

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: *Debra Hangsleben*

Service plan review meeting date: 4/09/25

Time: *9:30am*

Type of service plan review meeting (i.e. annual): *Annual Meeting*

Location of meeting: *Landmark Community Room*

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served:

Front-wheeled walker, shower chair

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:

- 1. Debra will work on her independent living skills by completing her medication set-up in pill boxes every 2 weeks – Outcome to continue as written. Deb states it is very important to her that staff check her medications to assure she has set them up correctly and taking them as prescribed.*
- 2. Debra will participate in leisure activities of her choice 1x/month – Outcome discontinued on 4/9/25.*
- 3. Debra will work on her independent living skills by doing her grocery shopping with IHS Staff weekly. Plan for Debra to continue with her current goals as written - Outcome discontinued on 4/9/25.*

Changes needed to the Support Plan Addendum, Self-Management Assessment, or other document in the service plan, include, if any:

The following changes were made to Debra's Support Plan: Outcome focusing on socialization and another focusing on grocery shopping were discontinued. Outcome focusing on setting up her medications correctly will continue as written. List of Providers and list of Medical Providers was updated. IAPP: Self-Abuse - Debra has decreased her cigarette smoking to 1-2 cigarettes per day compared to smoking a pack/day. She is using nicorette lozenges and states this has helped her decrease her smoking. Her primary physician encourages her to quit smoking at every appt. Debra has lost some weight and admits that she feels better moving around. Staff encourage her to make healthy food choices while grocery shopping - more fruits and vegetables. Deb has refused to see a dietician for healthy eating and to prevent diabetes. SMA: Special Dietary Needs - Debra has lost some weight after her physician informed her she was not able to have surgery due to her weight. She continues to refuse to follow recommendations made by a registered dietician. Health and Medical Needs: Special Dietary Needs - Debra has lost some weight after her physician informed her she was not able to have surgery due to her weight. She continues to refuse to see a dietician. Other Health and Medical Needs - Debra has worked to decrease her smoking and lose weight following a "silent heart attack" and need for a stent on 1/3/25.

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain essential and life-enriching skills, abilities, strengths, interests, and preferences? *Debra is very social with other tenants of the apartment building she lives in. She will even cook meals for others sometimes. IHS assist Debra with outings, of her choice, in the community. IHS invite Debra to all planned community outings but she usually declines group outings.*

What are the opportunities for community access, participation, and inclusion in preferred community activities? *IHS provides Debra with opportunities for grocery shopping, clothes shopping, stores to purchase needed items and dining*

Marshall County Group Homes, Inc.

at restaurants of Debra's choice. IHS transport Debra to all medical appts.

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community? *Debra prefers to interact mostly with the other tenants in her apartment building.*

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community? *Debra denies interest in any employment.*

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**: *N/A Debra lives independently in her own apartment.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:
Describe any further research or education that must be completed before a decision regarding this transition can be made: *Debra denies any interest in seeking community employment.*

Other meeting discussion notes:

Admission Form and Data Sheet were reviewed. *Health information was updated. Her emergency contact remains Amy Bartels.*

Health: *See Appointment Form attached. See list of current medications obtained from Sanford MyChart attached. Debra did have a fall this past year, stating her legs just gave out on her. She was airlifted to Sanford Hospital in Fargo a few days later and was told she was having a "Silent Heart Attack" and did have a stent put in. She has an annual eye exam on 5/15/25. Debra needs a tooth filled but Dr. Khan, PCP needs to approve dental work first due to her having had a stent in 1/25. The cardiologist recommended no surgery for 6 months following having the stent. Debra is smoking 1-2 cigarettes/day now compared to a pack/day previously. She is using Nicorette lozenges 2-3 per/day and is no longer getting up during the night to go outside to have a cigarette. Debra is taking Tramadol (that was prescribed due to knee pain) for left shoulder pain. An MRI of her shoulder has been approved by MA. She will be seeing a surgeon for her shoulder following the MRI. She continues to get incontinence products monthly from ActivStyle. She does purchase a smaller package of product each month in case she runs out. Her shoes are in good condition. Her walker is in good condition and she purchases skis for the walker monthly. Deb has a person from Chore Services, Diane Johnson, that assists her with showering 3 days/week, trims her toenails and lotions her feet and she sweeps/mops the floors.*

Needs/Wants: *Debra would like to visit her mother's gravesite in May again. Debra's income taxes will be completed by Phil Thompson & Associates again this year. She needs a new shower chair as hers is too small for her, making it difficult to assist Debra with showering and is unsafe.*

In-Home Staff: *Janelle and Liz, IHS Staff work with Debra.*

Marshall County Group Homes, Inc.

Annual Meeting: April 15, 2026 at 9:30am at the Landmark Community Room