

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: *Vinette Leahy*

Service plan review meeting date: *10/17/24*

Time: *12:00pm*

Type of service plan review meeting (i.e. annual): *Semi-Annual*

Location of meeting: *Warren ODC*

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served:

Vinette has custom fit orthotics for her shoes that she is to wear at all times.

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:

- 1. Vinette will attend church services or watch church on television (when there is inclement weather) two times per month. Outcome to continue as written.*
- 2. Vinette will put her lunch items into her lunchbox to take to the ODC Monday-Friday. Outcome to be revised so that Vinette is unpacking her lunch box when she returns from the ODC Monday-Thursday.*

Changes needed to the Coordinated Service and Support Plan Addendum, Self-Management Assessment, or other document in the service plan, include, if any: *Outcome revision was updated in the Support Plan.*

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**? *Vinette attends the ODC, Inc. Monday-Thursday which is a day program. She likes to go to church on Sundays and has attended several Sundays in the past couple of months.*

What are the opportunities **for community access, participation, and inclusion** in preferred community activities? *Vinette participates in outings such as going to church, attending the circus, going out to eat, bowling, going to the movies, attending local community events – Marshall County Fair, community theater plays, free music at the park during the summer.*

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community? *Vinette has a "visiting friend" Becky Adrian that takes Vinette to her home one time/week and visits with her for an hour. She has a family in Roseau, MN that invites her to spend Christmas with them. She attends church services almost weekly. Vinette loves to be around people and will agree to social events offered to her. She also shows compassion for her housemates and will spend time with them.*

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community? *Vinette denies any interest in competitive employment.*

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The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**: *Due to Vinette's level of intellectual functioning and need for supervision she would not be able to live on her own.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**: Describe any further research or education that must be completed before a decision regarding this transition can be made: *Vinette denies any interest in competitive employment.*

Other meeting discussion notes:

Health: *A copy of Vinette's Nursing Summary prepared by Henrietta Linder, Residential RN is attached. Vinette started on a pureed diet with honey-thick liquids on 8/16/24 following an evaluation with Diane Woolsey, Speech Therapist. She has done very well on the pureed diet and never complains about it. Vinette is scheduled for physical therapy to strengthen her neck muscles as she has a significant cervical kyphosis and her head is jutting forward. She has upcoming appts with Dermatology; Amber Deere, Mental Health Provider; and a teeth cleaning.*

ODC Report/Goals: *Reviewed by Angel Moffett. Angel agreed that if Vinette is incontinent of bowel movement that she can still spend the day at the ODC. Angel did ask for an extra set of clothes and a brief to keep at the ODC in case of incontinence. Vinette's visiting friend, Becky Adrian has been visiting Vinette one time per week most weeks. She is taking Vinette to her home for a cup of coffee and an activity. Vinette looks forward to her visits with Becky.*

Residential – *Vinette is doing well residing on Cedar North. She likes her bedroom and is used to it as she previously had the same bedroom when she lived on CN. She gets along well with her housemates and likes to assist with tasks around the house such as emptying garbage cans or sweeping the floor after supper.*

Other: *Georgianne updated the team that her Mail Code is 718 when addressing any mail to her.*

Annual Meeting: *April 17, 2025, 12:00p at the Warren ODC.*

VINETTE LEAHY SEMI ANNUAL MEETING 10/17/2024

Vinette's annual meeting was held 4/17/24. She has remained in fairly good health. Her appetite is good. Her weight a year ago was 179.2lbs, weight in April 2024 was 174.2lbs and present weight is 176.8lbs. Vinette has a history of eating very fast, not chewing her food adequately with cough while eating. With those issues and a noted increase in drooling it was determined she have a speech evaluation for her dysphagia. She was seen by speech on 8/16/24 with her diet changed to pureed foods, honey thickened liquids and to drink her liquids thru a straw. Vinette has done well with this diet. She has had little to no coughing during meals and Vinette has not c/o the diet change and it has not affected her appetite.

Vinette attended summer camp 6/24/24 thru 6/27/24. Upon return she c/o right ankle pain with swelling noted. She also had 2 bruises on her upper left arm and scratches on her abdomen, all with source unknown. On 7/4 and 7/5/24 she also c/o left knee pain. This all resolved with use of Asper cream, Tylenol PRN and elevated her legs when sitting. Vinette was initially seen by dermatology on 3/4/24 due to frequent scratching of her skin in multiple areas often causing breakage of skin with diagnosis of dermatitis. She presently is to have CeraVe applied to neck, chest, arms, abdomen and hips as well as hands including fingernails 2 x daily. She continues to require Triamcinolone cream PRN to skin areas when it is noted she is scratching with CeraVe cream to be applied on top of Triamcinolone. She also receives Tea Tree oil to her fingers/nails 2 x daily which has had an improvement with decrease in picking at skin around fingernails. She has a follow up appt with Rebecca Schultz, dermatology, on 10/23/24.

Vinette continues to have episodes of bowel/bladder incontinence and wears a pull up brief with staff assistance to pull brief up after toileting. Vinette has a habit of not sitting on the toilet stool long enough and will get up while she is still evacuating her bowels. It was considered that it might be helpful to use a timer when toileting which would cue her to sit for 10 to 15 minutes before getting up. On 8/21/24 the Polyethylene Glycol (Miralax) was discontinued due to frequent incontinence of large loose stools.

On 6/10/24 Vinette was seen at Family Chiropractic and was fitted for new shoe inserts which she received on 6/17/24. These are to be replaced on an as needed basis.

