

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Polo Knoll**

Service plan review meeting date: **December 9th, 2024**

Time: **2:00 PM**

Type of service plan review meeting (i.e. annual): **Annual**

Location of meeting: **MCSS**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served:

Polo has a phone that he can use independently.

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:

Goals Continue to be the same.

Changes needed to the *Support Plan Addendum, Intensive Self-Management Assessment*, or other document in the service plan, include, if any: Updates made to current dates and attendees from meeting

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**?

Polo has stated he doesn't mind doing laundry and taking out the garbage. He does minimal independent grocery shopping. Polo does some cooking occasionally and would like to keep doing that.

What are the opportunities **for community access, participation, and inclusion** in preferred community activities?

Polo walks around the community he lives in and knows the community well. Polo is able to walk to the grocery stores and gas stations to get the things he needs. Polo knows how to get to the homes of his friends and family. Polo is invited to events facilitated by MCGH and he attends when he is interested. Polo states he goes to his mom's work place from time to time.

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community?

Polo often walks to his maternal grandmother's to spend time there. Polo also is able to walk to his friends' homes in Warren. Polo's mother is often available to give him a ride when necessary. Polo sees his brother often and has recently shared he has been spending time with his paternal grandparents and occasionally visiting his dad on the weekends his dad is not working. Polo states going to his mom's work place from time to time.

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?

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Polo has stated he is not interested in a job at this time.

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**:

N/A Polo currently lives at home with his mother.

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:

N/A Polo has stated he is not interested in a job at this time.

Describe any further research or education that must be completed before a decision regarding this transition can be made:

None at this time.

Other meeting discussion notes:

Medical: Polo has not been consistently taking his medication. Polo has not been filling his medication machine and his mother states she is making sure he is taking his medications before she goes to work. Polo was asked to get a cord for his medication machine with his mom but does not want to use the machine and no cord has been purchased at this time. Polo is due for his annual physical. When discussing the need to maintain his preventative appointments. He shared he was concerned about having to do the testicular exam. His team explained that he could refuse this. He felt he would be comfortable completing his physical if this was the case.

Polo still has not had a dental exam. His case worker will let him, and his mother know when public health is doing another free dental clinic. He would have to go to Spectra as a new patient since he has not been there in over two years.

In Home Supports: Polo has been meeting with MCGH staff on the days that they normally meet with his mom. Staff have been meeting with Polo for up to 45 min before his mom is home from work on some days, however he prefers for when she is home. Polo is willing to work on tidying up his area. Polo realizes laundry is an issue and will go to laundry mate with staff to catch up if need be from time to time. His staff suggested Polo work on pick up the house before staff arrive so they can get straight to working on deeper cleaning tasks. Polo was amenable to this idea. Staff suggested it would be a lesser task if Polo were to pick up and tidy his area daily even just for a few minutes. The team suggested putting a reminder on his phone. Polo has cooked a couple times in the last few months but generally the kitchen is not in a state that is suitable to cook in. Polo has made meals for himself, but not necessarily for his mom as he usually does his cooking when she is at work. Staff have been working with Polo and his mom to put away food items as soon as they get home so they don't spoil.

The team checked in on Polo having a to do list with a couple small tasks for him to complete while his mom is at work. This doesn't seem to be happening consistently. Polo states he is not opposed to getting a few things done while he is home. However, with Polo's diagnosis of ADHD a large to do list may be overwhelming and he may struggle to stay on task with too much assigned at once.

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Polo does show his frustrations in yelling and swearing. This was brought up to Polo and the team asked him how he would like staff to address this when he needs a reminder to not use that language. Polo said he just wants staff to talk to him directly. The team stated that this would be the plan and Polo needed to try to accept this.

Home/Family: Polo shared some frustrations regarding communication with his mother. Polo still gets a little anxious when his mom hasn't come home at the time he expected her to. They talked some of it out but overall, the team suggested that his mom try to have a little more communication with Polo when she wasn't home as it seemed to really worry him when she didn't come home at the time she had planned to. Polo said he would appreciate more communication and be talked to directly. The team also reminded Polo that he needed to allow his mom to have her own one on one time with her boyfriend. The team asked if it would be possible to set aside some one-on-one time for Polo with his mother. The team also asked Polo if there were other people he could spend his time with when his mom was gone. He stated he goes to visit his grandmother often and from time to time has gone to his mother's work place to which was discussed as this should not happen often as that is her job. Polo has thought about going to spend the weekend with his dad when his dad was not working and he also said he could plan something with his brother in Grand Forks.

Polo shared that things have been going better with communication with mom's boyfriend. The team reminded Polo that he needed to be approachable and listen if he wants the boyfriend to treat him as a peer and not a child. Polo was reminded that he needed to try to accept redirection. The team suggested therapy to Polo to learn some communication and coping skills to manage relationships and frustrations, but Polo was not interested at this time. Discussion with Polo was had as to having a job to which he has no interest in at this time and does not want anyone to help him with this, however in further discussion Polo thought maybe he would get a job, but he has no ID. Polo needs a social security card as mother has misplaced his. Polo needs high school transcripts for proof of ID to get this, so he is to work on getting these from the school.

Polo really enjoys having his cat. He shared that he really cares for her but also said he does not enjoy emptying the litter box. Polo has become more aware of when the box needs to be changed and will do it with staff prompts. He does not have a scoop for the litter box, so they are just throwing all the litter out when it becomes saturated. They plan to get a scoop from the dollar store since they are inexpensive and will save money on litter.

Action Plan:

- Purchase new cords for medication machine-charge them
- Purchase scoop for litter box
- School transcripts

Next team meeting will be an annual meeting scheduled for March 19th @ 2:00 PM.