

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: **Jeffrey Walen**

Service plan review meeting date: **Aug 21, 2024**

Time: **10:00a**

Type of service plan review meeting (i.e. annual): **semi annual**

Location of meeting: **River Place**

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served:

Jeff has a cell phone he uses to stay in contact with his mom. He needs assistance using it and making sure it is charged. Jeff has a Hoyer lift that is used for transfers and a powerchair that he uses to get around. He has his own shower chair that also fits over the toilet. Jeff has a hospital bed that raises and lowers with full rails on it. He has an alternating pressure air mat that lays over it to assist with pressure areas. Jeff has a cough assist machine that is used twice daily and a suction machine to assist when oral secretions become unmanageable.

Needs:

Jeff cannot use his chair independently most of the time as he has a hard time maneuvering it himself. Jeff has been in the process of trying out adaptive technology to assist him in. Currently, there is a hold up waiting for parts.

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:

Jeff has not been able to participate in his goal of going on a monthly outing due to his health. Goal to be changed to one outing twice a year. Jeff would like to focus on outings that are sporting events that he enjoys.

Changes needed to the Support Plan Addendum, Intensive Self-Management Assessment, or other document in the service plan, include, if any:

No updates at this time.

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain essential and life-enriching skills, abilities, strengths, interests, and preferences?

Jeff has control over his daily routine including what activities he participates in the home. Jeff is able to communicate his wants and needs. Staff assist Jeff with watching the things he enjoys on the TV, including making sure the games he wants to watch are on and that his daily schedule works around it.

What are the opportunities for community access, participation, and inclusion in preferred community activities?

Staff offer Jeff opportunities for outings of types of things he enjoys. As staffing and Jeff's health allows, they complete these activities.

What are the opportunities to develop and strengthen personal relationships with other people of the person's choice in the community?

Staff assist Jeff in facilitating his relationship with his mother. His mother visits most weeks and staff facilitate outings including his mother as they are able. Staff assist Jeff in maintaining his relationship with his daughter and step son as well.

What are the opportunities to seek competitive employment and work at competitively paying jobs in the community?

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Due to Jeff's physical disability, Jeff is not a candidate for competitive employment.

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a summary of the discussion of options for transitioning the person out of a community setting controlled by a provider and into a setting not controlled by a provider (residential services). Include a statement about any decision made regarding transitioning out of a provider-controlled setting:

Due to Jeff's physical disabilities and health needs, Jeff is not a candidate to change his living arrangements.

Provide a summary of the discussion of options for transitioning from day services to an employment service. Include a statement about any decision made regarding transitioning to an employment service:

Due to Jeff's physical disability, Jeff is not a candidate for employment services. Jeff is also not interested in attending a day program at this time.

Describe any further research or education that must be completed before a decision regarding this transition can be made:

None at this time.

Other meeting discussion notes:

Health: Henrietta reviewed Jeff's health report for the last six months (see attached). His appointments were reviewed including his hospitalizations (see attached). Jeff is in the process of adapting his chair to make it easier for him to use, currently waiting on parts. Recently, his overall intake including flushes was calculated to be over 4000cc, so orders from PCP were received to decrease his 5x daily water intake to 300cc. Sabrina will update Case notes in Therap to include moistening mouth and corrected shower days. Jeff is due to have dental work done while under anesthesia, the paperwork has been submitted and we are waiting on a date. Kristal has requested that Jeff only be seen for cleanings twice a year instead of the recommended quarterly appt due to the fatigue it causes Jeff. Kristal has made updates to Jeff's healthcare directive with input from Jeff. There is a copy in his main file with the group home and the medical appointment/emergency binder at the house. A copy has been given to his case manager.

Needs: The team discussed a "hospital recliner" for Jeff for him to sit up in when he wants to be up and out of bed but may be more comfortable than his powerchair. Janelle will look into waiver funding for this. Janelle will also have more peach disposable chucks ordered for Jeff.

Jeff's annual meeting is scheduled for Feb 19, 2025 at 10a to take place at River Place.