On 7/29/24 Vinette had her annual physical exam with fasting labs at NVHC by Jill Smith her PCP. The PCP did order the speech eval at that time and also ordered Vinette to start on a Scopolamine patch to be changed every 72 hours for the drooling which has reduced drooling significantly. She requested Vinette have a yearly eval by speech due to her dysphagia issues. The PCP stated her labs were excellent. The labs were as follows: Hgb

A1C was 5.5 (4-5.6%); TSH 3.43 (0.25-5); CMP all WNL except her fasting glucose was 128 which is high. A pre-diabetic glucose range is 100-125). The CBC was all WNL with her HGB at 14.6 (11.5-15.5). The lipid panel Cholesterol was 253 (50-200); Triglycerides 181 (\leq 150); HDL 46 (40-60); LDL 171 ($<$ 100). Vinette's last mammogram was 9/5/23. Due to having difficulty in obtaining a good view due to Vinette's discomfort it was determined she no longer have mammograms unless indicated. She continues to get a manual breast check monthly by facility nurse with no issues noted to date.

On 8/6/24 Vinette came home from ODC as she had a temp of 99.9 and c/o being stuffed up with a deep dry cough. She was given a PRN Theraflu and rested in bed. A Covid-19 test was done and was positive. She continued to be symptomatic and treated with PRN's as needed, increased fluid intake and rest thru 8/10/24 when she began feeling better.

Vinette had started c/o left hip pain on 8/6 24 when it was noted that she slept on her left side all night without repositioning herself. A mattress air-filled adjustable overlay to decrease pressure was applied to her bed as well as a rail on the outer side of her bed to allow for easier bed mobility as well as getting in/out of bed with assist. This has helped significantly. Staff also reposition her x 2 during the night as she is unable to adequately reposition herself without assist.

On 9/19 noted redness in her groin and buttock fold with PRN ointment applied. All areas were completely healed by 10/2/24. On 10/10/24 noted a sore on right thumb near her fingernail – Bacitracin and bandaid applied. On 10/11/24 noted she had scratches on both right and left shoulder with lotion applied. Due to diagnosis of dermatitis she does have an order from dermatology to apply Triamcinolone cream PRN to areas that are itchy or she is scratching due to recurrent dermatitis and apply CeraVe cream on top of the Triamcinolone cream till resolved.

On 9/20/24 Vinette was seen by her PCP with an OT referral obtained due to worsening of her neck kyphosis making it difficult to hold her head up. We are awaiting an appointment with OT.

On 10/4/24 a stool sample was taken to NVHC to test for fecal occult blood – this was negative. Her PCP requests this be repeated in 1 year.

Vinette received a Covid-19 vaccine on 10/4/24 by public health with no side effects noted.

Vinette continues to have occasional episodes of SOB upon exertion such as walking. She does recover nicely when at rest. This will continue to be monitored for any worsening or increase in frequency.

Vinette receives her dental care at Lone Oak Dentistry in Warren, MN. Her last appointment was on 6/20/24 with exam and cleaning done with no cavities noted. Her next appointment is scheduled for 1/2/2025.

Vinette receives annual eye exams at Warren Eyecare Center with last appointment on 5/23/23. Her next appointment is scheduled for 10/17/24.

Vinette has received psychiatric care by Amber Deere with last appointment noted on 4/24/24. She does have a F/U appointment scheduled for 11/7/24. Vinette has a diagnosis of Schizo-affective disorder and continues on Paroxetine and Risperidone daily. Diane's behaviors are quite well controlled. Vinette resided at Cedar South from 5/1/23 thru 8/1/24 at which time she moved back to Cedar North.

On 5/11/24 she made a statement regarding another housemate "She is too loud" and noted an increase in scratching self and biting/picking at her fingernails.

On 5/26/24 she scratched the side of her nose and bit at her left wrist.

On 7/16/24 while roommate was having behaviors Vinette stayed in her room and did not want to come to dining room to eat stating "She scares me; I don't want to walk past her". With staff reassurance she did come out and eat.

On 7/24/24 Vinette stayed outdoors and did not want to come indoors stating "I'm scared of her". Staff walked Vinette to her room.

Vinette moved back to Cedar North on 8/1/24. Since that time there has been only one documented incident of Vinette scratching her leg on 8/27/24 and no incidents of picking at her nails.

Vinette continues to attend ODC Monday thru Thursday weekly. She receives a body massage 2 x monthly. She receives a neck massage daily, completes an exercise program BID, rides her exercise bike daily, completes a finger board exercise daily and completes a walking program daily.

Appointment Search

Appointment Date	Appointment With	Specialty	Reason for Appointment	Description	Comment
8/16/2024	Woolsey, Diane	Speech Therapy	Coughing noted while eating		She will be on a pureed diet and honey thick liquids via straw.
09/20/2024	Smith, Jill (North Valley Health Center)	Primary Care	Consultation	to have neck checked for possible neck brace	The patient has a significant cervical kyphosis that seems to be getting worse. It causes some difficulty in feeding. She has trouble looking up and has to use her whole body instead of moving her head. We will refer her to Occupational Therapy for evaluation.
10/17/2024	Bienek, Stacey (Warren Eye Care)	Ophthalmology/ Optometry			
10/23/2024	Schulz, Rebecca	Dermatology	Follow-up Appointment	This appointment is rescheduled from August 22nd	
11/07/2024	Deere, Amber (Altru Clinic - Cavalier)	Psychiatry			
01/02/2025	Hanel, Travis / Dr. (Lone Oak Family Dentistry)	Dentist		Get her teeth cleaned	