

IN-HOME FAMILY SUPPORT STAFF MEETING SUMMARY

Subject: June Staff Meeting

Date: June 4, 2025

Time: 11:30a—1:30p

Meeting Review:

Kristal: Topics for In-Home meeting:

Charting for PTO needs to go on the top of your time sheet. Anything pay related needs to be filled out at the top of your time sheet.

Expense sheets need to be turned in by the 5th of the month.

Clothing order will be deducted from the June 13th payroll.

Announcements:

- Park River Bible Camp- June 29- July 2, CT, MH, SP and possible AW.
- Liz off June 4 half day, June 5, and 6. and June 17 and 26

Individual Reports:

RD – Glucometer: Staff called the company and new container test strips were sent. He is getting reading from glucometer. He went out to eat at Main Street for peer's birthday. He is asking about money for Meet Your Neighbor Day. He has been doing his cooking goal. He tells staff he has colored on a picture, but doesn't look like more has been colored. Staff assisted him with going through the closets. 5/6- went to Grand Forks shopping, and met peers to go out to eat. 5/21- went to Bully Brew. Cat is matted, called the gal who comes to his place and the price is \$80. Sheran thinks the price is too much and said he should brush the cat. Don't think the matted hair will come out while brushing. Staff told Sheran that Robert wants to get hair cut in Argyle. Last check sent was for \$22, the price to cut hair is \$28. He took money out of his monthly money to pay.

Robert stated that Sheran said his electricity bill was high last month. The air conditioner is in the window and set at 70 degrees. The 3- wheel bike has a flat tube and bent rim; left at Johnson Oil. Sheran and Krissy were notified of this. Upcoming appointments are 6/10- F/u with Jeremy H with fasting labs. And 6/3- foot care clinic. Family asked about bringing him to Memorial Day services in Warren. The staff did not bring him.

- Weekly, Robert will independently prepare a nutritious, main entrée of his choice using a simple recipe.
- Robert will explore a variety of leisure activities he can do at home by monthly choosing a new activity to try.

TG – Cleaning areas of the house when staff arrives, or has partially done, meeting 1x a week still as has not been able to correlate another day yet with her work schedule and staff schedule. Gets off task when staff arrives and needs reminders to keep working/cleaning as wants to talk.

- Tabitha will complete one housekeeping task in her home to clean and organize

- Tabitha will prepare a healthy food item once a month with staff assistance.

DH – (Liz reported) Helped with laundry on 5/20 and 5/26. Had 14 pair pants to wash, and had urine smell. (Janelle reported) Quite a bit of laundry on laundry days, lots of soiled items, Deb does not do as much as she use to assist with as arm is pretty immobile and in a lot of pain. Continues to fill meds every other week with verbal prompts of the medication and time. Deb does very well with this. Went to Halstad on May 14th for dental cleaning and found 2 cavities, June 3rd date for filling. May 19th went to Sanford TRF clinic to see Dr. Piatt from Fargo orthopedics to see what to do with shoulder, he went over all information with her from her xrays and MRI and she wants to have the total shoulder replacement done, she would be in a nursing facility for some time after as she cannot use walker for 3 months after surgery due to weight bearing abilities with this surgery and Deb understands this. No surgery date set as of yet waiting on call from surgeons scheduling dept. Assisted Deb with shower on 5/30 as gal that usually does this was not available. 6/3 Halstad dental appointment for fillings, they were only able to do one so has to go back next month July 10th for the other one, eye exam June 11th.... Soiling herself?...Smoking?