JEFF WALEN SEMI-ANNUAL MEETING – 8-21-2024

Jeff has had a difficult past 6 months as far as his health status. His annual meeting was held on 2/5/24. Jeff continues with his nightly G-tube feeding as well as pleasure eating as he is able. There are times that he has difficulty drinking oral fluids thru the straw. When eating, if he begins to cough, he will say he's had enough. On occasion, due to fatigue, he will be unable to eat with food pooling and running from his mouth. Jeff's weight on 1/2/24 was 160.9lbs and on 7/31/24 was 161lbs. Jeff is not to be fed in bed and is gotten up in his chair for meals. Jeff prefers soft, mashable foods that are easy for him to swallow. Staff will ask him what he would like for any given meal. Jeff receives the majority of his fluids and caloric intake via G-tube. The G-tube is changed every 3 months at NVHC. On 3/1/24 due to the G-tube being totally plugged he was sent to Interventional Radiology at Altru to have it replaced. It was replaced with a larger 16F G-tube due to recurrent plugging of tube. Most of his medications at this time are given in liquid form with the exception of those that are easily dissolvable and have had no further issues with the tube plugging. His last G-tube change was on 5/29/24 with next change scheduled for 8/29/24 at NVHC.

Jeff will at times be found to have a low-grade elevated temp in the morning and given Tylenol PRN with his temp remaining in normal range the rest of the day. (He tends to heat up easily especially at night). He often has a fan running in his room to circulate the air. Jeff is generally more alert in the morning hours but tends to become more fatigued as the day goes on. He is generally laid down to rest daily between 1pm to 3pm.

On 2/19/24 a urine specimen was taken to NVHC. Due to yeast noted in urine he was put on Fluconazole x 2 days. On 3/20/24 due to urine being dark, odorous with sediment a urine specimen was taken to NVHC and Jeff was placed on a 10 day course of Cipro due to a UTI. Jeff has his suprapubic catheter changed monthly by facility nurse. His last change was on 7/25/24 with the next change due on 8/22/24. On 4/24/24 reported to his PCP that Jeff was having increased issues with constipation and due to decreased ability with swallowing fluids orally there was a concern regarding his daily fluid intake. (Dr. Nicholson would like him to have close to 3000cc/day). He has a F/U appointment with Dr. Nicholson, urologist, on 12/17/24. Per PCP his daily fluid intake was increased to equal 3000cc/day to include what he gets from the feeding, the G-tube flushes with meds as well as the fluid intake of 450cc via G-tube 5 x daily. It was calculated that Jeff has been getting close to 4000cc/day of fluids. This was reported to PCP on 8/20/24 with order to decrease fluids from 450cc 5 x daily to 300cc 5 x daily which will bring him closer to 3000cc/day. At this time, Jeff wears a protective brief at all times due to incontinence of bowel. On 5/1/24 Jeff was noted to be congested with increased phlegm. He was given Mucinex which seemed to

help. On 5/10/24 Jeff bit his lower lip with bleeding noted. This healed without incident. He has Carmex applied to his lips 2 x daily for dryness. Jeff has a follow-up appt with his PCP every 3 months at which time his G-tube is changed. On 5/29/24 she requested a FIT test be done to check for colorectal bleeding. It was positive for blood in the stool which she stated could possibly be due to hemorrhoids. At this time family has chosen for Jeff not to have a colonoscopy. On 6/25/24 a small scratch was noted near his left eye with source unknown – this healed without incident. Jeff was seen by Dr. Edwards on 7/8/24 for his annual follow-up with no new changes and to return in 1 year. In the am of 7/11/24 Jeff was noted to be rigid, lethargic and appeared to have some difficulty breathing with low grade elevated temp. He was sent to NVHC via ambulance. He was then transferred to Altru hospital in Grand Forks, ND with a diagnosis of UTI, tachycardia and being septic. While hospitalized he was placed in ICU with need to be intubated and suctioned. He returned on 7/25/24 with all former meds to be restarted and to decrease Melatonin to 10mg daily at HS. He also returned with orders to use oral suctioning PRN as well as completing a cough assist treatment 2 to 3 x daily. Jeff does not like being suctioned or having the cough assist tx but is presently having the cough assist completed 2 x daily which he agreed to and is doing well with it. Jeff did not receive oral nutrition while at hospital but upon returning home is taking oral foods/liquids per his wishes and ability to swallow. Upon hospital return his suprapubic catheter was leaking significantly. The catheter was changed. When attempting to re-insert a 26FR with 10cc balloon I was unable to insert it into the tract. It was noted that while hospitalized they had inserted a 16FR catheter so the tract had become smaller. Was able to insert a 24FR catheter which was on hand but with some difficulty. The catheter has been functioning without issue. On 7/27/24 Jeff was noted to have a small blister on his coccyx – a dressing was applied and as of 8/20/24 he has a very small lite red 1cm area remaining but does not appear to be open. Jeff was started on Arginaid daily to aid in the healing process and continues with the dressing to area till completely healed. Jeff continues to be repositioned 2 x during the night and every 2 hours during the day. When in his w/c he is to be tilted back for 10minutes every hour to take pressure off his buttocks. Jeff had a post-hospital visit with his PCP on 7/31/24. She stated Jeff looks good with no changes made. Labs were drawn as follows: CBC -all WNL and HGB was 13.8 (13.5-17.5) – this was up from 12.2 on 7/25 day of discharge. The CMP was all WNL with exception of sodium slightly low at 136 (137-145). All lab levels had improved since 7/25/24 the day of hospital discharge. Jeff was placed on Clotrimazole cream BID x 7 days due to rash in groin area and has since healed. On 8/6/24 Jeff was not feeling well and somewhat lethargic and having a difficult time swallowing. He was assessed by nursing with all vitals WNL other than noting his mouth was very dry. It was determined to complete oral cares to moisten mouth every 2 hours and to put the Scopolamine patch on hold and observe. He has seemed more alert and have noted no increase in drooling. Did send a “my

