

Marshall County Group Homes, Inc.

SERVICE PLAN REVIEW MEETING AND ATTENDANCE NOTES

Name: *Samantha Kleven*

Service plan review meeting date: *07/17/2024*

Time: *1:00pm*

Type of service plan review meeting (i.e. annual): *45-Day Meeting*

Location of meeting: *Cedar South Group Home*

The purpose of this meeting is to provide an opportunity for support team or expanded support team members to participate in the ongoing review and development of the service plan and the methods used to support the person and accomplish outcomes. This meeting is also intended to determine whether changes are needed to the service plan based on the assessment information, the license holder's evaluation of progress towards accomplishing outcomes, or other information provided by the team.

A Review of Technology needs for the individual served: *The team discussed if there were any technology needs that Samantha would benefit from at this time and it was decided that Samantha has no additional technology needs at this time.*

A review of the person's service and support outcomes occurred and the following determinations regarding those outcomes were made: *It was discussed what is important to Samantha and what is important to her. It is important for Samantha to be active and do things in the community. She enjoys going to the library, going to movie, shopping, going out to eat. It is important for her to stay busy and not have a lot of idle time. An outcome to participate in 2 community outings/month will be developed and implemented by 7/27/24.*

Changes needed to the Support Plan Addendum, Self-Management Assessment, or other document in the service plan, include, if any:

Addendum: Updates to the SP were that Samantha has seasonal allergies; the WAO School will administer her prescribed Lorazepam at noon M-F. Her newly identified outcome was added to the SP.

IAPP: No changes were made to Samantha's IAPP during her 45-Day Assessment Meeting.

SMA: Health & Medical Needs – Samantha has seasonal allergies and is prescribed a nasal spray and Zyrtec.

Medication Administration – The WAO School will administer Samantha's Lorazepam daily at noon, on the days Samantha attends school.

List of attendees was updated on all plans.

Discussion regarding person-centered program planning:

What are the opportunities to develop and maintain essential and life-enriching skills, abilities, strengths, interests, and preferences? *Samantha continues to attend her local high school, Warren/Alvarado/Oslo. Together with her parents, she will choose what classes she wants to enroll in. She will be encouraged to participate in and assist in planning activities she enjoys with Cedar South Staff assistance.*

What are the opportunities for community access, participation, and inclusion in preferred community activities? *Samantha participates in horse therapy 1x/week during the summer/fall months; she likes to go to the swimming pool, to dance, to rock in a rocking chair, play with her Disney characters, dress up in Disney character costumes and to be read to. Staff will assist Samantha in participating in activities of her choice. Samantha enjoys trips for an ice cream treat, movies, and shopping (when walking slowly.)*

What are the opportunities to develop and strengthen personal relationships with other persons of the person's choice in the community? *Samantha will be invited to all Marshall County Group Home events: annual picnic, fall party/dance, etc. She also spends time with her family members.*

What are the opportunities to seek competitive employment and work at competitively paying jobs in the community? *Currently, there are no supportive employment services available within the Argyle and Warren communities.*

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The person currently receives services in (check as applicable):

- Residential services in a community setting controlled by a provider
 Day services
 Neither

Provide a **summary of the discussion of options for transitioning the person out of a community setting controlled by a provider** and into a setting not controlled by a provider (residential services). Include a **statement about any decision made regarding transitioning out of a provider-controlled setting:** *The team feels that Samantha is in the least restrictive environment that meets her needs physically, mentally and socially.*

Provide a **summary of the discussion of options for transitioning from day services to an employment service.** Include a **statement about any decision made regarding transitioning to an employment service:**
Describe any further research or education that must be completed before a decision regarding this transition can be made: *If there were a facility that was accepting new individuals, there would be a discussion about a day program for Samantha after she finishes public school. Will need to explore day programs before Samantha finishes school before her 22nd birthday.*

Other meeting discussion notes:

