

# Marshall County Group Homes, Inc.

## SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Christopher Schoepp**

Service plan review meeting date: **Oct 10, 2024**

Time: **2:00pm**

Type of service plan review meeting (i.e. annual): **Semi-annual**

Location of meeting: **MCSS**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

### **A Review of Technology needs for the individual served:**

Christopher has an iPad that is able to use on his own for his own entertainment. Christopher has no additional needs at this time.

### **A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:**

Christopher has been consistently going to horse therapy, involving interacting with other people. Christopher seems to really enjoy horse therapy and has stated so when asked. Goal will be updated to state participating appropriately at horse therapy so he can continue to attend.

### **Changes needed to the *Support Plan Addendum, Intensive Self-Management Assessment*, or other document in the service plan, include, if any:**

No updates at this time.

### **Discussion regarding person-centered program planning:**

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**?

*Christopher likes being on the move. With staff, he will walk or bike. Christopher will be supervised doing the things that he enjoys. Christopher is still in high school in the special ed program. As part of his education, they work with Christopher to help him learn basic safety skills.*

What are the opportunities for **community access, participation, and inclusion** in preferred community activities?

*Christopher enjoys the parks in the community as places for him to walk and expend some energy. Christopher will be invited to events facilitated by MCGH and assist him in attending as he prefers. Christopher will be offered outings in the community he lives in such as going to the pool. Christopher is still in school.*

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community?

*Christopher is still in high school. The majority of his time spent building relationships with peers is during his high school hours. Christopher will be invited to attend MCGH activities with peers.*

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?

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*Christopher is still in high school.*

**The person currently receives services in** (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting:**

*Christopher still lives at home with his parents.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service.** Include a **statement about any decision made regarding transitioning to an employment service:**

*Christopher is still in high school and not interested in any employment at this time.*

Describe any further research or education that must be completed before a decision regarding this transition can be made:

*None at this time.*

## **Other meeting discussion notes:**

**IHS:** Christopher met with staff about once weekly through the summer. During the summer, after some behavioral issues, staff and parents agreed to change horse therapy time to be closer to the time he takes his ADHD medication. This resulted in significant improvement of therapy time, with Christopher following instructions more easily. Later in the summer, another medication change took place after the family saw an increase in behaviors again. Christopher seems to have a pattern of medication working for a while then not seeming so effective and a change being required. Medication changes are community through parents to staff. Full Semi annual report from staff attached to meeting min. Since school started, Christopher has been meeting with staff 3 days weekly following school. On Wednesdays he gets picked up early and goes to horse therapy. Overall, this has gone well. Currently, Christopher does not qualify for respite care at one of the local CRS homes due to his age.

**School:** Recently, school has been difficult for Christopher. Per report from parents, there are limited paraprofessionals that do well to meet Christopher's needs. There have been multiple behavioral incidents at school and at home as well, recently. Christopher has been hitting or slapping more. Christopher got thrown into the lockers by a peer at school as well.

**Misc:** Christopher's older brother Jacob has occasionally taken him for respite care. There are not many people currently that are able to take him for respite care. Chris's parents share that they have a hard time with people continuing to care for him after he has shown some aggression.

Parents shared that they were not completely satisfied with Chris's current psych med provider as she doesn't spend much time listening when they take him for an appointment. The team suggested another provider they had been happy with in other areas of MCGH. Christopher's parents were going to research and decide if they would like to make a change in provider. They felt strongly about making sure he could keep his current PCP and wanted to make sure this could still happen before switching psych med management. Christopher also has a history of having aversive reactions

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to many psych medications. He has done the genetic testing to see what medications would work best for him and there were not many medications suited to him.

**Annual meeting to be scheduled for April 2025.**



## CHRISTOPHER'S SEMI-ANNUAL MEETING

Oct 10, 2024

Christopher has been to various places in the past 6 months. He enjoyed going to the Library, until May 14<sup>th</sup>, when he did not want to leave. He was playing with the stuffed animals and decided to try and flush a large Grover puppet down the toilet, twice. We stopped going there after that.

May 14<sup>th</sup> was the start of Horse Therapy. We started off getting to know the horse and leading him around. The first few times, Chris was more interested in the stones and throwing them. He would brush the horse a little, then throw the brush. He would throw his shoes too. Eventually, he began helping to lead the horse around, and soon did it on his own. He also painted his horse for a bit a few times.

June 5<sup>th</sup>, he rode a horse for the first time. He looked a little nervous at first, but not for long. The next 2 sessions he was still distracted by everything around him other than riding. His attention span was very short.

June 26<sup>th</sup> was when he started doing much better. His lessons were changed to 9:30am and soon he was listening well and really enjoying the lessons. He would still try and grab things from people sometimes but would stop when he was asked. He would lead the horse on his own and had fun going through obstacles and playing games. July and August went very well!

The beginning of September was when he started fixating on his underwear. I found that if I pretended not to notice he didn't do it as much.

Sept 9<sup>th</sup>, we went to Tru Value. He did try and grab at something, so we went right out and had a talk and tried again. He did much better, and he bought a sucker.

Oct 3<sup>rd</sup> I took him to the gas station to buy a treat. We talked about it before going in and he did really well bringing his item to the counter and letting her ring it up. He followed directions the whole time.

October 2<sup>nd</sup>, he had a "so/so" day at school. At Horse Therapy he tried to bite open a corn hole bag, and he put a balloon he popped into his mouth, pretending to eat it, and then pushed it up his nostril, laughing the whole time. Wendy decided to tone things down and just walk him around. He did fine riding then. Afterwards we went to the park, he saw someone on the swing and he went to swing too. Then he jumped off and grabbed her drink that was next to her and tried to drink it.

Oct 10<sup>th</sup> – We took Chris on a trail ride. He wore his cowboy boots and had taken Wendy's gloves from her to wear. 5 min into the ride, they all went flying into the ditch. 😊

Early on, Chris tried slapping at us several times, thinking it was funny. After a bit he settled down, but then started slapping his horse on the neck. Wendy asked him to do it softly, showing him how, but he did it several more times.

Afterwards we went to the park to walk around and hopefully burn off some of his energy. While we were walking around, he ran up behind me and slapped me on the back very hard. I firmly told him he is not supposed to hit people. He stopped laughing and didn't try it again. We walked back to the van and I talked to him about listening and keeping his hands to himself.

Outings have included going to various parks, Argyle mall, my home, Marshall Place and River Place, Crookston and McDonald's in EGF.

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