

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: *Vinette Leahy*

Service plan review meeting date: *04/17/2025*

Time: *12:00pm*

Type of service plan review meeting (i.e. annual): *Annual*

Location of meeting: *Warren ODC*

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served:

Vinette has custom fit orthotics for her shoes that she is to wear at all times.

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:

- 1. Vinette will attend church services or watch church on television (when there is inclement weather) two times per month. Outcome to continue as written.*
- 2. Vinette will unpack her lunch box when she returns from the ODC Monday-Thursday. Outcome to continue as written.*
- 3. New outcome: Vinette will have her nails polished x2/month.*

Changes needed to the Coordinated Service and Support Plan Addendum, Self-Management Assessment, or other document in the service plan, include, if any: *SP Addendum: New outcome - Vinette will strive to maintain her self-esteem. Two times/month, Vinette will have her fingernails groomed and polished, with staff assistance. Services and Supports - List of contacts was updated. General Supports - Staff provide Vinette with a pureed diet with honey-thickened liquids. Vinette's medications are crushed and given to her in yogurt due to her risk for choking. ISMA: Health and Medical Needs - To prevent choking and aspiration Vinette is on a pureed diet with honey-thickened liquids. Staff crush Vinette's medications due to her risk of choking and put them in yogurt. Personal Safety: Vinette did not have any documented falls this past year. Independent Living Skills: Vinette will take the recycling out to the receptacle in the garage, accompanied by staff. IAPP: Financial Exploitation - The Cedar North Direct Care Coordinator is balancing Vinette's checkbook monthly. List of those in attendance and date of the annual meeting was updated on all three plans.*

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**? *Vinette attends the ODC, Inc. Monday-Thursday which is a day program. She likes to go to church on Sundays and has attended several Sundays in the past year.*

What are the opportunities **for community access, participation, and inclusion** in preferred community activities? *Vinette participates in outings such as going to church, attending the circus, going out to eat, bowling, going to the movies, attending local community events - Marshall County Fair, community theater plays, free music at the park during the summer.*

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community? *Vinette has a "visiting friend" Becky Adrian that takes Vinette to her home one time/week and visits with her for an hour. She has a family in Roseau, MN that invites her to spend Christmas with them. She attends church services as able. Vinette loves to be around people and will agree to social events offered to her. She also shows*

Marshall County Group Homes, Inc.

compassion for her housemates and will spend time with them.

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?
Vinette denies any interest in competitive employment.

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**: *Due to Vinette's level of intellectual functioning and need for supervision she would not be able to live on her own.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:

Describe any further research or education that must be completed before a decision regarding this transition can be made: *Vinette denies any interest in competitive employment.*

Other meeting discussion notes:

Health: *A copy of Vinette's Nursing Summary prepared by Henrietta Linder, Residential RN is attached. Vinette has done very well on the pureed diet and never complains about it. Severe Thoracic Kyphosis has been added to Vinette's list of diagnosis. She did receive Physical Therapy exercises to do at home and has a back brace to wear a designated amount of time each day. Overall, Vinette has been in very good general health this past year. No documented falls.*

ODC Report/Goals: *Reviewed by Angel Moffett. Vinette's visiting friend, Becky Adrian has been visiting Vinette one time per week most weeks. She is taking Vinette to her home for a cup of coffee and an activity. Vinette looks forward to her visits with Becky. Angel reported that at the ODC Vinette is writing sentences, solo reading, exercising with verbal prompts, putting together jigsaw puzzles and coloring. A new outcome was discussed and Vinette agreed to start reading aloud to others.*

Residential – *Vinette is doing well residing on Cedar North. She does like to visit Cedar South occasionally, especially if a particular staff member is working that polishes her fingernails. A new outcome was discussed and Vinette would like to have her nails polished x2/month by staff on Cedar North.*

Other: *Georgianne informed the team that she is officially retiring in May, 2025 and will email the team the name of the new guardian appointed to Vinette. Cedar North DCC will forward Vinette's financials to Georgiann and Gerardo. Vinette plans to attend Park River Bible Camp this summer.*

Semi-Annual Meeting: *to be determined as Vinette will have a new appointed guardian in May 2025.*

VINETTE LEAHY ANNUAL 4/17/2025

Vinette's semi-annual was held on 10/17/2024. She continues to be on a pureed diet with honey thickened liquids. She continues to do well on this diet with minimal to no coughing during meals. Her weight a year ago was 176lbs and now on 3/6/25 she was 172.1lbs. Due to being on a pureed diet her meds are now being crushed and given in applesauce or yogurt. She has had no labs drawn over the past 6 months but will have lab work completed with her next physical which is due in July 2025. Her check for colorectal occult blood was negative and is to be repeated in October 2025. Vinette's blood pressures have ranged WNL over the past 6 months with diastolic ranging 57 to 76 and systolic 105 to 120. She is no longer having mammograms unless a concern arises. Vinette has a monthly assessment by the facility nurse to include a manual breast check, and they have all been negative. Vinette had a Covid-19 booster last fall (10/4/24) with no ill effects.

Vinette continues to be followed by dermatology for a dx of dermatitis. Her provider states she could have a flare at any time. She does continue to get occasional rash areas to face and various areas of body. These clear up with use of Triamcinolone cream to body PRN and Tacrolimus ointment to face PRN. She receives Cetaphil Moisturizing cream to her entire body BID. Her last appointment with dermatology was on 1/23/25 with no changes made and to return on 7/23/25. Staff do note frequent scratches and/or bruises to various areas of her body with source unknown. When Vinette develops a scratch or sore she tends to pick at the area not allowing area to heal naturally with staff needing to cover any accessible areas with a dressing until healed.

On 11/26/24 Vinette c/o right ankle pain with noted swelling to area. She was treated with ice packs, elevating her leg for periods of time, applying Aspercreme and administering Tylenol. This resolved by 12/3/24.

Due to increasing cervical kyphosis Vinette received a referral to PT and had her initial appointment on 11/14/24. PT developed a home exercise program to improve muscle strength and flexibility, for upper back strengthening to support her posture and slow down her weakness. He did tell staff they could use a soft collar 4 to 6 hours per day and recommended a thoracic posture brace which has been purchased. She returned to PT on 4/9/25 to receive instructions on use of brace. PT stated the brace is to be used as a posture training device and not for lumbar support. He placed her on a month-long wearing schedule with hours of use to increase weekly. After 1 month of training to use the brace for 1 hour at a time up 2 x daily to prevent poor posture with fatigue.

Vinette was receiving a body massage 2 x monthly with her last massage on 1/7/25. The massage therapist is in the process of retiring.

Vinette did receive an annual eye exam on 10/17/24. She continues with the diagnosis of myopia, presbyopia and dry eyes. No corrective lenses are needed and to continue with Artificial Tears to both eyes daily. She has mild cataracts with no treatment needed at this time. She is to return in 1 year.

Vinette had a dental exam and cleaning on 1/2/25 at Lone Oak Dentistry in Warren. The dentist did note a white patchy area cottage cheese like to lower left mucosa and had stated he would refer her to an oral surgeon. He was told that this has already been evaluated by an oral surgeon with area being benign. A copy of this report was given to the dentist for Vinette's dental records. She has her next appointment on 9/18/25.

Vinette sees Amber Deere for managing her psychiatric medications with last appointment on 11/7/24. No changes were made and she is to follow up on 5/8/25.

Vinette continues to have occasional incontinence of bowel but this has decreased in frequency.

Report by Henrietta Linder RN

4/16/25