chart" note to PCP on 8/20/24 and awaiting orders whether to resume the med or to discontinue. Jeff's PCP did discontinue the Scopolamine patch stating it likely caused him to have increased fatigue. He does have a follow up appointment scheduled with PCP on 8/29/24 and will have his G-tube changed at that time as well. Jeff had some noted moist respirations on 8/20/24 in am with Mucinex PRN administered and this seemed to help. On 8/8/24 Jeff was noted to have a sore on his right pinky finger, being treated with an antibiotic ointment covered with a bandaid. At present the area is scabbed over and healing nicely.

Jeff has been wearing his bilateral hand braces 2 x during the daytime hours for short periods which he prefers rather than wearing them thru the night. Due to the former braces having a poor fit, he received new braces on 3/21/24. Jeff had several appointments (3/13; 4/1 and 4/22/24) with Altru OT in attempt to trial a w/c where he could use head movements to independently navigate his w/c. Jeff would tire quickly and was unable to complete the side to side movements of his head. The OT did decide to explore other options such as putting the joy stick on the right side of his chair and putting a tray on his w/c to rest his arms. Staff are to continue with PROM to his head/neck/hands and fingers. I have no knowledge that another appointment has been scheduled. There was a short appointment on 5/20/24 but they stated all the parts had not yet arrived. Jeff did return from Altru hospital on 7/25/24 with orders for OT and PT. PT did come to the facility on 8/2/24 leaving a copy of exercises to be done with Jeff 2 x daily and they will treat 1 x per week for 3 weeks. Pt was discontinued after their visit on 8/20/24. OT came to the facility on 8/12/24. They also left a copy of exercises to be done with Jeff (2 to 5 reps) 1 to 2 x daily.

Jeff continues to be seen at Fergus Falls dental with his last appointment being on 5/13/24 with cleaning, x-rays and exam done. The dentist recommended a pre-med before dental appointments. It was noted that Jeff has many cavities of both upper and lower teeth. The dentist recommends OR dentistry with anesthesia to complete repairs. He ordered Jeff to use SF 5000 Plus cream 1.1% Sodium to be applied to his teeth daily for 2 minutes and then to spit it out and not to eat/drink for 30 minutes after application. This medication increases the resistance to decay and bacteria. He is to F/U in 3 months. Jeff's PCP did order for him to have Clonazepam 60 to 90 minutes prior to a dental appointment. She also stated Jeff could be sedated for his dental work but recommends that a CRNA and Respiratory therapist be on site due to the increased risk with MS. Jeff's next dental appointment is scheduled for 9/11/24.