Health: *Henrietta presented a Nursing Summary on Samantha since admission into Cedar South on 6/10/24. (see attached). It is fine for Sam to take her orthotics off when she is playing in her room in the evening but is to have them on at all other times. Custom shoe inserts – staff are to check her shoe inserts for any cracks or if they look worn out. Parents have the insert molds at home to be used when making new inserts. Samantha’s parents were given the MCGH Physician Order and Progress Note form to utilize at all appts Samantha goes to – it was explained that this information is very helpful to keep staff aware of all orders and/or changes with Samantha. Her next dental appt is 9/24/24. Her last eye exam was on 4/17/24. Medication related questions/discussion: Samantha’s parents give her her medications crushed in applesauce (GoGo Squeeze brand from Sams Club). We are to follow the orders on the MARS as they are written. Staff asked if Samantha’s medications could be packaged in bubble packs from the Warren Pharmacy – an extra bottle would need to be labeled with her noon dose of Lorazepam that the school administers during the school year. Debbie (mom) stated that Dr. Asogwa has already signed orders for the school to administer medications. The group home is responsible for sending this medication to the school monthly. Rachel is to notify Henrietta when Samantha’s Lorazepam is low so Henrietta can send a message to Dr. Asogwa via Altru MyChart for a prescription refill. Samantha is prescribed the nasal spray and Zyrtec for seasonal allergies. Parents have extra incontinence products for Samantha at their home. Debbie (mom) reiterated that Samantha is to have her hair washed twice and not to use any conditioner; due to her hair being so oily.*

School: *Samantha’s parents plan to continue sending Samantha to school next year as she can attend until she is 22. When school starts, Samantha is to eat a very small breakfast (crackers, cereal) as she will be eating her main breakfast at school.*

Behaviors: *Samantha has done fairly well since moving into Cedar North. She and staff and housemates are all slowly adjusting to each other. She has not had her PRN Resperidone very often since 6/10/24. She appears to be more settled when she is home alone and her housemates are at day programs. She does invade other’s personal space. Parents stated that she will pick her fingernails when she is nervous and/or anxious. Staff are to continue using suggestions*

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provided by her parents and school teacher to help Samantha calm down. Copies of these suggestions are located in Star Services for all staff to access.

Other: *Rachel is to send an update to Samantha's parents every 2 weeks. Parents will be sending cash for Samantha to go to the Marshall County Fair next week. When Samantha goes to the library she has a limit of checking out 5 books and is to use a book bag to keep them in.*

Cedar South Semi-Annual Meeting: *January 17, 2025, 12:30pm at Marshall County Social Services*

SAMANTHA KLEVEN 45 DAY MEETING 7/17/2024

Samantha was admitted to Cedar South on 6/10/24. Since then she has had visits home 6/28/24 to 6/30/24 and 7/3/24 to 7/7/24. Family will plan on visits home every other weekend. Staff feel she is still going thru an adjustment period with occasional behavioral outbursts but for the most part she has done well. Sam has a good appetite for meals. On occasion she dislikes what is being served and is provided with an alternative food choice. Sam's weight on 9/4/23 was 179.6lbs, on 4/29/24 - 170.8lbs, on 6/2/24 – 168.8lbs and on 7/9/24 was 165.2lbs. Her ideal weight goal is to be determined by her PCP. Sam's daily fluid requirement is 2300 to 2500cc/day. Sam needs prompting throughout the day to drink fluids. Sam had a physical exam with Dr. Susan Zelewski on 5/13/24 with labs completed at that time. The labs were as follows: TSH-2.41 (0.49 to 4.67); Hgb A1C was 5.3 (4-5.6%); Cholesterol-231 (<200); Triglycerides-173 (<150); HDL-48 (>=40); LDL-148 (<100); CBC all WNL with Hgb 12.7 (12-16); CMP all WNL except alkaline phosphatase 46 (80-455) – may indicate liver damage/bone disorders or nutritional problems – this is to be determined by PCP. Her lipid panel is to be done annually per recommendation of cardiologist. Sam had a cardiology appointment with Alex Thompson on 11/13/23 due to family history of cardiomyopathy and mixed hyperlipidemia. An EKG and echocardiogram were completed with both normal. It was recommended she be screened again in 5 years. Sam was given Tylenol PRN on 6/23/24 due to complaints of abdominal discomfort due to beginning her menstrual cycle on that day.

