed to encourage Ernie to do his flutter breathing exercises every other day when she is at his home. She will also replace and date his nicotine patch every other day. Ernie has an appt with Dr. Mangardich, Pulmonologist on 7/29/25 – Liz will ask about Ernie smoking, wearing a nicotine patch and using nicotine lozenges all at the same time.*

In-Home: *Liz reported that the locked medicine box is working good.*

Home: *Ernie needs to work on saving money so he can finish his bathroom remodel. He has a friend that he spends time with a few times a week – Ernie states that they get along pretty good.*

Action Items: *Ask Sentence to Serve if they can trim trees in Ernie's driveway – Cindy to do.*

Send copy of construction bid from Jeff Anderson to Katie – Cindy to do.

Semi-Annual Meeting: *Wednesday, October 22, 2025, 10:00a at Ernie's residence*

Appointment Search

Appointment Date	Appointment With	Specialty	Reason for Appointment	Description	Comment
05/08/2025	Ayyadurai, Puvanalgam	Cardiology			Plan for echocardiogram. Follow-up with Cardiology as needed. Nicotine patch once daily - sent to Warren Pharmacy.
05/21/2025	Wowinarowicz, Michelle (NVHC)	Primary Care	Annual Physical	fasting labs	
06/02/2025	Smith, Jill (North Valley Health Center)	Primary Care	Annual Physical	Weight 236#,	236#, difficult to establish nicotine intake, to use patch consistently. Jill Smith would like a report in month in how Ernie is wearing patch. and how he is smoking. F/u in 6 months.
07/22/2025	Ayadurai, Puvanalingam (Altru)	Cardiology	Other	Echocardiogram	Results pending
07/29/2025	Mangardich, Antranik (Altru)	Pulmonology			
08/05/2025	Bienek, Stacey (Warren Eye Care)	Ophthalmology/Optometry	Eye Exam		
09/10/2025	Weddingfeld, Frank/Megan / Dr.		Follow-up Appointment		
12/10/2025	Smith, Jill (North Valley Health	Primary Care			Recheck
02/18/2026	Banduin, Tamra / Dr. (Altru)	Pulmonology	Annual Visit		
02/18/2026	Banduin, Tamra / Dr. (Altru)	Pulmonology	Other	CT Scan ordered	

Medications

Current Medications

Please review your medications, and verify that the list is up to date.

nicotine polacrilex 4 MG lozenge

Commonly known as: COMMIT

Place 1 Lozenge inside cheek every 4 hours (while awake). Indications: Nicotine Addiction

Prescription Details

Prescribed July 11, 2025

Approved by MICHELLE M WOINAROWICZ

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 144 Lozenges

Day supply 36

montelukast 10 MG tablet

Commonly known as: SINGULAIR

Take 1 Tablet by mouth nightly.



Prescription Details

Prescribed July 9, 2025

Approved by MICHELLE M WOINAROWICZ

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 30 Tablets

Day supply 30

gabapentin 300 MG capsule

Commonly known as: NEURONTIN



TAKE ONE CAPSULE BY MOUTH TWICE A DAY FOR PAIN

Prescription Details

Prescribed July 9, 2025

Approved by MICHELLE M WOINAROWICZ

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 60 Capsules

Spiriva Respimat 1.25 MCG/ACT oral inhalation

Generic name: tiotropium bromide monohydrate



Inhale 2 Puffs into the lungs daily.

Prescription Details

Prescribed June 26, 2025

Approved by JILL SMITH

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 1 Each

atorvastatin 80 MG tablet

Commonly known as: LIPITOR



TAKE ONE TABLET BY MOUTH AT BEDTIME

Prescription Details

Prescribed June 25, 2025

Approved by JILL SMITH

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 30 Tablets

olmesartan 20 MG tablet

Commonly known as: BENICAR



TAKE ONE TABLET BY MOUTH DAILY

Prescription Details

Prescribed June 25, 2025

Approved by JILL SMITH

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 30 Tablets

Day supply 30

levothyroxine 137 MCG tablet

Commonly known as: SYNTHROID



Take 1 TABLET by mouth every morning. Indications: Underactive Thyroid

Prescription Details

Prescribed June 11, 2025

Approved by MICHELLE M WOINAROWICZ

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 30 Tablets

nicotine 21 MG/24HR patch

Commonly known as: NICODERM CQ

Place 1 Patch onto the skin every 24 hours.