Henrietta Linder RN

8/20/24

Appointment Date	Appointment With	Comment
03/01/2024	Smith, Jill (North Valley Health Center)	Jeff tube was plugged this morning. Staff took him to Altru's Interventional Radiology department. They changed his tube and put in a 16 fr. tube. He also had an x-ray done to make sure that the tube was in the right place. He should have the tube replaced 3 months from today.
04/01/2024	Sara, Occupational Therapy	<p>Jeff had an appointment to continue working with OT to learn the head array system. He was more consistent in being able to use the forward/backward capabilities. They started working with Jeff to use the turning capabilities as well. It seemed as though the coordination between what Jeff understood to do and getting his body to do it was taking a bit of time to connect.</p> <p>If Jeff were to practice intentionally turning his head the way that he was supposed to, it would help him in being able to use those same movements to use the head array system. Jeff has a sheet with the head movements he needs to be able to do and staff can assist in cueing him to turn his head one way or another to prepare for his next appointment.</p>
04/22/2024	Sara	<p>Jeff had his next appointment with OT to continue working with the head array system. He did better than his last appointment and was able to follow ques for moving his chair. However, as Jeff started to get tired, his muscle stamina quickly declined and he was having a harder time holding his head to the sensors, especially the ones on the sides. The OT was worried about the strain on his head and neck muscles and the stamina of those muscles. Therefore, his OT had concerns about this being the best long term solution and started brainstorming other ideas for Jeff.</p> <p>She eventually asked about placing his joystick right where his right hand likes to sit. This idea was pushed along when RPS shared that he had moved his chair on his own with his right hand crossing over to his left twice in the past few weeks. The will use a bar to hold the joystick and may try a tray to let his arm rest on. Luke and Sara will have a prototype for Jeff to try at his next appointment. The hear array system idea is not getting thrown out the window but other options will be explored.</p> <p>Staff are to continue doing PROM exercises on his head, neck and hands and fingers.</p>
05/06/2024	Sara, Occupational Therapy	Cancelled due to no parts

05/06/2024	Smith, Jill (North Valley Health Center)	
05/13/2024	Fergus Falls Dental Clinic	Jeff had his morning cares, meds, and was loaded in the van and went with staff to Fergus Falls for his dental appointment. Jeff ate very well at Perkins and even got a free piece of pie. He then went to his dental appointment for a cleaning, x-rays and exam. He is to continue with his usual regiment, and they will prescribe a toothpaste to use. They have asked if his Pre-med could be given 60-90 minutes prior to appointment. The DCC said that she would check with Jeff PCP. Jeff also has many cavities on the top and bottom of his teeth. They recommend that he goes to O.R. dentistry and be put under to have these fixed. The DCC said that she would have to mention this to Jeff's POA, and she will have to make this decision. The Hygienist said that Jeff's POA can call and talk with them on this subject. He is rescheduled to return in 3 months. Jeff came home to River after his appointment and ate his pie, he talked to his mom, had his nighttime cares and his now in bed.
05/29/2024	Smith, Jill (North Valley Health Center)	Jeff had his 3-month check up with his PCP. DCC brought up the dental appointment with the PCP. She said that if moving forward with dental procedure she recommends that they have CRNA and respiratory on site with his MS he is of higher risk. Jeff's PCP said that we can give him his PRN clonazepam 60-90 minutes prior to dental appointment. PCP said that Jeff is due for colorectal screening and has recommended to do a stool card test, per Jeff's authorized representative. Jeff also had his G-tube changed at NVHC. He is to return in 3 months for a recheck and G-tube change.
07/08/2024	Edwards, Corey / Dr. (Altru) Neurology	Jeff saw Dr. Edwards today. No changes continue current care. He will return in 1 year. Dr, Edwards said to call if something changes or comes up with Jeff. If for some reason Jeff cannot make the appointment in person, Dr. Edwards is willing to go through my chart and do it that way. Appointment is scheduled for next year.
07/31/2024	Smith, Jill (North Valley Health Center)	Jeff saw Jill for his follow up visit from when he stayed at the hospital. She said that he looks good and no changes to medication. Jill had labs drawn. waiting for results.

08/02/2024	Altru Home Health Physical Therapy	Jeff was visited by a physical therapist today from Altru. She gave us a sheet of PT exercises to do with Jeffrey 2 times a day. They will be coming 1 time a week for 3 weeks. OT will be here in a couple of weeks. Jeff was ok with the exercises that the PT recommended. This will be posted in his room above his bed.
08/06/2024	Altru Home Health Physical Therapy	The physical therapist from Altru came and worked with Jeff on his PT. They are coming once a week for 3-4 weeks.
08/12/2024	Altru Home health Occupational Therapy	Jeff met with the Occupational Therapist from Altru today. She asked him a bunch of question and did some exercises. She gave a list of exercises to do 2-5 reps for 1-2 times a day. He seemed to be ok with all of this.
08/13/2024	Altru Home Health Physical Therapy	Worked with Jeff on his PT exercfises and PROM. All exercises can be done in his bed and encourage him to open and close his mouth to keep up muscle tone and reduce contracture. Plan to discharge next week.
08/14/2024	Fergus Falls Dental Clinic	Due to staff conflict.

Upcoming Appointments

08/29/2024	Smith, Jill (North Valley Health Center)	
08/29/2024	Smith, Jill (North Valley Health Center)	
09/11/2024	Fergus Falls Dental Clinic	
12/17/2024	Nicholson, Adam / Dr. (Altru)	