Due to the deformity of Sam's feet, she is to wear bilateral orthotics in her shoes at all times during daytime hours. Her last visit with Altru Orthotics was on 9/12/23 when she was fitted for custom orthotics to her feet.

Sam has a bowel movement daily to every other day but has required occasional laxatives to aide in relief of constipation. In June she required MOM x1 and Powderlax x1 with good results. So far in July she has required MOM x 1 and Powderlax x 1 with good results. Sam has had occasional incontinence of bowel with staff assist to complete peri cares. She also requires staff assist to wipe after a bowel movement. Sam is toileted upon awakening, every 2 hours throughout the day and before bed.

Sam's psychiatric meds are managed by Dr. Osagwa with her last visit on 7/9/24 with no changes made to her medications. Sam has a PRN order for Risperidone to be given for behavioral outbursts. Since admission on 6/10/24 she has required a PRN x 4 in June (6/1 x 1; 6/23 x 1; 6/26 x 1 and 6/27 x 1). So far she has required a PRN x 1 on 7/3.

The following are documented behaviors since admission:

6/23/24- pulled a housemates hair and stepped on foot. Also scratched the top of a housemates head with her fingernail. A PRN was administered.

On 6/26/24 – she went and hugged a housemate and scratched the right and left side of his neck. After lunch she requested to watch Bluey when a short time later she began yelling “I don’t want to watch Bluey anymore; it gives me nightmares”. It was noted that she scratched her arm quite hard. A PRN was given. The movie was changed to something she enjoyed with no further issues.

On 6/27/24 – Ran throughout the facility and would then drop to the floor. She told staff she was doing the splits. A PRN was given. She later began talking and swearing very loudly and when asked she said yes to wanting a PRN which was given.

On 7/1/24 she refused to shower.

On 7/2/24 she came behind a staff person and pulled her hair quite hard.

On 7/3/24 Sam was informed that her parents would be picking her up after lunch. Family called staff later to state they will be arriving later. As time went on Sam became increasingly anxious and agitated requiring a PRN be given. Staff has decided in the future they will not inform Sam of a time of their arrival.

On 7/10/24 a staff meeting was held on CS with Sam in her room and she did very well. She eventually came out toward the end of the meeting and it was noted she had ripped the Bluey t-shirt she had on. When inquired why she had ripped it, she responded “i don’t know”. (Note comment made by her on 6/26/24). Later red marks were noted on her neck and when questioned “what happened?” she responded that she scratched herself to make it look like she had a band aid.

On 7/13/24 Sam was redirected several x during the day as she would stand in front of housemates and in their space. She would also scream and stomp her feet as well as hitting and throwing items in her room. She was toileted regularly but was still incontinent of stool several times requiring assist to change. In the evening she went into the living room where the housemates (including 2 males) were sitting and lifted her nightgown exposing her breasts. She also continued to do a lot of yelling/cursing which was upsetting her housemates. Once all the other housemates were in bed she again began screaming with staff needing to stop several times before she did.

Sam attends horse therapy 1 x per week during the warm weather months and seems to enjoy this.

QUESTIONS:

- 1) Does Sam receive an annual flu vaccine?
- 2) When were Sam's last dental and eye exams? How often does she see the dentist and how often does she see the optometrist? Are there appointments scheduled?
- 3) Sam is on Cetirizine (Zyrtec) and Fluticasone nasal spray. Does she have a diagnosis of seasonal allergies?
- 4) Staff are stating it is becoming increasingly hard to keep Sam awake till 9pm as she is so tired and wondering if evening meds could be given at 7pm and 8pm rather than 8pm and 9pm.
- 5) We would like to have Sam's meds dispensed from pharmacy in bubble packs rather than in bottles. We would be able to track the meds and be aware if errors have been made.
- 6) Does she have an upcoming appointment with Dr. Osagwa scheduled?
- 7) Does she see Altru Orthotics on an annual basis?
- 8) Going forward it is the policy of MCGH that we receive a doctors progress/order form after each visit for all appointments. (Sam and Hailey)
- 9) Discuss discrepancy of Lorazepam order and how this error is being dealt with internally.

Henrietta Linder RN

7/11/24