Prescription Details

Prescribed May 8, 2025

Approved by PUVANALINGAM AYYADURAI

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 28 Patches

Day supply 28

Melatonin Gummies 5 MG CHEW



Take 5 mg by mouth nightly.

Prescription Details

Prescribed April 25, 2025

Approved by MICHELLE M WOINAROWICZ

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 90 Tablets

fluticasone propionate 50 MCG/ACT nasal spray

Commonly known as: FLONASE

1 Spray by Nasal route nightly.

Prescription Details

Prescribed April 25, 2025

Approved by MICHELLE M WOINAROWICZ

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 16 g

albuteroL 108 (90 Base) MCG/ACT inhaler



Commonly known as: PROVENTIL HFA, VENTOLIN HFA, PROAIR HFA

Inhale 2 Puffs into the lungs every 4 hours as needed for Wheezing or Shortness of Breath.

Prescription Details

Prescribed February 19, 2025

Approved by TAMRA BAUDUIN

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 18 g

buPROPion HCL 150 MG SR tablet

Commonly known as: WELLBUTRIN SR

Take 150 mg by mouth 2 times daily.

This prescription cannot be refilled through MyChart. Contact your pharmacy for a refill.

Prescription Details

Started taking November 22, 2024

Documented by Stacey

triamcinolone acetonide 0.1 % cream

Commonly known as: KENALOG

Apply to rash areas two times per day until healed.

Prescription Details

Prescribed November 27, 2024

Approved by MICHELLE M WOINAROWICZ

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 80 g

fluticasone-salmeteroL 500-50 MCG/ACT diskus inhaler

Commonly known as: ADVAIR



Inhale 1 Puff into the lungs 2 times daily.

Prescription Details

Prescribed September 28, 2024

Approved by TAMRA BAUDUIN

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 60 Each

Day supply 30

metFORMIN 500 MG tablet

Commonly known as: GLUCOPHAGE



Take 1 Tablet by mouth daily (with breakfast).

Prescription Details

Prescribed September 9, 2024

Approved by MICHELLE M WOINAROWICZ

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 30 Tablets

Day supply 30

docusate sodium 100 MG capsule

Commonly known as: COLACE



TAKE ONE CAPSULE BY MOUTH TWICE A DAY AS NEEDED For CONSTIPATION

Prescription Details

Prescribed May 15, 2023

Approved by MICHELLE M WOINAROWICZ

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Renewal Details

Quantity 60 Capsules

QUetiapine 300 MG tablet

Commonly known as: SEROQUEL



300 mg daily.

This prescription cannot be refilled through MyChart. Contact your pharmacy for a refill.

Prescription Details

Started taking January 24, 2023

Documented by Stacey

carBAMazepine 100 MG chewable tablet



Commonly known as: TEGRETOL

2 tabs in the morning and 2.5 tabs at night

This prescription cannot be refilled through MyChart. Contact your pharmacy for a refill.

Prescription Details

Started taking January 30, 2023

Documented by Stacey

Home Oxygen Per Liter

Patient Uses Oxygen at home, for how the patient uses, please refer to order questions.

Prescription Details

Prescribed August 26, 2021

Approved by TAMRA BAUDUIN

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

Omega-3 1000 MG CAPS



Take 1,000 mg by mouth 2 (two) times a day.

This prescription cannot be refilled through MyChart. Contact your pharmacy for a refill.

Prescription Details

Documented by Jeanne

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

aspirin 81 MG chewable tablet



Take 81 mg by mouth daily.

This prescription cannot be refilled through MyChart. Contact your pharmacy for a refill.

Prescription Details

Documented by Helen

Pharmacy Details

Warren Pharmacy - Warren, MN - 103 W. Johnson Ave.

103 W. Johnson Ave., Warren MN 56762

218-745-5481

COD LIVER OIL W/VIT A & D PO

Take 1 Tab by mouth daily.

This prescription cannot be refilled through MyChart. Contact your pharmacy for a refill.

Prescription Details

Documented by Heather

Cholecalciferol (VITAMIN D) 1000 UNITS TABS tablet



Take 1,000 Units by mouth daily.

This prescription cannot be refilled through MyChart. Contact your pharmacy for a refill.

Prescription Details

Documented by Heather

Personal Notes About My Medications

Notes entered here will not be viewable by your doctor.