

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Alexander Taylor**

Service plan review meeting date: **11/05/2024**

Time: **10:00am**

Type of service plan review meeting (i.e. annual): **Intake Meeting**

Location of meeting: **Marshall Place**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served: *Alex has a cell phone that he is able to send and receive text messages on. The reception on the phone does not work very well as it was purchased in southern Minnesota. The service plan for this cell phone expires on 12/25/24 – Ruth Finseth and Molly Spindler will look into a phone plan for Alex.*

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made: *Outcomes will be discussed at Alex's 45-Day Assessment Meeting (date to be determined)*

Changes needed to the Coordinated Service and Support Plan Addendum, Self-Management Assessment, or other document in the service plan, include, if any:

IAPP: *Worked on during the intake meeting by Alex and Alex's IDT*

ISSA: *Worked on during the intake meeting by Alex and Alex's IDT*

SP addendum: *Worked on during the intake meeting by Alex and Alex's IDT*

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**?

Alex will be encouraged to work on independent living skills at home and to be as independent as possible. He is familiar with the community of Warren and is able to independently access businesses and family members.

What are the opportunities **for community access, participation, and inclusion** in preferred community activities?

He is familiar with the community of Warren and is able to independently access businesses and visit family members. He stated he would like to go to his younger brother's sporting events at the WAO school – he has a choice to walk to the school during warm weather months, ask a family member for a ride, Marshall Place staff may give him a ride or he can access the Tri-Valley Bus Transportation.

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community?

Alex expresses a strong desire to spend time with his family members – his mother and younger brother live in Warren; his older brother lives in the nearby town of Alvarado and his sister lives in Grand Forks, ND. His brother Connor stated he would like to have Alex come home over the weekend sometimes.

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?

Alex has been in contact with Rachel Loraas, Voc Rehab Services in Crookston, MN. He stated that at this time he wants to wait until he is settled in his new home before he starts looking for a job. Alex stated he would like to stock shelves at Supermarket Foods in Warren. Alex will contact Rachel Loraas when he is ready to seek employment in the community.

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The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**: *Alex would like to work on his independent living skills so that in the future he could have his own apartment and live on his own. Alex needs to work on independent living skills of preparing meals, money management, cleaning his room, doing his laundry.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**: *Alex is not enrolled in a day services program. He does have a contact person, Rachel Loraas, Voc Rehab Services when he feels ready to seek employment.*
Describe any further research or education that must be completed before a decision regarding this transition can be made: *It is Alex's decision when he feels ready to seek community employment.*

Other meeting discussion notes:

Interdisciplinary Team Members and Support: *Ruth Finseth, MCSS Adult Health Services; Molly Spindler, MCSS Case Manager; Rachel Loraas, Voc Rehab Services; ARMS worker with Alluma; MCGH Staff; Connor Strand, brother; Maddy Bugge, brother's fiancé; LoRayne Lora, mother*

Home: *Alex and the team decided that he could be alone at home and in the community for a maximum of 4 hours. He is to text staff where he plans to go in the community and an estimated time of return (this is for safety concerns). Alex is very excited to have his own bedroom and is moving into Marshall Place today.*

Medical: *Will need to have his prescriptions transferred to the Warren Pharmacy. Alex will set up his own medications with staff supervision to assure accuracy. His medications will be locked in the medication cupboard and Alex is to ask staff for his pillbox when it is time to take his meds. Alex sees Valerie Smith, Rural Psychiatry Associates via telehealth. Need to contact her today as Alex took his last Abilify last evening – Cindy to call. Alex has agreed that the MCGH Program Director or DCC can set up an AltruMyChart account for him. He would like to get a COVID and Flu Vaccine – Cheryl to contact NVPH to schedule an appt. Orders for Miralax PRN, Prilosec PRN and Zofran PRN need to be verified with Shane Skiem, PA at NVHC. Sabrina will do this.*

Finances: *Currently, Alex has applied for SSDI but it is not finalized. He has SNAP/General Assistance Debit Card. He understands that money is used to make purchases but would not know if he received the correct change. He said he used to be good at math but no longer is. He did have a checking account at Koda Bank in Stephen, MN but does not know the current status of the account. He will establish a new bank in Warren – Bremer Bank as it will be easier for him to access.*

Interests: *Likes to play on his gaming system, can remote in with his brother; watch movies; go out to eat; put together puzzles; read book series; spend time with his family; go to the library.*

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Access to Internet: *Alex is to have access to the internet – staff will enter the password into his gaming system. A restriction needs to be put on the internet as Alex has gotten on websites in the past that could have been potentially harmful to him (was talking in a sexual manner to Artificial Intelligence). MCGH staff to contact the internet provider to have a restriction placed on the group home internet.*

Needs/Wants: *Alex does not like to be asked to do more than 1 task/job at a time – ask him to take out the garbage and nothing more. He is easily overwhelmed when given several things to do at one time, he will freeze up and have difficulty answering questions. When he is nervous and is not able to say what he is thinking he will count the words on his fingers that he wants to say and will then be able to say it aloud. He needs reminders when it is his bath day and to change clothes (tends to wear the same thing for several days). He does not like whole mushrooms but is okay with having mushroom soup in a casserole.*

Team Meetings: *Alex and his brother Connor agreed to meet Semi-Annually. Connor would like a copy of Alex's reports sent to him prior to the date of the meetings.*

Alex's 45-Day Meeting date will be scheduled by December 20, 2024