- Once per week Debra will go to the grocery store to purchase her groceries
- Every other week Debra will accurately set up her medications in her pill boxes
- Each month, Debra will participate in socialization/leisure outing of her choice, with staff in the community

MH – Dietician and diabetes educator appointments on 5/6, all went well as they were impressed with her blood sugar and A1C. Melissa said she feels better with lowered blood sugar and losing weight. The dietician does not want to see her lose more weight so to eat a high protein diet; she likes high protein yogurt drinks. 5/16 seen Dr. Holm for diabetes follow up and he was very pleased at her A1C but still feels there is room for improvement, so he changed her insulin to a high concentrated insulin Humulin 500 that she takes 2x a day only (with her first meal of the day and then supper time). And to continue the Ozempic regimen. Kidneys are stable right now with the chronic kidney disease she has. Seen her therapist on 5/13 Keegan, went to NVHC on May 21st with cough, ruled out covid and flu, sent home to rest and drink fluids, went to NVHC again on 5/26 with body aches and headache and sinus issues, Covid and flu ruled out and diagnoses of sinusitis and put on antibiotic 2x a day for 7 days. Filled out job application for Dollar General with ODC job coach. Wants to attend the Special Olympics this summer in TRF. Transportation? New goal of filling all her AM and PM medications with staff assistance. Eye appointment on June 17th. Attended the Norskies Foundation dinner and dance with housemate and peers. She knew a lot of people there from camp ect. She had a great time. Foot care clinic on 6/3 and out to breakfast with housemate, staff and peer.

- Weekly, Melissa will set up her medication
- Melissa will complete her daily and weekly cleaning tasks for her CPAP machine

EJ – 5/8/25- Saw Dr. Ayyadyrai, Cardiology. Weight 236#, orders for Echo, follow with cardiology as needed. Nicotine patch once daily. 6/2/25- Saw Jill Smith NP, annual physical, and establish new patient. Labs done on 5/21. A1C is 6.1, F/u in 6 months. Jill stated hard to determine how much nicotine using, would like him to put on patch consistently. Jill would like update in a month on smoking. Suggestions on monitoring this. Upcoming appointments are 7/22-Echo, 7/29- pulmonology. He is smoking at least 5 cigs a day. Goal to smoke 5 cigarettes or less a day. He has not been putting on Nicotine patch. 5/19 - attended birthday party for peers at Main Street in Warren. Money at office he has \$20 a week for spending. Foot Care Clinic called and canceled him for this month. 6/11- Megam Wedding field at the office via zoom.

- Each month, Ernie will choose an outing he would like to participate in that promotes socialization with staff and other individuals and peers in the community.

AK – Have not met with in May, have texted her and asked her to wash clothes and dishes weekly. Cleaning company and public health coming to place on 6/3/25.

- Twice a month, Amanda will work on unpacking boxed up items in her extra bedroom or cleaning out what is left in her storage unit.
- Twice weekly, Amanda will complete housekeeping tasks in her home

PK – Have not worked in May. Meeting on 6/11/25

- Polo will prepare the evening meal for him and his mother twice monthly.

KL – May 13th – Went to TRF and picked up meds, groceries. Back at his home I noticed the fridge was moved over, causing the microwave to be pushed over the stove a few inches. Kevin said Pat had come over to do some “deep cleaning” and they had pulled out the fridge to clean underneath. She also got him to pick up all the clothes that were on the floor of his closet. He said he threw out the things that were old/worn out. Made lunch for him and a few meals for the freezer. May 20th – I had to reschedule the Dr Nupdal appt as the windshield wiper broke off as I was leaving town. I got it fixed though, so we went to TRF where Kevin wanted to stop for cigarettes. When he was still in the store, the store employee came out to tell me that he has been buying 2 power drinks (little ones) and goes to the bathroom and drinks them, every time. She said she knows he’s not supposed to be drinking them, so she thought I should know. When I asked Kevin, he denied it at first but then admitted it. We talked about the reasons why he shouldn’t and what the various doctors have told him. He said he wouldn’t do it anymore. Kevin also got a haircut/shave. I cooked scrambled egg and sausage for him for lunch. He had washed his dishes and cleaned the floor too. May 27th – TRF for the usual things. Made porkchops, dressing and mixed vegie meals.

- Twice a month, Kevin will assist staff in preparing a meal and/or bake.
- Monthly, Kevin will participate in a community outing, of his choice, that promotes socialization with others.

MP- No contact for the month.

