

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: *Sandra Oas*

Service plan review meeting date: *9/12/24*

Time: *9:30a*

Type of service plan review meeting (i.e. annual): *Semi-Annual*

Location of meeting: *Cedar North*

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served:

Sandra has a CPAP machine she uses nightly. She has a cleaning schedule to follow that includes when parts need to be replaced. Replacement parts are ordered through Sanford Health Equip in Grand Forks, ND.

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made:

- 1. Sandra will learn to prepare meals of her choice two times/week, with verbal prompting and standby assistance from staff, completing 75% of all charted trials for 6 months.*
 - 2. New outcome: Sandra will choose a minimum of two community outings/month that she would like to participate in (such as visiting her daughter and/or son, going to the LISTEN Center dances, going to the Godel Library, going out to eat), staff to assist in facilitating the outings.*
- Outcomes to continue as written (see attached Programmatic Report)*

Changes needed to the Support Plan Addendum, Intensive Self-Management Assessment, or other document in the service plan, include, if any: *There were not changes made to Sandra's plans during her Semi-Annual Meeting.*

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain **essential and life-enriching skills, abilities, strengths, interests, and preferences**?

While living at Cedar North, staff will encourage Sandra's independence by including her in tasks to complete at the home such as her laundry, cooking and keeping her area tidy. Sandra will have the opportunity to attend church on Sundays as is her preference. Staff will work with Sandra on her money skills as she goes on outings. Staff will provide opportunities for Sandra to read to herself and to her housemates.

What are the opportunities **for community access, participation, and inclusion** in preferred community activities?

MCGH invites Sandra to all activities facilitated by MCGH. Sandra has the option to attend the ones she is interested in. Sandra will regularly go to the library with staff assistance. Sandra will regularly attend church during the week and on Sundays. She participates in several outings every month with her home staff. She is able to access the community by herself for up to 4 hours, per her IAPP.

What are the opportunities to **develop and strengthen personal relationships** with other persons of the person's choice in the community?

It is important to maintain and build on the relationships with her children. Staff will assist in planning (as Sandra requests) and transporting for time spent with her children and other family members. There is a plan in place for

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Sandra to spend time with her son the first Tuesday of every month.

What are the opportunities to seek **competitive employment** and work at competitively paying jobs in the community? *Sandra is currently employed by Argyle Builders Supply in Argyle/Stephen, MN 2 days/week. She was able to obtain this employment through Voc Rehab Services. She recently started cleaning at the Argyle Enterprise Building and MCGH office 1 day/week.*

The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
- Day services
- Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting**:

Sandra had previously stated that she would like to live in her own apartment but has since changed her mind and wants to stay at Cedar North. Sandra also has a lot of medical appointments to manage and be transported to.

Provide a **summary of the discussion of options for transitioning from day services to an employment service**. Include a **statement about any decision made regarding transitioning to an employment service**:

Sandra has obtained employment at Argyle and Stephen Builders Supply, through the assistance of Voc Rehab. Sandra has done well; therefore, Voc Rehab is no longer involved and she works independently. Sandra also cleans 1x/week at the Argyle Enterprise Building and MCGH office.

Describe any further research or education that must be completed before a decision regarding this transition can be made: *Sandra has stated she is happy with the work that she currently has.*

Other meeting discussion notes:

Health: *See attached summary of Sandra's medical appointments (April-September) and upcoming appointments.*

When asked about her mood and appearing down, Sandra stated that she misses her daughter and why is it that her daughter doesn't come to visit her or talk to her on the phone when she calls every time. Staff explained to Sandra that her daughter is busy with her own family and schedule. Sandra then stated that she would like to see Dr. Brenda King, Psychologist. Carol is going to check if Sandra can get an appt before Oct 3rd. Sandra has gained 25lbs since moving into MCGH last 7/23. Staff are assisting her in making healthy food choices and encourage her to go for walks/exercise outside while the weather is still nice. Sandra is using regular Time laundry soap for all her laundry and there have been no issues with her skin being itchy or dry or breaking out from the detergent.

Financial: *Cindy will send a copy of Sandra's paycheck from Northern Roots for the Argyle Enterprise/MCGH office job. MCSS will*

Family: *Sandra continues to visit with her son the first Tuesday of every month at the Crookston McDonalds. Sandra is talking to family members every evening on the phone. She has established a relationship with her step-dad, Boots, that lives in Grafton, ND. Sandra talks to her brother and sister-in-law, that live in Texas, on the phone often.*

Vocational: *Sandra began working with Voc Rehab Services in December, 2023. She applied at Argyle Builders Supply and is currently working there 2 days/week (W, F) 10a-12:30p. She is doing very well and is proud of her work. She has not needed a job coach after learning the job. The owners of Argyle Builders Supply asked Sandra to do janitorial work*

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at their Stephen site too, she cleans there every other Wednesday. Sandra is also cleaning at the Argyle Enterprise Building/MCGH office.

Other: *Sandra stated again she wants to file for divorce. Cindy will call an attorney in Crookston, MN to inquire about the option of doing Pro Bono work.*

Wants/Needs/Dream: *Sandra stated that everything is going “good” right now and she could not think of anything else that she wants or needs at this time.*

Annual Meeting: *Date to be determined .*