

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Polo Knoll**

Service plan review meeting date: **Sept 24, 2024**

Time: **2:30p**

Type of service plan review meeting (i.e. annual): **Quarterly**

Location of meeting: **MCSS**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served:

Polo has a phone that he is able to use independently.

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:

Goals were not addressed at this meeting.

Changes needed to the *Support Plan Addendum, Intensive Self-Management Assessment*, or other document in the service plan, include, if any:

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**?

Polo has stated he doesn't mind doing laundry and taking out the garbage. He does minimal independent grocery shopping. Polo does some cooking occasionally and would like to keep doing that.

What are the opportunities **for community access, participation, and inclusion** in preferred community activities?

Polo walks around the community he lives in and knows the community well. Polo is able to walk to the grocery stores and gas stations to get the things he needs. Polo knows how to get to the homes of his friends and family. Polo is invited to events facilitated by MCGH and he attends when he is interested.

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community?

Polo often walks to his maternal grandmother's to spend time there. Polo also is able to walk to his friends' homes in Warren. Polo's mother is often available to give him a ride when necessary. Polo sees his brother often and has recently shared he has been spending time with his paternal grandparents and occasionally visiting his dad on the weekends his dad is not working.

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community?

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Polo has stated he is not interested in a job at this time.

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**:

N/A Polo currently lives at home with his mother.

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:

N/A Polo has stated he is not interested in a job at this time.

Describe any further research or education that must be completed before a decision regarding this transition can be made:

None at this time.

Other meeting discussion notes:

Medical: Polo has not been consistently taking his medication. He fills his med machine with assistance but it is not plugged in to alarm. His mother states she is making sure he is taking his medications before she goes to work. Polo was asked to get a cord for his medication machine with his mom.

Polo is due for his annual physical. When discussing the need to maintain his preventative appointments. He shared he was concerned about having to do the testicular exam. His team explained that he could refuse this. He felt he would be comfortable completing his physical if this was the case.

Polo still has not had a dental exam. His case worker will let him and his mother know when public health is doing another free dental clinic. He would have to go to Spectra as a new patient since he has not been there in over two years.

In Home Supports: Polo has been meeting with MCGH staff on the days that they normally meet with his mom. Staff have been meeting with Polo for up to 45 min before his mom is home from work. Polo is willing to work on tidying up his area. He has noted that the laundry is piling up. When they team asked if he would go with staff to the laundromat to get caught up, he said he would do that. They made a plan and his mom would arrange for him to have money to do so. His staff suggested Polo work on pick up the house before staff arrive so they can get straight to working on deeper cleaning tasks. Polo was amenable to this idea. Staff suggested it would be a lesser task if Polo were to pick up and tidy his area daily even just for a few minutes. The team suggested putting a reminder on his phone. Polo has cooked a couple times in the last few months but generally the kitchen is not in a state that is suitable to cook in. Staff have been working with Polo and his mom to put away food items as soon as they get home so they don't spoil.

The team checked in on Polo having a to do list with a couple small tasks for him to complete while his mom is at work. This doesn't seem to be happening consistently. Polo states he is not opposed to getting a few things done while he is home. However, with Polo's diagnosis of ADHD a large to do list may be overwhelming and he may struggle to stay on task with too much assigned at once.

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Polo does show his frustrations with yelling and swearing. This was brought up to Polo and the team asked him how he would like staff to address this when he needs a reminder to not use that language. Polo said he just wants staff to talk to him directly. The team stated that this would be the plan and Polo needed to try to be accepting of this.

Home/Family: Polo shared some frustrations regarding communication with his mother. Polo still gets a little anxious when his mom hasn't come home at the time he expected her to. They talked some of it out but overall, the team suggested that his mom try to have a little more communication with Polo when she wasn't home as it seemed to really worry him when she didn't come home at the time she had planned to. Polo said he would appreciate more communication. The team also reminded Polo that he needed to allow his mom to have her own one on one time with her boyfriend. The team asked if it would be possible to set aside some one on one time for Polo with his mother. The team also asked Polo if there were other people he could spend his time with when his mom was gone. He stated he goes to visit his grandmother often. He has thought about going to spend the weekend with his dad when his dad was not working and he also said he could plan something with his brother in Grand Forks.

Polo shared some frustrations he had around his mother's boyfriend, sharing that he would prefer her boyfriend speak to him directly when he has a problem with Polo. In the same sentence he also stated he would "tell him what's up" if he tried to boss him around. The team reminded Polo that he needed to be approachable and listen if he wants the boyfriend to treat him as a peer and not a child. Like speaking with the staff, Polo was reminded that he needed to try to be accepting of redirection or having a difficult conversation if he wanted to be approached directly. The team suggested therapy to Polo as a way to learn some communication and coping skills to manage all of these relationships and frustrations but Polo was not interested at this time.

Polo shared that someone in his family shared with him that his mom and her boyfriend may move him into a group home and this worried and bothered him. It was explained to Polo that he is his own guardian and that no one can decide that he move into a group home except himself. He seem relieved by this and stated he would never choose that. It took some time in the meeting for Polo to share that this worry had been weighing on him.

Polo really enjoys having his cat. He shared that he really cares for her but also said he does not enjoy emptying the litter box. During the meeting when discussing the cat responsibilities, Polo said he would try to do more to help with they cat. He does not have a scoop for the litter box so they are just throwing all the litter out when it becomes saturated. They plan to get a scoop from the dollar store since they are inexpensive and will save money on litter.

Action Plan:

- Purchase new cords for medication machine
- Purchase scoop for litter box

Next team meeting will be an annual meeting scheduled for Dec 9, 2024 at 2:00p.