- Each year, Michael will participate in 12 socialization outings with staff to interact with other individuals/peers in the community

SP – No contact for the month but has told staff in passing she wants to go on a girl outing

- Each year, Stacy will choose socialization outings she would like to participate with staff to interact with other individuals and peers in the community

GR – Keeping apartment fairly clean, does laundry on own without verbal prompts, likes to cook if time allows when we meet, had a filling at the dentist on 5/19, Did not get to cemetery before Memorial Day but did go on 5/27 and he placed a memorial at brother’s grave. Have not noticed any “mood” difference with a manic episode.

- Twice a month Greg will remove and wash his bedding

- Greg will clean out his refrigerator every other week
- Greg will participate in socialization outings, interacting with other individuals and peers in the community.

CS – May 6th and 7th, Chris was sick with a bad cold so no outings. May 14th - First Horse Therapy lesson. Chris got right up on the horse, and did well. He took his shoes off a few times but enjoyed the lesson. Afterwards we went to the DQ in Warren. When driving into the lot, Chris unbuckled and ran up to grab his shoes from the front seat. I reminded him he isn't supposed to do that, and he sat back down and buckled back up. May 22nd – Horse Therapy. Chris seemed tired, and a bit “out of it”. He did what he was told but there wasn't much enthusiasm or communication. At the Warren Park later, he went down the slide a few times and walked around the grounds with me. May 27th – We went to the Argyle Mall where he bought a sucker. He handed the teller the money and didn't try and take anything else. At the Warren Park later, he saw that there were kids swimming in the pool so we watched them for a bit.

- Once monthly, Christopher will participate in an activity that he enjoys in the community

JS – Bus system – We started at Hugo's in EGF, but it wasn't going where he wanted to, so we went to the bus station in GF and learned about how the buses run and got brochures on the routes. It costs \$2.00 for every time, and you must use the exact change. Then we went to Scheel's, McDonald's and back home.

- Once monthly, Jason will prepare a recipe new to him

CT – Botox procedure on 5/2 went well on 5/6 seen diabetes educator and dietician and things are well for Charlotte, continues goal of filling her medications. Went to NVHC on 5/28 not feeling well, however Covid and Flu and strep came back negative but possible UTI so put on antibiotics. Went to Grygla cemetery on 5/20 to put out memorials for her family. Next Botox November 2025. Went to the Norskies Foundation supper and dance and seen a lot of people she knew from camp ect. She had a great time. Foot care clinic on 6/3 and went out to eat with housemate, staff and a peer.

- Weekly, Charlotte will set up medications independently without errors 50% of trials.

AW – No meet in May, mom cancelled on a day we were to meet that Ariel had not been feeling well. Ariel's horse therapy starts in June on Tuesdays in the AM. Ariel wants to continue outings as much as able. She is having surgery June 6th on her VNS to recharge the battery. Would like to go to PRBC June 29-July 2

- Ariel will work on a leisure interest of her choice in her home, trying 3 different activities
- Monthly, Ariel will participate in a community outing of her choice

KW – Did not meet this month as she was “overwhelmed” with other things of OT, speech and doctor appointments and ARHMS worker from Alluma. Tried to get a date set but would not commit, have tried to set a date for June, yet again has not committed as this month staff cannot meet on the 3rd Friday of the month (June 20th) so I need a different day, she sent me her schedule and I replied with dates I had open that she has open and she has not committed for a meet day as of yet.

- Kat will complete one tie blanket in her 6 month review period
- Monthly, Kat will complete one housekeeping or organizational task

Next Staff Meeting is scheduled for: Wednesday, July 9th at 11:30a at the MCGH office.

STAFF MEMBERS PRESENT:

Name:	Position:	Name:	Position:
Kristal Walen	ADM	Liz Anderson	DCC
Cindy Gratzek	PS	Janelle Fick	DCA
Sabrina Deschene	PD	Mary Kay Stinar	DCS
JoAnn Saunders	LPN		

Authorized By: Cindy Gratzek, PS

Acknowledgement completed in STAR Services.

