

# Marshall County Group Homes, Inc.

## SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Melissa Hamrick**

Service plan review meeting date: May 21st, 2025

Time: 10:00 AM

Type of service plan review meeting (i.e. annual): **Semi-annual**

Location of meeting: **at ODC**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

### **A Review of Technology needs for the individual served:**

Melissa has a medication machine, bilateral hearing aids, Dexcom 7 for blood sugar monitoring, and a cell phone she is able to use independently.

### **A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made**

Melissa has been setting up her medication caddy with verbal prompts and would like to continue to work on this. Melissa sets up her PM medications with staff observance while staff set up AM medications. Melissa would like to work on doing both AM and PM with staff assistance in going forward.

### **Changes needed to the Support Plan Addendum, Intensive Self-Management Assessment, or other document in the service plan, include, if any:**

Support plan addendum: updated current outcomes and updated team contact information for the ODC, and MCGH  
All plans updated for current dates and team members

### **Discussion regarding person-centered program planning:**

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences?**

*Services that Melissa has through MCGH work with her to build the skills she needs to continue to live independently. Melissa has stated she would like to work on learning to fill her medication machine. Melissa states she realizes how important these are for her health. Melissa has stated she would like to seek employment and mentioned she would like to work at Dollar General and the ODC is currently working on this with her.*

What are the opportunities **for community access, participation, and inclusion** in preferred community activities?

*Melissa has support in place, both formal and informal, that assist in participating in activities that she enjoys. Melissa is involved in the community and aware of events coming up she would be interested in participating in. MCGH will assist her in coordinating transportation to the event as needed.*

What are the opportunities to **develop and strengthen personal relationships** with other people of the person's choice in the community?

*Melissa lives independently in her community with a roommate. Melissa has a strong connection with many members of her family. Melissa is able to spend time with whoever she pleases due to her independence.*

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?

*Melissa has stated she would like to find a job where she would be able to work part time. She mentioned at her meeting that ODC assisted her with an application for Dollar General in Warren. She would like to work no more than 10 hours*

# Marshall County Group Homes, Inc.

a week.

**The person currently receives services in** (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**:

*N/A Melissa lives independently with periodic services to help her maintain her independent living.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:

*In the past, Melissa has tried some of the community jobs being completed by attendees at the ODC. She was not physically able to complete the ones that they continue to do all year round. Melissa did enjoy and did well at the golf course job in previous summers, but that is not a job the ODC kept. Melissa is interested in finding a job in the community with a job coach. Melissa stated she was interested in a job in the community, the ODC in in progress with this for Dollar General.*

Describe any further research or education that must be completed before a decision regarding this transition can be made: ODC will coordinate

## **Other meeting discussion notes:**

Medical: January 13<sup>th</sup> Melissa had a superpubic catheter put into place to reduce issues of UTI's and Melissa states she likes having this and has not been any issues. Melissa continues to see Dr. Holm, internal medicine. At her last appointment, Her A1C was quite a bit lower than previous and is going in the right direction for her, however Dr. Holm would like it to come down another point, Dr. Holm changed her insulin regimn and type she is now on a concentrated insulin which she takes only 2x a day instead of 5 shots a day. She is to continue the ozempic as she has lost quite a bit of weight, so she needs to eat a high protien diet to assist in maintaing her weight. Her kidney fucntion is no changes and is staying stable where it is currently. Melissa will see Dr. Holm again Septemberr 12<sup>th</sup>, Melissa continues to see Keegan her therapist at Sanford in Thief River Falls biweekly. Melissa has been overall healthy this period with no major illness. Annual eye exam scheduled for June 17<sup>th</sup> in warren.

**In Home:** Melissa has continued doing a great job keep her areas tidy at their apartment. She likes to work on cooking health and new recipes with staff. IHS staff will continue transporting Melissa to her medical appointments. Melissa may use a volunteer driver for some of her therapy appointments if one is avialable. It was discussed that IHS will bring Melissa to Grand Forks for some house needs shopping twice a month but would coordinate one of those trips with a medical appointment if possible. Melissa likes to do things together with her housemate so more 1:2 ratio hours are needed to which Melissa's case manager agreed upon increasing and adding more. Melissa would like to participate in Special Olympics in Thief River Falls, this was discussed, and case worker agrees to adding units for mileage reimbursement for Melissa to attend with IHS.

**Misc:** Melissa stated she has been working with the ODC and filled out job application for Dollar General for a few work hours a week.

## Marshall County Group Homes, Inc.

**ODC: Jenna** states Melissa is doing very well at the ODC, Melissa has filled out a job application for Dollar General. Melissa likes to cook healthy snacks and exercise while at the ODC and also wants to drink more water.

**Action Items:**

- **Jenna and Melissa reach out to Dollar General regarding job application status**

**Melissa's Annual meeting scheduled for November 19<sup>th</sup>, 2025 at 10:00 A.M. at the ODC.**