Individual Name Jeanette Thomson
Date of Birth 02/10/1965

Personal Focus Worksheet

Status	Approved
Form ID	PFW-MCGHMN-NDM4QMQZA4RQT
Time Zone	US/Central
Entered By	Sabrina Deschene, PD on 11/19/2024 11:54 AM
Last Updated By	Sabrina Deschene, PD on 11/21/2024 10:51 AM
Submitted By	Sabrina Deschene, PD on 11/21/2024 10:51 AM
Approved By	Sabrina Deschene, PD on 11/21/2024 10:51 AM

Individual	Jeanette Thomson
Start Date	11/13/2024
End Date	10/31/2025

Section I : Describes what is important to this person from his/her perspective

Question 1

Describe the relationships in this person's life:

Jeanette's daughters Nicole Johnson (POA) and Erin Reinke are important to her. She has 6 grandchildren that she enjoys spending time with.

Agenda Question: Are there any relationships that should be developed or changed?

Nicole lives in East Grand Forks and is very directly involved in Jeanette's life. She communicates with her via her tablet most days. Her other daughter, Erin, lives in Missouri so it is not as easy to stay close with her. She can use her tablet to contact her as well.

Question 2

Describe what this person enjoys and list his/her interests:

Jeanette enjoys playing UNO, Skip-bo, using her tablet, making phone calls with family, playing yahtzee, and playing puzzles. Jeanette enjoys outings especially involving music and enjoys going to the movies if it is a movie she is interested in.

Agenda Question: Which of these interests are not happening as much as the person would like? From the team's perspective, which of these interests, if any, need to be limited?

No limitation needed at this time.

Question 3

Describe what this person dislikes:

Nothing was able to be listed at this time.

Agenda Question: Which of these dislikes needs to be explored, changed or stopped?

Question 4

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Describe what this person wants to accomplish in the future:

Jeanette's largest goal is to maintain her strength and manage her pain to have a good quality of life as her disease progresses.

Agenda Question: What steps could be taken over the next ISP period to move toward these goals?

Staff will assist with strengthening exercises as Jeanette allows in order to assist her in being as independent as possible. Staff will advocate for her as they work with her to manage her pain.

Question 5

List and describe what is most important to this person from his/her perspective:

Maintaining quality of life and independence is Jeanette's biggest goal.

Agenda Question: What is most important to this person that is not happening or needs to be strengthened?

Staff and Jeanette need to learn each other so that staff can support Jeanette in her independence as much and as safe as possible.

Section II : Describes what is happening in this person's life from anyone's perspective

Question 6

Describe what people like and admire about this person:

Jeanette is pretty easy-going, kind and prides herself on having been a hard worker in her past

Agenda Question: Could any of these qualities be strengthened?

It is priority to appreciate her kindness and know that she will be easy-going and that may interfere with her ability to advocate for herself at times.

Question 7

Describe how this person interacts socially with others:

Jeanette enjoys being part of the conversation and being out in her home where others are. Jeanette enjoys getting out of the house for errands and outings.

Agenda Question: Does anything about this person's social interactions need to change or be enhanced?

Jeanette struggles with her speech on some days. She does well when asked to repeat herself or reminders for her to speak up to be understood. This occasionally can inhibit her social interactions.

Question 8

Describe any of this person's spiritual, religious, and/or cultural considerations:

Jeanette enjoys attending or watching a church service but isn't in the habit of practicing regularly. She does not have any specific denomination she prefers.

Agenda Question: Are there any spiritual, religious, or cultural considerations that need to change or be enhanced?

Question 9

Describe this person's living arrangements:

Jeanette has just moved into this waiver home with three other housemates. She has her own bedroom and lives about 30 miles from her daughter that is most helpful with her life.

Agenda Question: Is there anything about this person's living arrangements that needs to change or be enhanced?

At this time, we are all learning what Jeanette needs.

Question 10

Describe this person's employment/alternative to employment program/school:

Jeanette is not interested in employment at this time.

Agenda Question: Is there anything about this person's employment/ATE program/school that needs to change or be enhanced?

Jeanette's preferences are appropriate for her progression of her physical disability.

Question 11

Describe how this person communicates and the supports he/she needs with communication:

Jeanette is able to speak but has limitations and it takes some getting to know Jeanette to understand her well. Jeanette often needs to be asked to repeat herself or to speak up so others can understand her.

Agenda Question: Are there any supports that could change or be enhanced that would improve this person's ability to communicate with others?

We are waiting on a referral from speech therapy to discuss a communication device.

Section III : Describes what is important for this person from the perspective of those who know and care about this person

Question 12

Describe what is needed for this person to be healthy and safe:

Jeanette needs assistance with preparing meals, completing ADLs and transfers. Jeanette is currently in need of her own walker and wheelchair. She requires a gait belt and at least a one person assist for transfers.

Agenda Question: Does anything about these supports need to change or be enhanced?

Currently working on establishing a home safety plan with OT. OT is continuing to meet with her at this time to

establish goals to maintain her strength and independence.

Question 13

Health Information:

Jeanette has a diagnosis of huntington's disease and secondarily chronic kidney disease. Due to her primary diagnosis, she has limited speaking ability, and motor function. She has dysphasia which requires her liquids to be thickened and food cut up appropriately.

Question 14

Describe any supports this person needs to participate in activities that are important to this person:

Jeanette needs physical assistance and staff accompaniment when out of the home. Staff may need to assist her with some activities that require some fine motor skills.

Agenda Question: Does anything about these supports needs to change or be enhanced?

As we get to know Jeanette, this may need to be updated.

Section IV : Describes what would enhance this person's life from anyone's perspective

Question 15

What could improve this person's ability to be independent?

Assistance and reminders for exercises to maintain strength as well as having patience to allow her to do the things she can do herself so that she maintains those areas.
Jeanette uses adapted plates and cups to allow her to maintain her indepedence eating and drinking. She could use a communication device to decrease her dependence on others to communicate for her.

Question 16

How could this person be more involved in activities or events in his/her community?

Jeanette is new to this community so informing her of what events are going on and assisting her in attending ones she is interested in will be important for her to learn her preferences.

Question 17

What would improve this person's ability to increase his/her income?

Due to Jeanette's physical disability, this is not an option for her at this time.

Question 18

What would improve this person's ability to contribute to his/her household and/or community?

Jeanette would require physical assistance from staff for her to be able to contribute to her community as she is interested in it.
Jeanette can contribute to her household by getting to know and understand her housemates and participating in games and activities with them as she is interested.

Question 19

What does this person want to learn?

Jeanette does not have any interests to learn at this time.

Question 20

What does this person need to learn?

At this stage of her life and her disease progression, Jeanette does not have anything she needs to learn aside from maybe the layout of her new home.

Section V : Describes any conflict between important to and important for this person from anyone's perspective

Question 21

Describe any areas of conflict between health and safety supports and what is important to this person:

Dysphasia-
Jeanette's liquids are all thickened to nectar thick aside from her can of Coke she has daily. Her medical team understands that this is important to her to have this daily. Jeanette also enjoys her coffee but is aggreeable to limiting herself to one cup daily to limit the amount of caffiene she intakes to avoid bladder spasticity.

Section VI : Comments

Question 22

Describe any additional comments:

Jeanette likes her nails painted. Her favorite color is purple. She is often cold and appreciates layers and blankets to stay warm.

People who contributed to this Personal Focus Worksheet

Participant	Relationship with the Individual
Nicole Johnson	Daughter, POA
Sabrina Deschene	Program Director
Jeanette Thomson	
Linda Emery	Case Manager