

# Marshall County Group Homes, Inc.

## SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: *Stacy Pokrzywinski*

Service plan review meeting date: *10/17/2024*

Time: *9:00am*

Type of service plan review meeting (i.e. annual): *Annual*

Location of meeting: *ODC, Inc in Warren, MN*

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

**A Review of Technology needs for the individual served:** *No technology needed at this time. Stacy does wear prescription eyeglasses. She carries a cell phone but only uses it to call family; she will not answer it if she does not recognize the number.*

**A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:** *Outcome: Stacy will interact with other individuals/peers in the community by participating in socialization outings. This outcome has been discontinued as Stacy has achieved it this past year. Stacy stated she would like to learn how to cook. An outcome will be developed focusing on Stacy cooking at home x1/month with assistance from the Individualized Home Supports Staff.*

**Changes needed to the Support Plan Addendum, Self-Management Assessment, Individual Abuse Prevention Plan or other document in the service plan, include, if any:** *IAPP: Sexual and Physical Abuse – added that Stacy does carry a personal cell phone and would be able to call her parents if something were wrong or she needed help. Self Abuse – added that the MCGH Program Supervisor and IHS Staff have been assisting Stacy with medical appts out of town and reminding Stacy of scheduled appts so she does not miss them. Stacy and her mother agreed to having medication machines set up weekly by IHS Staff to ensure that Stacy is taking her medications as prescribed. SMA: added under Health and Medical Needs - Currently, Stacy's mother sets up her medications in a pill box but the plan is for IHS Staff to set up her medications weekly in a medication machine that will remind Stacy when it is time to take her medications. Stacy has a high pain tolerance and will only tell someone about her pain/injury/sore when the pain is extreme or if someone visually notices she is in pain. Staff remind Stacy the importance of telling someone if she has an open sore or has an injury. SP: Scope of Services: IHS Staff will be setting up Stacy's medications weekly, in her home, in a medication machine that will remind her to take her medications as prescribed. New Outcome: Stacy will learn to cook when following a simple recipe. Supports: IHS Staff will observe Stacy for any signs of pain or injury as she will not tell anyone if she has been injured or is in pain until the pain is extreme. Health Needs: Staff assist with scheduling, monitoring, and transportation to out of town dental and some medical appointments per parents request. IHS Staff will be setting up Stacy's medications weekly, in her home, using a medication dispensing machine (being ordered by her case manager).*

# Marshall County Group Homes, Inc.

## **Discussion regarding person-centered program planning:**

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**? *Stacy lives at home with her parents and brother. Stacy attends church with her mother. She is encouraged to participate in outings with the IHS Program that are of her choice. She does various community jobs with her father and brother, such as recycling and mowing. Stacy enjoys the independence of riding her bike in Warren during the summer months.*

What are the opportunities **for community access, participation, and inclusion** in preferred community activities? *Stacy accesses the community on a daily basis with her family, through the ODC and IHS outings. She makes purchases at the local grocery store and the Dollar General store in Warren.*

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community? *Stacy attends the ODC, Inc. Monday-Thursday. Stacy participates in planned IHS outings of her choice, with her peers – bowling, Monster Truck Show, Grand Forks Speedway, the hair salon and out to eat and personal shopping.*

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community? *Stacy has expressed an interest in working in the community. The plan is for an ODC Employment Specialist to work with her in seeking employment at a business in Warren, MN, where she resides. Stacy is paid for janitorial work she completes while at the Warren ODC.*

## **The person currently receives services in** (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**: *Stacy lives with her parents and brother. She has no interest in moving into an apartment or to live independently.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:

Describe any further research or education that must be completed before a decision regarding this transition can be made: *Stacy states that she would like to work in the community. The ODC does not have an Employment Specialist at this time but there are 2 job coaches. The ODC will assist Stacy in seeking community employment.*

# Marshall County Group Homes, Inc.

## **Other meeting discussion notes:**

*Annual meeting consents were signed.*

**IHS Report:** *Stacy participated in several socialization outings this past year. See attached Programmatic Report “Comments” section for a list of outings. Stacy’s outcome to participate in social outings has been achieved. She stated she would like to learn how to cook and agreed that she would like to do this in her own home with IHS Staff assistance. An outcome to be developed and implemented to assist Stacy in learning how to cook at home, following a simple recipe.*

**Health:** *A list of medical appointments and current medications was provided by the MCGH Program Supervisor. Stacy’s last eye exam was on 10/2/23; she can get new eyeglasses again in 2025. She is due for a dental exam. When discussing Stacy’s medications Janelle, IHS Staff suggested a medication dispensing machine for Stacy. Stacy and her mother were receptive to this idea and agreed that IHS Staff could fill the machine weekly at Stacy’s home. Nick Safranski, MCSS Case Manager stated he will order two machines for Stacy as she takes medications 2x/day. Stacy has been having leg wraps done weekly at NVHC by Erin McSperron, OT due to redness and swelling in her right leg. Stacy had a sore between her toes in May, 2024, was seen by Dr. Yuska, Podiatrist and he referred her to a Vascular Surgeon to determine the cause of the swelling in her leg. Stacy was not seen by Vascular Surgery until 9/6/24 as Altru was unable to contact Stacy. No cause of swelling or redness was determined but a referral was made for OT to do leg wraps to assist in decreasing the swelling. Stacy is to be fitted with compression stockings by the OT when the swelling resides.*

**ODC Report:** *Angelica presented an ODC Report, stating that Stacy will be starting a Food Safety goal with other individuals at the ODC. She stated that Stacy shared she wants to work at Dollar General. Currently, the ODC does not have an Employment Specialist but there are two Job Coaches available. Stacy is doing some janitorial work at the ODC that she is paid for.*

***Next Annual Meeting: Octoboer 15, 2025 at 9a, Warren ODC***