

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Ariel Wick**

Service plan review meeting date: *November 20, 2024*

Time: **9am**

Type of service plan review meeting (i.e. annual): **Quarterly**

Location of meeting: *Marshall County Group Home Office*

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served: *Ariel wears prescription eyeglasses and has a Vagal Nerve Stimulator(VNS) implanted for seizures. She has a cell phone and is prescribed a CPAP Machine that she is using. In Sept. 2024 Ariel had a contraceptive implant put into her left arm – it is good for 3 years.*

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made: *Outcome to continue as written. Asked Case Manager for more units for 1:1 time and 1:2 time for Ariel.*

Changes needed to the Support Plan Addendum, Self-Management Assessment, or other document in the service plan, include, if any:

No changes made to SP, ISSMA or IAPP at this meeting.

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain essential and life-enriching skills, abilities, strengths, interests, and preferences? *Ariel is a student at Warren Alvarado Oslo High School in Warren where she is enrolled in streamlined and special education courses. She participates in socialization outings with the IHS Program and is involved with many activities with her family members.*

What are the opportunities for community access, participation, and inclusion in preferred community activities? *Ariel is free to choose which planned IHS outings she would like to participate in in the community such as bowling, going to a movie, going out to eat, watching county parades, going to the public library, swimming at a local pool, etc.*

What are the opportunities to develop and strengthen personal relationships with other persons of the person's choice in the community? *Ariel is encouraged to interact with other IHS participants that are her age while on planned community outings.*

What are the opportunities to seek competitive employment and work at competitively paying jobs in the community? *Ariel is a 10th grader at WAO School this 2024-2025 school year. During her meeting she stated she would like to work at a gas station in Warren, stocking shelves. Molly Spindler, Case Manager said she will call Ariel's SpEd teacher at school to ask if the teacher or Molly should contact Rachel Loraas, Voc Rehab Services to initiate services for Ariel.*

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a summary of the discussion of options for transitioning the person out of a community setting controlled by a provider and into a setting not controlled by a provider (residential services). Include a statement about any decision made regarding transitioning out of a provider-controlled setting: *N/A Ariel lives with her parents in a*

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home in Stephen, MN.

Provide a **summary of the discussion of options for transitioning from day services to an employment service.**

Include a **statement about any decision made regarding transitioning to an employment service:**

Describe any further research or education that must be completed before a decision regarding this transition can be made: *Ariel is in 10th grade at Warren Alvarado Oslo High School. A call to Voc Rehab Services will be initiated by Ariel's teacher or her case manager.*

Other meeting discussion notes:

Health: *Ariel's mother reported that Ariel has not had a seizure since Feb. 2024 and felt she was at a good place with her medications now. The school noted that Ariel is pretty tired in the afternoons so Angela (Ariel's mother) talked to Ariel's psychiatrist and it was decided to put her noon dose of diazepam 'on hold' as of 11/13/24. She has an appointment with Dr. Heidi Currier at the MN Epilepsy Group Center on March 10, 2025. She is seeing Dr. Mooney, Therapist every other week on Tuesdays now as things have been going well for Ariel. Angela stated that Ariel is using her CPAP machine nightly.*

IHS: *Ariel had one outing this quarterly review period. The outing did not go well as Ariel did not have enough money along to do everything she wanted to and did not understand why she could not shop and go out to eat. Ariel's mother stated that she will send any medications with IHS Staff that Ariel is prescribed, when IHS is providing services during the prescription administration time. Also, the Diazepam (noon dose currently 'on hold') and Olanzapine will be sent. IHS staff have a magnet for her VNS to use in the event Ariel has a seizure. It was decided that Ariel would participate in two outings/month with HIS Staff (1:1 ratio) and 4x/year with another IHS Individual and IHS Staff (1:2 ratio). Molly will add 24 units/year for 1:2 and 32 units/month for 1:1. The outings will be planned on the opposite week that Ariel has Horse Therapy. The plan is for Ariel to participate in Horse Therapy every other week during the winter months. Angela said it was okay if Ariel left school at 2p sometimes for outings and was okay if she went on outings during the week.*

School: *Ariel very proudly announced that she made the "A" honor roll this quarter at school. School is going well for her. She has an IEPP meeting next week. She has personal time after lunch every day.*

Home: *Angela reports that everything is going well at home. When she asks Ariel to do something, Ariel will say "okay" and do the task without any issue. She is going to bed and getting up in the morning without difficulty. Takes her pm meds at 7:30p and is in bed shortly after that. Angela stated they are following a routine and it working well. There has been no aggression. Ariel's hygiene has improved. She said she wants to dye her hair light pink and purple; Angela feels this is probably because a few students at the school have their hair dyed. Ariel enjoys baking and taking the baked goods to the school to share with her teachers and classmates.*

Horse Therapy: *Ariel will be participating in Horse Therapy potentially every other week during the winter months.*

Other: *Ariel has Respite Services with her Aunt Rachel; and will be starting PCA services to help her get read for school in the mornings. Molly, Case Manager announced she will be out on Maternity Leave December 2024 – February 2025. Stacy Laudal will oversee Ariel's case while Molly is on leave.*

Important to Ariel: *going out to eat and shopping*

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Semi-Annual Meeting: February 26, 2025, 9:00am at the MCGH office